WHAT IS BA&CE?
Brookline Adult & Community Education (BA&CE) is one of the oldest non-credit, public education programs in Massachusetts. Adult education has been a part of the Brookline community since 1832, beginning with the formation of the Brookline Lyceum Society. It is now the largest public program in the state, with close to 1,000 courses and over 10,000 enrollments yearly. Today, BA&CE is the hub of an educational network serving residents from more than 50 neighboring communities in the greater Boston area and beyond. A self-supporting program of Brookline Public Schools, BA&CE’s operating budget is funded entirely from course fees.

WHAT DOES COMMUNITY EDUCATION MEAN?
Through its proud tradition of public schooling, the “business” of Brookline has always been education. The Brookline Public Schools has built on this tradition, expanding to meet the needs of its community. BA&CE fulfills its mission by providing service to the community and enlisting its support for public education.

As partners with the schools for a common purpose, BA&CE is committed to offering lifelong educational opportunity to all: newcomers to the United States, working people and professionals, those in transition or career change, older citizens, persons with special needs, and especially those who have not been able to participate fully in the educational process. BA&CE is also dedicated to supporting public education by creating and providing opportunities for innovation and flexibility in the school curriculum. By offering programs that bridge the generations, the Brookline Public Schools seeks to unite the community in a common purpose—educating for the improvement of the quality of life for all its members.

WHO TEACHES AT BA&CE?
Our instructors are poets, computer programmers, teachers, chefs, therapists, doctors, artists, and businesspeople who come to share their knowledge and training simply because they love what they do. Faculty biographies, listed on our website, will introduce you to their experience, talent, and training.

WHO TAKES OUR CLASSES?
People like you. People who know that learning does not stop with graduation, but is a lifelong process. People who seek personal and professional growth; entertainment and education; new ideas and new experiences, and who enjoy the company of others who seek the same.

HOW DO YOU GET STARTED?
Give us a call at 617-730-2700. Monday-Friday, 8:30 am-4:30 pm, please find us at 490 Heath Street, Chestnut Hill. As we are working mostly remotely, please call in advance before coming to our office. Visit us online at www.brooklineadulted.org. Send us an email at bacep@psbma.org. Our staff will answer your questions and help you choose from among our comprehensive course selections. But first, keep reading. We think you will be pleased by what you see.

OUR COMMITMENT TO QUALITY
We strive to offer educational programs of the highest quality to our participants. Please let us know if you feel that the quality of the instruction was unsatisfactory, or if you feel the class did not meet your expectations. Please send us an email expressing your concerns, comments, or positive feedback, and we’ll personally respond.
Dear students and friends,

As we approach Fall, we are reminded that there is always change. No moment is the same as the one that came before. Undoubtedly, no person, place, or organization will be the same beyond the circumstances of this year.

You may have seen our recent note: we are hopeful that you’ll join us for Fall programming. In the pages that follow, you’ll find offerings that will challenge you and offerings that will soothe you. I am particularly excited for our September Lecture Series which we have designed to be inspiring and thought provoking. Hopefully there’s at least one that fits into your schedule.

Brookline Adult & Community Education is a self-supporting program of the Brookline Public School System. By registering for a class or workshop today, you’ll help us sustain our programming into the future at a time when we most need to boost our enrollments. And, as you browse these catalog pages, please let us know what you feel is missing. We are always happy to hear from you and help you connect with a passion or curiosity.

The leaves beginning to trickle to the ground is a reminder that beauty is all around. We’ve decided not to print a mass-mailing of this catalog, as one small piece we can do for the environment and our organizational sustainability. Please share this pdf widely, ask your friends and family afar to join you for a class on Zoom, or contact us to buy someone a gift certificate. It’s a great time to get creative and plan a custom course, too!

We’ve got more to come, too—sign up for a class today and stay tuned for more ways to learn with us.

Sincerely,

Michelle McGlone
Director
At Brookline Adult & Community Education, we decided to start having a theme for each year from the Fall term to the following Summer term. The theme for the year will help to give some shape to some of the lectures, specials, and courses, but also to give our staff, students, and faculty something to ponder. We will feature some courses each term, beginning Fall 2020 and ending Summer 2021, that foster this theme.

This year’s theme is **RESILIENCE.**

We unanimously chose this as our theme because we, as a community of learners, embody resilience. We continue moving forward—no matter what the challenge is that we face. Whether the challenge is a pandemic which forces us to stay indoors, away from our extended families and friends, or remote work with children simultaneously seeking our attention. We’ve witnessed environmental disaster, racial tension, and political division. Any of these areas bring heavy emotions on top of the uncertainty that the pandemic brings. In the end, we depend on each other as an interdependent system, a community of people who nurture each other from afar and individually aim to strike a balance in our lives. We continue to actively demonstrate our resilience, our compassion and our ability to overcome adversity by further developing our confidence and skills in each other, so that we may collectively strengthen our common resolve to return stronger and better than ever before.

Resilience can be found in many forms. This fall, may each of us find ways to strengthen and replenish our spirits, think curiously as well as creatively, and connect with others. Below is a sampling of classes that may offer some ways to find the solace or spark you might be seeking.

**Youth Civic Engagement, page 7**  
*Sandra Soto, Instructor*  
In this project-based collaborative experience, you’ll get a chance to influence change in your community. We’ll discuss the levels of government and levers of change to better understand public policy-making and how you can influence it!

**Resistance to Nazism and Fascism (1936-1945), Page 9**  
*Anatole Sykley, Instructor*  
The rise of Nazism and Fascism was the fuel that led to World War II. While people are generally familiar with the role the Allies had in liberating Europe, we will focus our discussion on the resistance of the smaller pockets of Europeans that arose to fight from the inside.

**Brick by Brick: Building Your House of Financial Success, Page 18**  
*Joel Roberts, Instructor*  
This informal, conversational workshop is designed for those interested in learning basic financial planning concepts critical to financial stability, independence, and success. Topics discussed will include budgeting, investing, estate planning, tax strategy, risk management, and lifecycle planning.

**Job Seeking in a Challenging Environment, Page 19**  
*Stacie Haller, Instructor*  
You can get a great job, even if you are a first time job seeker, even if it has been awhile since you were looking for a job, and even in the midst of this current crisis. Join with other job seekers, learn from a 30-year executive recruiter, and set yourself up for success.

**Walking Meditation at Home, page 24**  
*Donna Rubenoff, Instructor*  
Walking meditation is an easy way to improve our physical, mental, and spiritual well-being. At times of strong emotions or stress, walking meditation may be more relaxing than sitting, and it can be practiced anywhere, especially while we are at home.

**Do-It-Yourself Herbal Holiday Gifts, page 27**  
*Kelly Cannon, Instructor*  
It is always a great time to make stress-free gifts from everyday materials. Join other folks to make simple holiday gifts at home. Participants will receive a shopping list a week in advance to prepare to get crafty.
**September Virtual Lecture Series & Physical-Distanced Walks**

**September Virtual Lecture Series**

**Dr. Elizabeth Englander**  
Executive Director, MA Aggression Reduction Center, Bridgewater State University  
**Parenting Children with Screens: Cyberbullying**  
Sep 8

**Pratt Wiley**  
CEO, The Partnership  
**Racial Diversity in Corporate Strategy: A Competitive Advantage**  
Sep 8

**Dr. Jim Ludes**  
Executive Director, Pell Center for International Studies, Salve Regina University  
**Disinformation and National Security**  
Sep 9

**Dr. Benjamin Caplan**  
Chief Medical Officer and Founder, CED Foundation  
**CBD and The Endocannabinoid System**  
Sep 10

**Alexander Mitchell**  
Sr. Vice President of Business, Kano Computing  
**Parents: Teach Your Children to Build Their Own Technology**  
Sep 14

**Dave Wedge**  
Award Winning Author  
**Hunting Whitey: The Inside Story of the Capture & Killing of America’s Most Wanted Crime Boss**  
Sep 15

**Rachel Barenbaum**  
Acclaimed Author  
**A Bend in the Stars**  
Sep 16

**Dr. Bhaskar Chakravorti**  
Dean of Global Business, The Fletcher School, Tufts University  
**Digital Economy in the Time of Covid**  
Sep 17

**Wendy Dodek**  
Lead Educator, 2010-2020, Museum of Fine Arts, Boston  
**Silver, Portraits and Bricks: Making Art in Colonial Boston**  
Sep 17

**Dr. James O’Connell**  
Boston University  
**Boston and the Making of a Global City**  
Sep 21

**Dr. Sekar Kathiresan**  
Co-Founder and CEO of Verve Therapeutics  
**From Reading Your DNA for Risk to Rewriting It for Heart Health**  
Sep 21

**The Hon. Michael Dukakis**  
Former Governor of Massachusetts  
**Critical Questions about Foreign Policy & The Military**  
Sep 22

**Dr. Julie Shapiro**  
Post Doctoral Researcher, The French Institute of Health and Medical Research  
**Bats and Public Health (**5:00-6:00pm EST**)**  
Sep 23

**Lisa Stornaielo**  
Founder, Leadership Solutions  
**Operation Restoration: Retiring With Purpose and Connection**  
Sep 23

**Sandra Soto, M.Ed.**  
Research Assistant, Harvard University  
**Exploring Racial Identity in Community**  
Sep 24

**Atty. Kenneth Feinberg**  
Special Master for U.S. Victim’s Compensation Funds  
**Can the Nation Expect a Coronavirus Victim’s Compensation Fund?**  
Sep 28

**Dinan Messiqua, M.Ed.**  
Special Education Consultant/Parent Guidance, Brookline-Based  
**Your Child with Special Needs: Navigating School Meetings**  
Sep 30

**September Physical-Distanced Walks**  
*Mask required*

**Robin Dexter**  
Boston Area Tours  
**Fort Point Channel: Walking Tour**  
Sep 6

**Ken Dumas**  
Historian  
**Hidden River: Walking Tour**  
Sep 12

**Steve Jerome**  
Social and Architectural Historian  
**Chelsea: Walking Tour**  
Sep 20

**David Craft**  
Naturalist and Author  
**Urban Foraging: Walking Tour**  
Sep 26

**Ken Dumas**  
Historian  
**Beacon Street: Walking Tour**  
Sep 27

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Lectures take place from 7:00–8:00 pm EST unless otherwise noted. Pay what you will pricing: $25, $20, $15, and $10. Thank you for your generosity and support!

Lectures will be delivered via Zoom or WebEx Platforms. Link delivered to your email 1 day before the lecture. Registration closes at 5pm the evening before the lecture is scheduled.

Learn more and register at brooklineadulted.org
In an effort to keep our special events affordable and gain some financial support for our program, we are offering “pay what you will” options. If you have a little extra money and can help support our program, you can register for the section with the higher cost. But if you need to register for the sections that cost less, we want you to enjoy these lectures and specials too!

The Building, the Urban Landscape, and the Architect
Oana Lauric, Artist and Architect
The design of new buildings and their placement in the given surroundings have been part of architectural design forever, but experts, city planners, and a host of other related features like building materials and usable space have witnessed evolving building standards, definable benefits, aesthetic, border areas, and tolerance for expense. Join us for a fascinating talk on how buildings fit into their landscapes, and what we as humans make of it all. We'll discuss how our eyes often passively scan the urban environment, but paradoxically, we do not really see. This makes the city a place of unnoticed messages. There is a crossover between the man-made and the organic structures that evoke some sort of forgiveness for the mish mash before us. Part urban planning, part art, part technical architectural talk, and part history lesson, in this lecture you will hear how architects and architecture in the big cities of the world have evolved in response to the pressures from without, but also how it all eventually became very accessible for US citizens as well, even given fluctuating US policy. Cuba's rich history, strong tradition of education and the arts, living relics from architecture to classic cars, and gorgeous beaches and countryside are as magnetic as its people's warmth. On this evening, Laura Quincy Jones and Yasser Torriente-Rodriguez, who currently live in vibrant Havana with their baby daughter Rosa and run a company for artistically-minded travelers, will share their passion for the extraordinary people and lively culture of Cuba. We'll discuss travel tips and 'adaptations' for the post-Covid-19 context, cultural highlights including music and dance festivals, health and safety in Havana, and grassroots projects that inspire Cuban community and visitors from abroad alike. There will be plenty of time for Q&A.

Sec. 01: # sessions: 1 Day: Tu 7:00-8:30PM. Begins 10/20/2020. Online Course, $25.
Sec. 02: # sessions: 1 Day: Tu 7:00-8:30PM. Begins 10/20/2020. Online Course, $20.
Sec. 03: # sessions: 1 Day: Tu 7:00-8:30PM. Begins 10/20/2020. Online Course, $15.
Sec. 04: # sessions: 1 Day: Tu 7:00-8:30PM. Begins 10/20/2020. Online Course, $10.

Cuba: Fascinating Culture, Inspirational Travel
Laura Quincy Jones, Travel Consultant
Take an armchair adventure to colorful Cuba with Havana locals who will share the island's treasures and answer questions about daily life there as well as how to plan legal, safe and wonderful travel. Cuba has long been a destination for vacationers from other countries, and has recently become very accessible for US citizens as well, even given fluctuating US policy. Cuba's rich history, strong tradition of education and the arts, living relics from architecture to classic cars, and gorgeous beaches and countryside are as magnetic as its people's warmth. On this evening, Laura Quincy Jones and Yasser Torriente-Rodriguez, who currently live in vibrant Havana with their baby daughter Rosa and run a company for artistically-minded travelers, will share their passion for the extraordinary people and lively culture of Cuba. We'll discuss travel tips and 'adaptations' for the post-Covid-19 context, cultural highlights including music and dance festivals, health and safety in Havana, and grassroots projects that inspire Cuban community and visitors from abroad alike. There will be plenty of time for Q&A.

Sec. 01: # sessions: 1 Day: Tu 7:00-8:30PM. Begins 10/20/2020. Online Course, $25.
Sec. 02: # sessions: 1 Day: Tu 7:00-8:30PM. Begins 10/20/2020. Online Course, $20.
Sec. 03: # sessions: 1 Day: Tu 7:00-8:30PM. Begins 10/20/2020. Online Course, $15.
Sec. 04: # sessions: 1 Day: Tu 7:00-8:30PM. Begins 10/20/2020. Online Course, $10.

A Real Game of Thrones—Balkan Nationalism from 1804 to the Present
Pat Leehey, Historian
The Balkans is that area of southeastern Europe south of the Carpathian Mountains, west of the Adriatic Sea, east of the Black Sea, and north of Greece. At the beginning of the nineteenth century, most nations in this area formed a part of the either Ottoman Empire or the Austrian Empire; most had been under foreign domination for over 400 years, with only vague recollections of an independent existence at some time in the past. In this program, we will recount the stories of each of the Balkan nations in turn, and how they achieved independence or some degree of autonomy by 1914, due to nationalist movements that developed in each nation independently. Find out how a single incident that took place in the Balkans—the assassination of Archduke Franz Ferdinand, the heir to the throne of Austria-Hungary—sparked a general European War that resulted in the overthrow of four dynasties and helped define the modern world. We will also explore how the Balkan states managed to maintain a precarious independence until the outbreak of World War II, when they, like the other Eastern European states, were engulfed by first the Nazi and then the Communist tides. Longstanding national disputes were put on hold for nearly fifty years, only to emerge with a vengeance in the 1990s, resulting in the so-called “Third Balkan War” in Yugoslavia.

Sec. 01: # sessions: 1 Day: Th 7:00-8:30PM. Begins 10/29/2020. Online Course, $25.
Sec. 02: # sessions: 1 Day: Th 7:00-8:30PM. Begins 10/29/2020. Online Course, $20.
Sec. 03: # sessions: 1 Day: Th 7:00-8:30PM. Begins 10/29/2020. Online Course, $15.
Sec. 04: # sessions: 1 Day: Th 7:00-8:30PM. Begins 10/29/2020. Online Course, $10.
Messiah: The Story and Music of Handel’s Masterpiece

Marshall Wright, Musician and Educator

Handel’s Messiah burst onto the stage of the Musick Hall in Dublin on April 13, 1742. The audience swelled to a record 700, as ladies had heeded pleas by management to wear dresses “without hoops” in order to make “room for more company.” Of the many works written by the composer, Messiah, an oratorio in three parts with the text taken from the scriptures, is undoubtedly the most popular. From its creation, Messiah has captivated audiences all over the world—from royalty to the common man. In this guided listening presentation, we will delve into the background of this magnificent piece, including its origin and its place in history. We will then listen to several selections from the work, both recreations of early versions as well as full-throated modern renditions. Finally, we will examine Messiah in its historical context and discuss why it remains such a staple of today’s repertoire. Please join us for a stimulating evening enjoying one of classical music’s true treasures.

Sec. 01: # sessions: 1 Day: M 7:00-8:30PM. Begins 12/14/2020. Online Course, $25.
Sec. 02: # sessions: 1 Day: M 7:00-8:30PM. Begins 12/14/2020. Online Course, $20.
Sec. 03: # sessions: 1 Day: M 7:00-8:30PM. Begins 12/14/2020. Online Course, $15.
Sec. 04: # sessions: 1 Day: M 7:00-8:30PM. Begins 12/14/2020. Online Course, $10.

The Nutcracker: The Story and Music of Tchaikovsky’s Beloved Ballet

Marshall Wright, Musician and Educator

Long a staple of the Christmas music scene, The Nutcracker is considered one of Pyotr Tchaikovsky’s most enduring works. From its premier more than 100 years ago, all the way to the current day, the piece has enthralled audiences worldwide. Over the course of this presentation, the instructor will examine The Nutcracker in depth, both musically and historically, tracing its evolution from its Russian roots to its more contemporary interpretations. Throughout the program, we will listen to many selections from the opus, including both traditional renditions and modern takes from Tchaikovsky’s masterpiece. Come join us for this fascinating journey behind the scenes of this holiday classic.

Sec. 01: # sessions: 1 Day: M 7:00-8:30PM. Begins 12/7/2020. Online Course, $25.
Sec. 02: # sessions: 1 Day: M 7:00-8:30PM. Begins 12/7/2020. Online Course, $20.
Sec. 03: # sessions: 1 Day: M 7:00-8:30PM. Begins 12/7/2020. Online Course, $15.
Sec. 04: # sessions: 1 Day: M 7:00-8:30PM. Begins 12/7/2020. Online Course, $10.

3-SESSION EVENT

Positive Thinking, Positive Actions: Climate Action

Anne Kern, Writer, Educator, and Environmental Guide

Even during the Covid-19 crisis, our planet needs attention. We will meet three times to focus on how to take climate action, and how to take it now. We’ll use our time together as an antidote to helplessness and paralysis, finding ways to see ourselves as agents of change. During our meetings we will cover a number of topics such as food and how it’s grown, public spaces and how we use them, transportation, the power of your purchases, and more. It’s up to us to help offset the damage being done by current systems and habits. A list of resources will be provided during the class, including TED Talks, websites, articles, and books. This course is for everyone—so we hope that both adult and youth will join the action!

Sec. 01: # sessions: 3 Day: Tu  7:00-8:30PM. Begins 10/13/2020. Online Course, $60.
Sec. 02: # sessions: 3 Day: Tu  7:00-8:30PM. Begins 10/13/2020. Online Course, $50.
Sec. 03: # sessions: 3 Day: Tu  7:00-8:30PM. Begins 10/13/2020. Online Course, $40.
Sec. 04: # sessions: 3 Day: Tu  7:00-8:30PM. Begins 10/13/2020. Online Course, $30.
Brookline SmartPrograms
For Children Ages 5-13

Thank you to all families who joined us for SmartSummers 2020. We transitioned to an online program and had a successful program and turnout. We look forward to future programs in December, February, and March, and whether in-person, or online we will fill your child's vacations with learning and fun!

SmartSeptember is back! Last Blast fun BEFORE school starts:

WRITE YOUR OWN FAIRY TALE MUSICAL
Ages 6-9
Daniel Lipton, Instructor
At the beginning of each class, we will read a historical story. Then we will create 1-2 songs, a play with dialogue, and sketches for costumes and set. We will act out our play at the end of each class. Parents will receive an email of the script. This class will tie in literacy, art, music, and acting.
Sec. 01: # sessions: 2 Day: Th, F 4:00-5:00PM. Begins 9/3/2020. Online Course, $50.

MATHAPALOOZA, IMPROVISATION & ACTING GAMES
Ages 6-9
Daniel Lipton, Instructor
This class will review elementary math concepts through games, songs, and stories. Our improvisation and acting games will include creativity, teamwork, thinking on your feet, and fun.
Sec. 01: # sessions: 2 Day: Th, F 4:00-5:00PM. Begins 9/10/2020. Online Course, $50.

HARRY POTTER EXTRAVAGANZA
Ages 6-9
Daniel Lipton, Instructor
Celebrate the world of Harry Potter through fun acting games, art, music, and literary activities. Activities include Harry Potter original games, learning to draw characters, Harry Potter trivia and riddle games, a Harry Potter escape room, Harry Potter songs, parodies, and more. Children are welcome to dress up as their favorite Harry Potter character.
Sec. 01: # sessions: 2 Day: M 5:00-6:00PM. Begins 9/7/2020. Online Course, $50.

MINECRAFT ARCHITECTURE
Ages 7-12
Eric Hansen, Instructor
Work as a team to design and engineer a project such as the Death Star from Star Wars, the Atlantis Resort in the Bahamas, or a spectacular banquet room on a Carnival cruise ship. We'll take time to talk about architectural strategies and good building practice. Once in action, students will learn how to use the "Wand tool," a tool provided by SpecGraphixEDU that speeds up the placement of blocks. Students will also learn how to place unconventional blocks not normally included in Minecraft such as burgers, juice, computers, toasters, and over 100,000 other objects. Players of all levels are welcome. This class requires "Minecraft Java Edition" for Mac OS, Windows, or Linux. If you don't have a license, the instructor can provide you with one, priced at a discounted rate.
Instructions will be sent a day ahead of the class. Discounts or waivers do not apply.
Sec. 01: # sessions: 3 Day: Sa 3:30-5:30PM. Begins 9/5/2020. Online Course, $90.

For more information about these programs, please visit our website at www.brooklineadulted.org or call BA&CE at 617-730-2700, ext. 0.
Especially for
Children & Teens

NEW! Let’s Talk About Race: A Discussion for Young People
Sandra Soto, Instructor
This course will provide all learners the opportunity to explore their own racial ethnic identity, examine the racial diversity of their community, reflect on their own experiences with race, and ask all of the questions they have (easy answers not guaranteed). Each class will consist of three developmentally-appropriate components: a brief mini-lesson, an interactive exercise, and an open discussion. All are welcome and no prior knowledge is necessary.
Sec. 01: # sessions: 5 Day: Su 4:00-5:30PM. Begins 10/11/2020. Online Course, $96.

Youth Civic Engagement
Sandra Soto, Instructor
In this project-based collaborative experience, you’ll get a chance to influence change in your community. We’ll discuss the levels of government and levers of change to better understand public policy-making and how you can influence it! Together, we will learn to define and research a problem, propose a solution, explore alternatives, and create a plan to advocate for our final recommendation. We will showcase our final project and get feedback from an expert in the field. Recommended for ages 8 to 16, we’ll meet via Zoom.
Sec. 01: # sessions: 6 Day: Sa 10:00AM-1:00PM. Begins 10/10/2020. Online Course, $150.

Stock Market Game™ for Middle Schoolers
Peter Yaffe, Instructor
Make big money fast (virtually, that is). In this fun and high-spirited setting, you’ll try to grow a virtual $100,000 cash account into a top-performing portfolio and learn how daily events that shape our world affect our finances. Play The Stock Market Game™ and you’ll learn how investing actually works, starting by examining how the markets work, types of investment products, investment research, use of stock charts, global events and conducting research for case studies. Then you’ll learn about risk, speculating, diversification, and borrowing on margin. Working individually and in teams, you’ll compete against your fellow classmates and other groups across the state in this SIFMA Foundation sponsored game.
Sec. 01: # sessions: 10 Day: M 4:00-5:00PM. Begins 10/5/2020. Online Course, $140.

Minecraft Historic Adventures: Ages 7-12
Eric Hansen, Instructor
Learn about history with a special zombie apocalypse twist in Minecraft as you uncover a half non-fictional half fictional storyline through world history that includes famous figures like John F. Kennedy and famous places like the RMS Titanic. For Minecraft lovers, both beginner and more seasoned players, this class will immerse you in a world where you will meet historical figures and famous places while fighting zombies. This class requires “Minecraft Java Edition” for Mac OS, Windows, or Linux. If you don’t have a license, the instructor can provide you with one, priced at a discounted rate. Instructions will be sent a day ahead of the class. Discounts or waivers do not apply.
Sec. 01: # sessions: 6 Day: Sa 9:00-10:00AM. Begins 10/10/2020. Online Course, $90.

Creating Comic Books from Minecraft: Ages 8-13
Eric Hansen, Instructor
Using Minecraft and a free photo editing application called “Gimp,” students will create comic books by taking screenshots from custom made scenes in Minecraft and use Gimp to create the pages and speech bubbles. Other classmates can act out various characters in each student’s story. All comic book creations will be exported into PDF’s to be read by others later using a computer, tablet, or phone. This class requires “Minecraft Java Edition” for Mac OS, Windows, or Linux. If you don’t have a license, the instructor can provide you with one, priced at a discounted rate. Instructions will be sent a day ahead of the class. Discounts or waivers do not apply.

MEETS
SEPT. 26!

Kids in the Kitchen: Sweet & Savory Snacks
Christina Wynveen, Instructor
Parents, take a rest and let your kids bring the snacks to you! During this class time, we will make a couple of snacks that kids can easily make themselves (or with a little bit of adult help). For our first snack, we’ll start with something sweet and fun—sugar cookie puppy chow! With just a few easy ingredients, a bowl, and a microwave this tasty treat will come together. Next, we’ll balance out the sugar rush with something savory. Together we’ll roll up some tortilla roll ups. With tortillas, some favorite fillings, and pretzels, we’ll pull together a treat the whole family can enjoy! Registration for this class will close a week in advance. Participants will receive a shopping list at that time and a Zoom link the day before class. If you would like to register during the final week before class please contact us!
Sec. 01: # sessions: 1 Day: Sa 4:00-5:15PM. Begins 9/26/2020. Online Course, $28.

Kids in the Kitchen: Fall Fun
Christina Wynveen, Instructor
Who says we can’t have a little Fall fun while at home? Let’s meet up via Zoom and create some magical apple creations together! We’ll start with a little help from the adults to make a quick caramel sauce. Once the caramel sauce is ready to go, the youngest among us can create caramel apple hand pies. As our pies are baking and cooling, let’s make an apple stress ball—a useful fidget these days for young and old alike! We’ll finish with our tasty treats, some conversation, and games. Registration for this class will close a week in advance. Participants will be sent a supply list at that time and a Zoom link the day before class. If you would like to sign up after registration has closed, please contact us!
Sec. 01: # sessions: 1 Day: Sa 3:00-5:00PM. Begins 10/24/2020. Online Course, $36.

Personal Finance 101 for Teens
Ying Lin, Instructor
Financial responsibility is confusing for teens who are just starting to truly have their own money. With a bit of knowledge, young adults can start managing monetary affairs with confidence. In this course, geared towards teens 16-19 years old, you’ll learn the basics of bank account choices, managing account balances, about savings benefits and growth, how to apply for credit cards, and manage your credit. We’ll cover a bit about the world of stocks and bonds, and also delve into completing a W4 knowledgeably. In each class, we’ll practice real life scenarios, and puzzle out solutions together. We will give you the tools to leave this class more ready to make the most of the money you earn.
Sec. 01: # sessions: 2 Day: Tu, Th 6:00-8:00PM. Begins 10/6/2020. Online Course, $56.

Creating Comic Books from Minecraft: Ages 8-13
Eric Hansen, Instructor
Using Minecraft and a free photo editing application called “Gimp,” students will create comic books by taking screenshots from custom made scenes in Minecraft and use Gimp to create the pages and speech bubbles. Other classmates can act out various characters in each student’s story. All comic book creations will be exported into PDF’s to be read by others later using a computer, tablet, or phone. This class requires “Minecraft Java Edition” for Mac OS, Windows, or Linux. If you don’t have a license, the instructor can provide you with one, priced at a discounted rate. This class requires “Minecraft Java Edition” for Mac OS, Windows, or Linux. If you don’t have a license, the instructor can provide you with one, priced at a discounted rate. Instructions will be sent a day ahead of the class. Discounts or waivers do not apply.

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August 2020
Liberal Arts

**Business Sharks: Ages 9-13**
*Right Brain Curriculum, Instructor*
In our Business Sharks class, students play the role of young entrepreneurs as they start with the germ of an idea for a business and product and take it through the entire entrepreneurial process. Our students develop prototypes, formulate a business plan and devise a marketing strategy. Using a Minecraft-type program, they create a storefront to sell their products. Meanwhile, students practice their public speaking skills as they create and record “TV commercials,” and create a video version of an “elevator pitch” for the “Sharks.” These young entrepreneurs will really be taking care of business! Note: This program requires the students to create two videos at home with a tablet or smartphone. Editing software is helpful but not required. All classes take place in the Zoom classroom. Discounts or waivers do not apply.  
Sec. 01: # sessions: 6 Day: M 4:00-5:30PM. Begins 10/6/2020. Online Course, $165.

**Expert Architects: Ages 9-13**
*Right Brain Curriculum, Instructor*
Become city planners in the city's newest architectural firm. The firm has been commissioned with constructing the tallest building in a nearby city and must plan their design. You'll research the history of skyscrapers and create a blueprint of a stylized tall building, weighing considerations including environmental effects, traffic, and surrounding buildings. Create a three-dimensional model of the structure and deliver a presentation to “clients” highlighting all aspects of your project. Discounts or waivers do not apply.  
Sec. 01: # sessions: 6 Day: Tu 3:30-5:00PM. Begins 10/5/2020. Online Course, $99.

**How to be an Antiracist: A Discussion of the book by Ibram X. Kendi**
*Joshua Frank, Instructor*
In this class, we will discuss and analyze How to Be an Antiracist by Ibram X. Kendi. In 2020, Kendi was appointed director of the Center for Antiracist Research at Boston University, and he has authored several books of which this one is his most famous. In this book, Kendi writes, “The source of racist ideas was not ignorance and hate, but self-interest.” Tracing the intertwined histories of American racism and his own coming-of-age, Kendi provides a vital roadmap for both education and action, so necessary for our unsettled age.  
Sec. 01: # sessions: 4 Day: M 6:00-8:00PM. Begins 10/5/2020. Online Course, $99.

**White People Challenging Racism: Moving from Talk to Action**
*Community Change Staff*
Co-facilitators: Michelle Chalmers and Colin Stokes
Racism is a system that White people created, maintain, and condone; therefore, White people in particular need to take immediate action to end it. “White People Challenging Racism: Moving From Talk to Action” is a small, online workshop which meets for five sessions to guide participants to:  
- Examine the role of White people in dismantling racism, becoming antiracist, and building an equitable society;  
- Explore the impact of White privilege, and how being unaware of that advantage helps perpetuate racism;  
- Write about their own racial awareness journeys;  
- Enhance their understanding and capacity for action through discussion of short readings, videos, and other materials;  
- Share everyday racism-related situations where they may not have effectively responded and, using role plays, work out effective ways to challenge racism;  
- Develop a specific plan for challenging racism in the workplace, an organization, or in the community, while being encouraged to find other people in their lives who can provide support and serve as accountability partners in implementing your plans.  
**Please note:** Attendance at all sessions and completion of all assignments are required. Each participant will receive a phone call from one of the facilitators prior to the start of this program to review the commitment and class requirements. Participants of all identities are welcome.  
Sec. 01: # sessions: 5 Day: Th 7:00-9:00PM. Begins 10/15/2020. Online Course, $150.
**NEW! Dark Yet Valiant: Medieval Stories Revisited**

Anatole Sykley, Instructor

After those dark and mysterious Middle Ages vanished, why do stories of valiant knights who go on quests to slay dragons, retrieve grails, and woo maidens, still resonate with us today? We see these versions as they are told through a collection of tales called “The King Arthur Stories.” Did these same stories resonate with Medieval people the same way they do with us today? Did Medieval people really believe in and see dragons, for example? Were the legendary tales of King Arthur and his court and his knights all myth, or based on elements of historical fact? And how did these stories originate and become part of what is a surprisingly massive store of well-known tales? To answer that, we must re-enter Medieval history, look at Medieval and pre-Medieval sources, and perhaps wander (figuratively speaking) through old dark forests of Great Britain, Ireland, Wales, France, and even Germany. Perhaps, we will visit a hermit’s cave, ponder awhile upon the ruins of a few ancient castles and legendary monasteries, or dig up an old handwritten illuminated manuscript to seek understanding.

Sec. 01: # sessions: 8 Day: F 10:00AM-12:00PM. Begins 10/9/2020. Online Course, $145.

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**Resistance to Nazism and Fascism (1936-1945)**

Anatole Sykley, Instructor

The rise of Nazism and Fascism was the fuel that led to World War II. The typical and justifiably great story of World War II describes how the Allies gathered together their combined resources to defeat these regimes and liberate Europe from oppression and subjugation. Looking deeper there is another story, the story of the various resistance movements and the ways Europeans rose up to defy and then help defeat the enemy within. Within the forests, mountains, fjords, hills, or valleys all over Europe and inside its occupied cities, resistance movements grew and fought for freedom. Even within Germany and Italy, these movements, some small and others organized on a national scale, not only defied the oppressive regimes, they were vital to the final victory itself. Sources and stories of these movements naturally tend to be fragmentary, but are no less historic and equally important to ensure the full understanding of how Europe liberated itself with the aid of the armies of the Allies.

Sec. 01: # sessions: 8 Day: Th 1:00-3:00PM. Begins 10/8/2020. Online Course, $145.

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**The History of Slavery: Ancient Times to Today**

Anatole Sykley, Instructor

Slavery is a sobering reminder that the history of human progress (so called) also incorporates a history of exploitation of other humans for labor. The story of slavery is a long one, which has left scars on our remembrance of history and on culture. Slavery as an institution has not yet disappeared completely, and cultural memories of slavery dictate modern discussions about cultural, racial and economic equality today. Proper acknowledgment of the role of slave owners and the enslaved, and how to put this into a useful and educative context is, understandably, also a controversial issue of today. But what do we know of the history of slavery? How did some people or nations become the slave owners and others become the enslaved? Was slavery always about white people enslaving black people? Is all the known history of slavery simply an account of oppression and subjugation? Are there any redeeming stories to tell about resistance and liberation from slavery? Can the descendants of slave owners and descendants of slaves ever agree on a common version of history? And how does a comparative view of the history of North American slavery versus the history in other places help us understand this history better? Join us for a historical visit to selected eras of human history which culminates in a broad review of Western slavery in the past 500 years to explore this important topic.

Sec. 01: # sessions: 8 Day: F 1:00-3:00PM. Begins 10/9/2020. Online Course, $145.

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**African Energized Hand Drumming**

DrumConnection Faculty

Whether you own drums or use pots, pans, tabletops, or more, this course will teach you the basics. Hand Drumming targets the brain’s electric and chemical functions to charge and act upon the human body causing many types of healing. Although MRI tests have shown that playing drums causes the brain’s electric and chemical functions to charge and act upon the human body causing many types of healing. Although MRI tests have shown that playing drums causes the brain’s electric and chemical functions to charge and act upon the human body causing many types of healing. Although MRI tests have shown that playing drums causes the brain’s electric and chemical functions to charge and act upon the human body causing many types of healing. Although MRI tests have shown that playing drums causes the brain’s electric and chemical functions to charge and act upon the human body causing many types of healing. 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Although MRI tests have shown that playing drums causes the brain’s electric and chemical functions to charge and act upon the human body causing many types of healing.

Sec. 01: # sessions: 6 Day: Tu 6:30-8:00PM. Begins 10/6/2020. Online Course, $145.

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**Music & Performing Arts**

**Flute 101**

Tiffany Hildebrand, Instructor

The flute is one of the most popular and gratifying instruments to learn to play. Designed for beginners, this class will cover basic techniques such as fingerings, breath control, and proper aperture. Learn to read music as well as some helpful tips to use when practicing. We will discuss the history of the flute, listen to recordings of top performers, and review essential information about caring for your instrument. Please bring a flute.

Sec. 01: # sessions: 8 Day: Tu 6:30-8:00PM. Begins 10/6/2020. Online Course, $168.

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**Beginning Mandolin**

Brian Stuligross, Instructor

A mandolin is a stringed musical instrument in the lute family and is usually plucked with a plectrum or pick. This is a class for students who are interested in developing basic mandolin skills and playing with others in a group. We will practice picking techniques and learn scales and chords. In addition, we will learn to play several Americana folk songs as well as a couple of tunes from the Bluegrass and Celtic traditions. Please bring a mandolin.

Sec. 01: # sessions: 8 Day: Th 6:00-7:30PM. Begins 10/8/2020. Online Course, $168.
Paul Sedgwick

Paul Sedgwick started playing the banjo in 1973 at the impressionable age of thirteen because 1.) he hoped to one day meet Elly May Clampett, fall in love and get married; 2.) there was nothing more thrilling than when Bonnie and Clyde were on the run from the police and Earl Scruggs’ “Foggy Mountain Breakdown” kicked in; and 3.) in 1973, “Dueling Banjos” was being played everywhere, even on Rock and Roll radio stations. His initial interest in Bluegrass banjo soon blossomed into a passion for all things banjo. He has studied and researched the history of the banjo (he travelled to West Africa twice for the express purpose of learning to play and make the “ekonting” of the Jola people of southern Senegal); and he has made presentations on the history and development of the banjo in the United States. Over the past ten years, an initially passing interest in the ukulele has developed into a passion for the uke (he travelled to West Africa to make sure he could play a few chords and would like to have fun learning new songs and playing with other guitarists. Our primary emphasis will be on building chord vocabulary, establishing a rhythm, switching between chords, and gaining comfort with the instrument. We’ll learn about different chord types, what chord symbols mean, and how to play songs reading from a chord chart. Please bring a guitar.

Sec. 01: # sessions: 8 Day: M 7:30-9:00PM. Begins 10/7/2020. Online Course, $168.

INSTRUCTOR SPOTLIGHT

Paul Sedgwick

Play the Banjo
Paul Sedgwick, Instructor

What’s more fun than listening to the banjo? Playing the banjo! You will learn the secrets behind the two most popular styles of 5-string banjo playing: Bluegrass, or three-finger style picking; and Old-Time clawhammer or frailing style. You will be given the opportunity to focus on one style or the other, or may choose to learn both. We will look at the amazing history of “America’s instrument” through demonstrations and recordings. Please bring a 5-string banjo, clip-on tuner, music stand, recording device (phone is acceptable) and a notebook to class. Required textbooks: Banjo for Beginners: An Easy Beginning Method by Tony Trischka, and Clawhammer Banjo Primer Book with Video and Audio Access by Bradley Laird are both available online.

Sec. 01: # sessions: 8 Day: W 7:30-9:00PM. Begins 10/7/2020. Online Course, $168.

Ukulele: Relax and Play Music
Paul Sedgwick, Instructor

Take care of yourself and learn to play the ukulele. We will start from the very beginning with lessons in chords, strumming patterns, introductory music theory, and maybe even a little fingerpicking. You will learn to play and sing a variety of popular songs, including ukulele classics from the 20s and 30s, Pop tunes, Rock, Blues, and Folk. We will also take advantage of the joy of playing music with others from the very first class. Please bring a ukulele to class. Note: A Concert or Tenor size ukulele is strongly recommended. While the Soprano size is very familiar and cute, the larger sizes provide a more comfortable and accessible learning and playing experience. Additionally, please bring a music stand, clip-on tuner, and recording device (phone is acceptable) to class. Required textbooks: The Daily Ukulele: 365 Songs for Better Living, by Liz and Jim Beloff, and Jake Shimabukuro Teaches Ukulele Lessons: Book with Full-Length Online Video.

Sec. 01: # sessions: 8 Day: W 6:00-7:30PM. Begins 10/7/2020. Online Course, $168.

Introductory Guitar
Instructor TBA

Introductory Guitar is a course for those who have never picked up a guitar before, or for beginners who can strum a few chords and would like to have fun learning new songs and playing with other guitarists. Our primary emphasis will be on building chord vocabulary, establishing a rhythm, switching between chords, and gaining comfort with the instrument. We’ll learn about different chord types, what chord symbols mean, and how to play songs reading from a chord chart. Please bring a guitar.

Sec. 01: # sessions: 8 Day: M 7:00-8:30PM. Begins 10/5/2020. Online Course, $168.

Violin
Amos Lawrence, Instructor

Have you always wanted to play the violin, or have you played in the past and want to pick it up again? From the fiddlers of the Hardanger plateau in Norway to the Highlands of Scotland and Cape Breton Island, from the stage of Carnegie Hall to the quaint fiddlers of the Blue Ridge Mountains in the Carolinas, the violin has succeeded in suiting every style and fulfilling every need. We will explore the balance needed for proper tone production, along with how to read notes, comfortably hold the bow, and play in small ensembles. Violin players of all levels welcome. Please bring a violin and a shoulder rest. An appropriate textbook to be determined after the first class will be required for approximately $15-

Sec. 01: # sessions: 8 Day: Th 6:30-7:45PM. Begins 10/8/2020. Online Course, $175.

Play the Piano
Jonathan Lovenstein, Instructor

This Beyond Beginner course will focus on major scales, primary chords, more complicated rhythms, and linear accompaniments with the left hand. For both courses, the required text: Alfred’s Basic Adult Piano Course: Lesson Book, Level One, is available online. Access to a piano or keyboard for practice is required.


Learn to Sing
Lee R. Soto, Instructor

Experience the enjoyment of expressing yourself through music by discovering your singing voice. Each singer will explore the range, agility, and timbre of his or her voice, and work on solo and group singing. We will develop proper tone production, breathing, and posture. Students and the instructor will choose the vocal repertoire so that all aspects of vocal technique and musical interpretation can be applied to specific songs. Our emphasis will range from traditional jazz standards to more contemporary show or pop tunes.

Sec. 01 (Beginner): # sessions: 8 Day: M 6:00-7:30PM. Begins 10/5/2020. Online Course, $168.

Sec. 02 (Beyond Beginner): # sessions: 8 Day: M 7:30-9:00PM. Begins 10/5/2020. Online Course, $168.

Private Voice Lessons
If you are interested in private voice lessons please email bacep@psbma.org.
Voice Talent: Acting with Your Voice
Lou Lapidus, Instructor

Have you ever been told you have a voice for radio? Have you ever wondered what it would be like to voice the next hit cartoon or commercial? This fast-paced, interactive, fun workshop will introduce students to the world of voice-over. Discover powerful techniques that offer a solid foundation of vocal tools for those who are experiencing voice-over for the first time or looking to launch a career in the industry. We will incorporate practice time and offer professional feedback, including a Q&A discussion. Learn about the many genres of scripts including: animation, commercial, narration, eLearning and family, and much more. Please wear comfortable clothing and bring water.

Sec. 01: # sessions: 6 Day: Th 7:00-9:00PM. Begins 10/15/2020. Online Course, $120.

Acting for the Camera
D. Adriane Spunt, Instructor

Film acting is a different creative language from stage acting. It is subtler, more intimate and presents its own challenges. In this introductory class we will explore the unique requirements of acting for the camera. Please prepare a 1-2 minute monologue (from a play, movie, poem or book, anything that inspires you) for the first class. Please note, this class requires memorization of 1-2 monologues and there will be some homework.

Sec. 01: # sessions: 6 Day: M 6:00-8:00PM. Begins 10/19/2020. Online Course, $120.

Improv Games, Online!
Emily Singer, Instructor

Have some fun in this lighthearted, experiential class. Improv puts you in the moment. It develops skills of memory, engagement, and attention. It also allows you to practice trust, and going with the flow, wherever it might take you. Learn how to embrace the group consciousness. Improv skills often stay with people a long time, if not their whole lives. Expect some laughter! Participate in improv games that work well on the Zoom format. Basic principles of improv will be discussed. Be prepared for a great deal of student participation weekly. No prior acting or improv experience is necessary. All levels welcome.

Sec. 01: # sessions: 6 Day: Th 7:00-9:00PM. Begins 10/15/2020. Online Course, $120.

Writing & Communication Skills

Bee’s Poetry Workshop
Toni Bee, Instructor

Join Toni Bee, Poet Populist emeritus of Cambridge, in a poetry workshop where participants will dive into the life cycle of words, create poems, and share their work. The group will explore the depth of emotion that words bring when viewed through their multiple meanings. We will freewrite, receive feedback, and publish the work. Topics include: colors, “prints I love,” the outside world, and of course you will write to music. This class will meet over Zoom. Five spots are reserved for registrants who identify as Black, Brown, or of the African Diaspora. If that is you, please contact jacquelyn_fowler_morton@psbma.org to sign up. She will connect you to the instructor to get registered.

This is a pay what you will class. Please register for the section that corresponds with your payment amount.

Sec. 01: # sessions: 6 Day: Th 7:00-8:30PM. Begins 10/15/2020. Online Course, $125.
Sec. 02: # sessions: 6 Day: Th 7:00-8:30PM. Begins 10/15/2020. Online Course, $110.
Sec. 03: # sessions: 6 Day: Th 7:00-8:30PM. Begins 10/15/2020. Online Course, $92.

Creative Writing for Seniors
Phoebe Hyde, Instructor

You have stories to tell! You’ve got things to set down on paper and pass on. But where to start? What to leave in or cut out? How truthful is too truthful and should you try memoir, autobiography, or fiction (to protect the innocent)? Learn the advantages and limitations of different genres, practice techniques that keep readers turning pages, and lean on the workshop’s community encouragement and constructive feedback to establish a regular writing habit. By the end of the class you’ll have a short story, personal essay, or memoir excerpt worthy of sharing with friends and family. Note: if you have a material already written, we’ll gladly work on ten pages at a time but no 300-page tomes will be read. Students will also need to be able to either attach documents to an email and send to other classmates to print, or share work online via Google Docs.

Sec. 01: # sessions: 8 Day: Th 10:00-11:30AM. Begins 10/8/2020. Online Course, $92.

INSTRUCTOR SPOTLIGHT

Toni Bee

Toni Bee is a poet, educator, and freelance journalist. She was raised in Dorchester, MA and educated in Roxbury. In 2011, she was elected Poet Populist of Cambridge, the first woman to grace that position. She led the Black Lives Matter march of Cambridge in 2015 and the following year, was selected as the city’s Poetry Ambassador. Toni has been a teaching artist for The Wang Theatre and is a graduate of Simmons. 22 Again is the title of her recently published first book of poetry. Bee has featured at: Lizard Lounge, The Boston Poetry Slam, New England Poetry Club, The Boston National Poetry Month Festival, and the Boston Poetry Marathon. She was recognized for her community service by the YWCA of Cambridge through a 2011 YWCA Outstanding Woman Award and as a 2017 Women of Color Leading Change recipient; and for her community service 2011 YWCA Outstanding.

She lives in Cambridge and is excited to offer a Poetry Workshop for adults. Bee’s Poetry Workshop at Brookline Adult & Community Education will allow learners the chance to dive into their poems with the support of other poets. Toni looks forward to developing a community of poets to nurture their craft together. “Keep Practicing Your Art…always” says Toni, who wrote poems while raising her now teen-aged daughter and going to college. Welcome, Toni!
Humor Writing  
Valerie Lute, Instructor  
Kurt Vonnegut once said, “A joke is like building a mousetrap from scratch. You have to work pretty hard to make the thing snap when it is supposed to snap.” In this class we’ll talk about how to write humor writing that snaps. We’ll cover the fundamentals of writing humorous memoir, fiction, and articles. We’ll look at writers like David Sedaris and George Saunders. In each class we’ll talk about structuring our words to get the biggest laugh. We’ll share our work out loud, so be sure to bring your funny-bone!  
Sec. 01: # sessions: 5 Day: Tu 6:30-8:00PM. Begins 10/27/2020. Online Course, $118.

Jump Start Your Writing  
Valerie Lute, Instructor  
Are you interested in writing but feel intimidated by the blank page? In this class, we’ll take the anxiety out of writing with a series of directed, in-class exercises to find our voice and discover story ideas with potential. This is a supportive and generative class for new and advanced writers alike, whether you are interested in nonfiction, fiction or poetry.  
Sec. 01: # sessions: 1 Day: Sa 10:00AM-1:00PM. Begins 10/17/2020. Online Course, $45.

Online Public Speaking Skills  
Kitty Huang, Instructor  
Many of us have increased our usage of online communication in recent months especially video conferencing. Interviews, meetings, and many activities have been transitioning to an online format. Going online is a necessary backup when we are unable to meet in person. The online platform presents its own challenges and requires a different set of public speaking skills. Being comfortable speaking online will help you to stand out and create the connection you need professionally and personally. This course introduces techniques on speaking with ease to the camera, looking natural on screen, and applying various skills to communicate effectively online.  
Sec. 01: # sessions: 1 Day: M 7:00-9:00PM. Begins 11/16/2020. Online Course, $36.

Screenwriting 101: Television and Movies  
Andrew Osborne, Instructor  
Come learn the basics of TV and movie writing from an Emmy-award winning instructor. Whether you want to write a feature film, create an original pilot, or become a staff writer for a network, cable, or streaming show, this class will cover everything from generating strong characters and dialogue to season-long story arcs, the realities of the entertainment business, and the differences between short and long form script format and narrative structure. We will also examine the three-act writing structure and the art of pitching and selling your ideas. Whether you’ve been writing for years or are a novice, you’ll find this course beneficial.  
Sec. 01: # sessions: 6 Day: Sa 10:00AM-12:00PM. Begins 10/10/2020. Online Course, $140.

Fiction Workshop  
Valerie Lute, Instructor  
Whether you are looking for feedback on your work in progress or just beginning your journey with fiction writing, this interactive workshop will help you hone your creative writing skills. In this class, beginners and experienced writers alike will have a chance to share their writing with a receptive audience. In our workshop, we will praise what is working in the story, as well as raise suggestions for improvement. Weekly assignments will be introduced in class, and students may bring copies of their work to discuss the following week. Assignments will focus on a specific aspect of craft, including character, plot, and setting.  
Sec. 01: # sessions: 6 Day: Th 6:30-8:30PM. Begins 10/15/2020. Online Course, $140.

Getting Personal: Memoir Workshop  
Daniel Gewertz, Instructor  
Celebrities can assume readers of their biographies will be seduced by fame; but when the rest of us write about our personal lives, we need to grab hold of a reader by the powers of our expression, our ideas, and our storytelling charms. Each week, this class will help sculpt your selected memories so that their inherent power can be brought to the page. We’ll focus on the writing of short, concise memoir pieces, with weekly prompts and assignments meant to jump-start your writing. We also welcome students who are starting, or continuing, longer works. Why do certain moments haunt, charm, excite, or sadden us in retrospect? Whether emotional, comical, sensual, or spiritual in nature, what are the moments in your life that make for great stories? Stories will be disseminated via email, and then read aloud in class.  

Languages

American Sign Language  
Sara Vallesteros, Instructor  
As many as 500,000 people in the U.S. communicate using American Sign Language. It is a vital tool for those who deal with Deaf, hard of hearing, or late-deafened individuals. Instruction and practice will be given in expressive and receptive hand signs and basic sign vocabulary. You will also be introduced to current issues in U.S. and world Deaf culture. Required textbooks: Talking with Your Hands, Listening with Your Eyes and Barron’s Dictionary of American Sign Language are available for purchase online.  
Sec. 01: # sessions: 8 Day: W 6:30-8:00PM. Begins 10/7/2020. Online Course, $145.

Beginning and Beyond Mandarin Chinese  
Lei Reilley, Instructor  
This course is designed to introduce the correct pronunciation and intonation of Mandarin Chinese, practice simple conversations, and learn the fundamentals of the language to those with limited to no experience with Chinese. You will be equipped with the basic phrases and sentences, as well as an understanding of grammar and sentence structures so you can communicate in a variety of situations, such as greeting, introduction, shopping, dining, and more. The course will also guide you to appreciate the Chinese characters and the Chinese cultural context. The required textbook is: Beginner’s Chinese with 2 Audio CDs, Second Edition (Hippocrene Beginner’s Series).  
Sec. 01: # sessions: 8 Day: W 6:30-8:00PM. Begins 10/7/2020. Online Course, $145.

Beginning Russian  
Jannette Shaulov, Instructor  
This course is for students who have little or no previous experience learning Russian. Our study of the language will include the Cyrillic alphabet, basic Russian pronunciation, vocabulary, grammar, and customs. By the end of the course, students can expect to read some Russian, hold a very simple conversation, and feel confident enough to continue studies on their own. Course materials will be emailed to students.  
Sec. 01: # sessions: 8 Day: M 5:30-7:30PM. Begins 10/5/2020. Online Course, $170.
Beyond Beginning Russian
Jannette Shaulov, Instructor
This course is for students who have completed Beginning Russian or its equivalent. Students will expand their knowledge of Russian grammar, including cases, verbal conjugations, and tenses. You will gain better competencies in dialogues with each other, which will help deepen your vocabulary and strengthen your pronunciation. Course materials will be emailed to students.
Sec. 01: # sessions: 8 Day: Tu 3:30-7:30PM. Begins 10/6/2020. Online Course, $170.
Sec. 02: # sessions: 8 Day: Th 8:00PM. Begins 10/7/2020. Online Course, $170.

Beginning Japanese
Yuko Sato, Instructor
The Beginner class will explore basic grammar, vocabulary, and pronunciation through situational dialogues on topics such as shopping, making acquaintances, dining out, and more. Vocabulary lists with the corresponding basic Hiragana characters will help you learn to read and pronounce Japanese. The required textbook: Japanese for Busy People I: Romanized Version with CD, is available at the Brookline Booksmith. The Intermediate level will help improve your ability to use Japanese accurately and appropriately with fluency, building on the basic skills you have learned. We will focus on reading comprehension, spoken fluency, and composition, with materials organized around social and cultural topics. You will learn about 50 Kanji characters. The required textbook: Genki: An Integrated Course in Elementary Japanese II, Second Edition, is available online.
Sec. 01 (Beginner): # sessions: 8 Day: We 6:00-8:00PM. Begins 10/7/2020. Online Course, $170.
Sec. 02 (Intermediate): # sessions: 8 Day: Th 10:00AM-12:00PM. Begins 10/8/2020. Online Course, $170.

Italian I
Maria Conte, Instructor
Whether you're planning your first trip to Italy or are enchanted by the language of Dante, this course will introduce you to Italian using a relaxed, conversational approach. This course, ideal for travelers, is for those who have little or no previous experience learning Italian. We will focus on vocabulary, grammar, basic verb conjugation, and pronunciation. Emphasis will be placed on speaking and listening comprehension. By the end of the course, you will become more comfortable speaking, writing, and listening to Italian. A $25 textbook fee is included in the course fee. Textbooks will be mailed to you, so there is an additional $10 shipping fee included.
Sec. 01: # sessions: 8 Day: Tu 5:30-7:30PM. Begins 10/6/2020. Online Course, $205.
Sec. 02: # sessions: 8 Day: Th 9:00-11:00AM. Begins 10/8/2020. Online Course, $195.

Italian II
Maria Conte, Instructor
This course is for those who have completed Italian I, or who have equivalent experience. We will continue to expand vocabulary, learn irregular verbs, their conjugation, and the simple past tense, and improve speaking and listening comprehension. By the end of the course, you will become more comfortable speaking, writing, and listening to Italian. A $25 textbook fee is included in the course fee. Textbooks will be mailed to you, so there is an additional $10 shipping fee included.
Sec. 01: # sessions: 8 Day: Tu 7:30-9:30PM. Begins 10/6/2020. Online Course, $205.

Italian III
Maria Conte, Instructor
This course is designed for people who have already taken Italian II or have equivalent experience. This Italian course covers I pronomi complemento oggetto diretto, l'imperfetto indicativo, il trapassato prossimo, il passato remoto, il trapassato remoto, il futuro semplice, il futuro anteriore, il condizionale presente, il passato e l'imperativo. In addition, there are interesting Italian cultural readings and conversation topics at each class. A $30 textbook fee is included in the course fee. Textbooks will be mailed to you, so there is an additional $10 shipping fee included.

French I
Sandy Lampert, Instructor
French I is for those who have had no previous French study, or have forgotten what they learned. Emphasis will be placed on learning a new sound system and listening skills. By studying vocabulary and basic grammar, you will learn to understand and say simple phrases using the present tense of the three basic verb groups. You will gain confidence in basic sentence construction as well as listening comprehension. The required textbook: Ultimate French Beginner-Intermediate, is available at the Brookline Booksmith and online.

French II
Frantz Presume, Instructor
French II is for those who have completed French I, or its equivalent. You will continue to develop vocabulary and speaking skills at a beginning level. You should know the verbs être, avoir, aller, and faire and their many uses, plus the three verb group conjugations in the present tense. We will introduce the passé composé, l'imparfait, and futur simple, and continue with skills for simple speaking and writing. You will be able to count and tell time. The required textbook Communication Progressive du Français, niveau débutant is available online.

French IV and Beyond
Frantz Presume, Instructor
This course is taught in a spiral rather than a straight line. Instead of learning rules in a linear way, we focus on becoming confident speakers through the combination of orally applied grammar and spaced repetitions. We will study authentic situations and circle key structures of French for proficiency. For students who have completed French III or its equivalent, this course is for those who have started to master the three verb groups in the présent, passé composé, imparfait, and futur. You will consolidate those in practical and fun speaking-intensive exercises while also familiarizing yourself more with other key structures of the language such as the conditionnel, subjonctif, and commonly used expressions. A particular emphasis will be placed on learning what is necessary to travel to a French-speaking country. The required text: Communication Progressive du Français, niveau intermédiaire is available online.
Sec. 01: # sessions: 8 Day: M 11:00AM-1:00PM. Begins 10/5/2020. Online Course, $170.

Stuck at home? Immerse yourself in another culture with our language courses!
French V and Beyond  
Frantz Presume, Instructor  
This course is taught in a spiral rather than a straight line. Instead of learning rules in a linear way with a textbook, we focus on becoming confident speakers through the combination of orally applied grammar and spaced repetitions. We will study authentic situations and circle key structures of French for proficiency. For students who have completed French IV or its equivalent, and have some mastery of the three main verb groups, and être, avoir, oir, faire, and savoir; and the passé composé, imparfait, and future tenses. You will consolidate those in practical, fun speaking-intensive exercises while also familiarizing yourself more with other key structures of the language the subjacent, les pronoms relatifs, and elusive connecting words like en and y. A particular emphasis will be placed on learning what is necessary to travel to a French-speaking country. Course materials will be made available online for students to either access electronically or print.  
Sec. 01: # sessions: 8 Day: Tu 9:00-11:00AM. Begins 10/6/2020. Online Course, $170.

Actualités et Discussion  
Frantz Presume, Instructor  
Cette classe propose d’analyser et de discuter les faits d’actualité de la semaine précédente (arts, littérature, cinéma, sports, événements sociétaux, etc.), dans le but de développer l’expression orale, la prononciation et enrichir le vocabulaire à partir d’articles et de vidéos. Niveau minimum requis français III.  
Sec. 01: # sessions: 8 Day: M 9:00-11:00AM. Begins 10/5/2020. Online Course, $170.

Conversations en Français  
Sandy Lampert, Instructor  
Pour ceux qui parlent déjà français et qui veulent maintenir ou améliorer leur niveau de langue. Nous travaillerons dans des séances de conversation sur des sujets divers afin d’enrichir votre vocabulaire et de développer votre sens de l’expression idiomatique français. En plus de la production orale, objectif essentiel du cours, nous reverson des points de grammaire, liens des extraits de textes francophones, écouterons de la musique et regarderons des documents audiovisuels.  
Sec. 01: # sessions: 8 Day: W 6:30-8:30PM. Begins 10/7/2020. Online Course, $170.

Spanish I  
Soledad Phelan, Instructor  
This course is for those who have little or no previous experience learning Spanish. Emphasis will be placed on simple conversation, including everyday vocabulary. We will cover greetings, the alphabet, the present tense of regular verbs, noun-subject and gender agreement, numbers, and other basic vocabulary. The required textbook: Spanish Now! Level 1 with CDs, 8th Edition, is available at the Brookline BooksSmith and online.  
Sec. 02: # sessions: 8 Day: Sa 9:00-11:00AM. Begins 10/10/2020. Online Course, $170.

Spanish II  
Sandy Lampert, Soledad Phelan, Instructors  
This course is for students who have completed Spanish I or have equivalent experience. We will cover the present indicative tense of irregular verbs, the prepositions a and de, the verbs ser and estar, descriptive and limiting adjectives, more cardinal numbers, the agreement of ordinal numbers, and other basic vocabulary. By the end of the course, you will become more comfortable speaking, writing, and listening to Spanish. The required textbook: Spanish Now! Level 1 with CDs, 8th Edition, is available at the Brookline BooksSmith and online.  
Sec. 01: # sessions: 8 Day: Tu 6:30-8:30PM. Begins 10/6/2020. Online Course, $170. Lampert  
Sec. 02: # sessions: 8 Day: Sa 11:00AM-1:00PM. Begins 10/10/2020. Online Course, $170. Phelan

Spanish III  
Helena Alfonzo, Instructor  
Are you traveling to a Spanish-speaking country? Join us in this introductory level Spanish course to meet other travelers and get to know the language. You will learn useful phrases for your trip in order to communicate basic information. Learn how to understand cultural customs, introduce yourself, ask for directions, and thank your host. You will develop a basic understanding of weather expressions, cardinal and ordinal numbers, time, colors, days and months, seasons, transportation, useful verbs, and more. Our lively introduction will generate excitement for your travels, and prepare you for the experiences you will have. A $25 textbook fee is included in the course fee. Textbooks will be mailed to you, so there is an additional $10 shipping fee included.  
Sec. 01: # sessions: 7 Day: Th 5:30-7:30PM. Begins 10/8/2020. Online Course, $182.

Conversación en Español  
Helena Alfonzo, Instructor  
Esta clase es para los que ya pueden hablar español con cierta fluididad y para los que quieren mejorar su dominio del vocabulario y de la gramática de idioma. Utilizaremos una serie de lecturas y videos o cortometrajes (short films) para iniciar charlas, ampliar nuestro vocabulario y aprender sobre la cultura del mundo hispano. Además, repasaremos los temas gramaticales avanzados (y no tan avanzados) que sean necesarios, según los conocimientos de los estudiantes.  
Sec. 01: # sessions: 8 Day: W 6:30-8:00PM. Begins 10/7/2020. Online Course, $139.

Repaso y Conversación de Nivel Avanzado  
Soledad Phelan, Instructor  
Este curso es para aquellos alumnos que han terminado el nivel “Spanish VII” o su equivalente. La clase será conducida totalmente en español. Habrá temas de discusión de últimos acontecimientos, noticias, y diferentes tópicos de interés. En caso sea necesario, repasaremos algunos temas gramaticales de nivel avanzado tales como el Modo Subjuntivo: presente e imperfecto; las Oraciones Condicionales: futuro posible, el presente irreal o imaginario, el pasado irreal o imaginario, u otros temas gramaticales de interés.  
Sec. 01: # sessions: 8 Day: M 9:00-11:00AM. Begins 10/5/2020. Online Course, $170.

Spanish for Travelers  
Maria Conte, Instructor  
Are you traveling to a Spanish-speaking country? Join us in this introductory level Spanish course to meet other travelers and get to know the language. You will learn useful phrases for your trip in order to communicate basic information. Learn how to understand cultural customs, introduce yourself, ask for directions, and thank your host. You will develop a basic understanding of weather expressions, cardinal and ordinal numbers, time, colors, days and months, seasons, transportation, useful verbs, and more. Our lively introduction will generate excitement for your travels, and prepare you for the experiences you will have. A $25 textbook fee is included in the course fee. Textbooks will be mailed to you, so there is an additional $10 shipping fee included.  
Sec. 01: # sessions: 7 Day: Th 5:30-7:30PM. Begins 10/8/2020. Online Course, $182.

Check out our new course Introduction to Zoom in Spanish!  
For more information, see listing on page 16.
The American Presidential Election
Juliana Kanegis, Instructor
With this most important 2020 presidential election around the corner, our interactive discussion class will explore both the current and past pivotal American presidential elections from the 20th and 21st century. We will begin with a brief overview of the election system and discuss both the similarities and differences in how we choose leaders of our respective countries. We will also delve into several election issues such as political parties, mail-in ballots, voter suppression, swing states, the Latinx vote, etc. Each class will incorporate new vocabulary and idioms to better understand and discuss American politics. Scanned readings will be emailed each week. For High Intermediate and Advanced students.
Sec. 01: # sessions: 10 Day: Tu, Th 11:00AM-12:00PM. Begins 10/6/2020. Online Course, $130.

Introductory English
Lee R. Soto, Instructor
This course is for students who are just learning English. We will focus on all four skill areas including listening, speaking, reading, and writing. We will practice speaking English, study the alphabet, learn new vocabulary, review introductions and currency, and work on the simple present (I study), past (I studied), and the present continuous (I am studying) tenses. The required textbook: *Side by Side Book 1 Student Book and Activity Book*, is available at the Brookline Booksmith or online.
Sec. 01: # sessions: 24 Day: Tu, W, Th 8:30-10:00AM. Begins 10/6/2020. Online Course, $272.

Beginning English
Lee R. Soto, Instructor
This course is for students who know some English and who have completed an introductory English course. In each class, you will work on grammar and vocabulary, writing, conversational skills, and reading and comprehension. We will review the use of the present tense to talk and write about our habits and daily routines, and we will work on prepositions of place (at, in, on), determiners (this, that, these), simple past tense (I ran), the verb to be, and present continuous. The required textbook: *Side by Side 2 Book and Workbook, Third Edition*, is available at the Brookline Booksmith or online.
Sec. 01: # sessions: 32 Day: M, Tu, W, Th 10:00-11:30AM. Begins 10/5/2020. Online Course, $288.

Intermediate English: Telling Your Story
Audrey Borus, Instructor
Would you like to learn to speak English more comfortably, while also brushing up on your presentation skills? Telling a story about yourself is a great topic for this task. In this course, for Intermediate level students, you will learn how to comfortably talk about yourself. We'll work on proper English usage as a primary focus, but we'll also discuss presentation, elocution, speaking up, and cultural responses of Americans to look out for. Another thing we'll cover is the must-have elements of a successful presentation/story. By the end of the course, you'll be ready to share an in-class performance of your presentation.
Sec. 01: # sessions: 8 Day: Th 7:00-9:00PM. Begins 10/15/2020. Online Course, $165.

Intermediate Grammar and Conversation
Ronna Malz, Instructor
This course is for Intermediate and High Intermediate students who have some fluency and want to feel more comfortable speaking English. We will review verbs and cover grammar topics such as passive voice, gerunds and infinitives, and -ed and -ing adjectives. We will practice applying the grammar to everyday conversation and work on pronunciation as well.
Sec. 01: # sessions: 16 Day: M, W 9:00-10:30AM. Begins 10/5/2020. Online Course, $197.

Advanced Communication Skills: FromCommunicating to Compelling
Anatole Sykley, Instructor
Have you ever read or heard a story or a poem that moved you? Have you tried to understand how the writer or speaker used the English language to make their material understandable and interesting, as well as compelling? What issues do you run into as you try and get others to understand something important? In this course, we'll analyze examples of persuasive storytelling, from an assortment of fiction and non-fiction sources, to understand how English is used when someone truly wants to engage the listener. We'll work together to help ensure your communications are both understandable and compelling. Advanced English speakers only.
Sec. 01: # sessions: 16 Day: Tu, Th 7:00-8:30PM. Begins 10/6/2020. Online Course, $197.

Advanced English
Juliana Kanegis, Instructor
This course will help you develop the skill and confidence you need to be a fluent speaker of English. Each class will be devoted to activities involving presentation skills, with a special emphasis on rapid speech, vocabulary, and idiomatic expressions. We'll work to communicate our ideas clearly and precisely through conversations on specific topics, small and large group discussions, debates, and group activities. Grammar will be reviewed as necessary. The required textbook: *Celebrate the American Way: A Fun ESL Guide* is available at the Brookline Booksmith or online.
Sec. 01: # sessions: 32 Day: M, Tu, W, Th 9:00-10:30AM. Begins 10/5/2020. Online Course, $288.

High Intermediate and Advanced Reading, Conversation, and Vocabulary
Ronna Malz, Instructor
One of the best ways to improve communication skills is by reading, building vocabulary, and discussing what you study in daily conversations. This course is for high intermediate and advanced students who are interested in reading short stories and articles which will inspire lively and engaging discussions while increasing their vocabulary and learning reading strategies.
Sec. 01: # sessions: 16 Day: Tu, Th 9:00-10:30AM. Begins 10/6/2020. Online Course, $197.

Accent and Pronunciation
Ronna Malz, Instructor
Do others have a hard time understanding your spoken English? In this class our focus will be on accent reduction, and students will work on improving areas of their pronunciation that affect comprehensibility. We’ll concentrate on vowel and consonant sounds, word and sentence emphasis, and intonation. Students will practice speaking through structured exercises and in-class speeches. For intermediate students.
Sec. 01: # sessions: 8 Day: M, W 11:30AM-1:00PM. Begins 10/5/2020. Online Course, $144.
NEW! English Language through Film
Laura Jenemann, Instructor

Join us for an opportunity to practice English conversation while deepening your love of films. This will be a relaxing class where Advanced and near-native English speakers can expand their vocabulary through the context of one film per week. We will review the vocabulary of cinema, emotions, and film reviews. The list of films will be finalized at our first class. Please feel free to bring your favorite beverage and snacks to our Zoom film discussions. The films selected will be available for individual rent or purchase through streaming services and are not included in the course tuition. We will ask that you find and watch one film per week.

Sec. 01: # sessions: 6 Day: Sa 1:00-3:00PM. Begins 10/10/2020. Online Course, $120.

English, Among Friends: Intermediate Level
Nancy Hart, Instructor

In this fun, interactive class, we will focus on English spoken among friends. That is, we’ll focus on the casual words and phrases that are used by native speakers to convey ideas and emotions. This class is for the Intermediate level student who wants to practice speaking while learning about Boston and its culture. You’ll practice using words you may already know, but learn how to put them together to form a new meaning. Through readings and class activities, we will learn the literal, figurative, and idiomatic meanings of everyday English that you may have been hearing, but have had a hard time defining.

Sec. 01: # sessions: 8 Day: W 1:00-2:30PM. Begins 10/7/2020. Online Course, $144.

Amazing Bostonians
Wendy Dodek, Instructor

Would you like to learn more about what some people call Beantown? Together we will laugh, think, and be inspired by the best and brightest Bostonians. Join an online discussion of remarkable past and present residents whose ideas and actions have changed the world. In this course we will share the stories of great inventors, musicians, scientists, writers, chefs, and even two 19th-century women bicyclists! The course is for high intermediate and advanced students, will improve your vocabulary and speaking skills, and enhance your knowledge and enjoyment of Boston.

Sec. 01: # sessions: 8 Day: Tu, Th 11:00AM-12:30PM. Begins 10/13/2020. Online Course, $144.

Saturday Conversation Practice
Anatole Sykley, Instructor

Would you like to practice your spoken English and increase your vocabulary? Emphasis will be placed on how to clearly express and exchange ideas through informal discussions, presentations, and group activities. We’ll touch on topics such as navigating Boston, taking the T, ordering at a restaurant, telephone etiquette, and other topics decided upon by the class. This course is for students who are comfortable carrying on a conversation in English. The required textbook: English the American Way: A Fun ESL Guide is available at the Brookline Booksmith or online.

Sec. 01 (Beginner): # sessions: 8 Day: Sa 11:00AM-12:30PM. Begins 10/10/2020. Online Course, $144.

Saturday Writing and Grammar Skills
Sheila Amirinazari, Instructor

Do you need help with your grammar, or do you want to be a better writer? This course, designed for intermediate and advanced students, will focus on improving your grammar and writing skills. Grammar topics we’ll review include past, present, and future tenses, question formation, passive voice, nouns and pronouns, gerunds and infinitives, prepositions, and phrasal verbs. Writing topics will include sentence structure, paragraph organization, and essay and summary writing. The required textbook, Longman Academic Writing Series 3: Paragraphs to Essays, 4th Edition, is available at the Brookline Booksmith or online.

Sec. 01: # sessions: 6 Day: Sa 1:00-3:00PM. Begins 7/11/2020. Online Course, $144.

Computers & Technology

Introduction to Zoom
Laura Jenemann, Instructor

In this session for beginners, students will learn how to attend and schedule Zoom meetings. The first session will introduce Zoom and provide a hands-on overview of the features, including how to schedule a meeting. In the next session, students will practice hosting a meeting and learn the different security features in Zoom. Discounts and waivers do not apply.

Sec. 01: # sessions: 2 Day: Tu 4:00-5:30PM. Begins 10/6/2020. Online Course, $35.
Sec. 02: # sessions: 2 Day: Sa 10:00-11:30AM. Begins 10/31/2020. Online Course, $35.

¡Comunicate! Aprende a usar ZOOM!
Esta es una sesión para principiantes, donde los estudiantes aprenderán a cómo asistir y programar reuniones de Zoom. Zoom es una aplicación comunicativa de video que les permite configurar reuniones virtuales usando vídeo y audio, y otras reuniones colaborativas. Presentaremos Zoom y proporcionaremos una visión general práctica de sus características, incluyendo cómo interactuar mientras están en una reunión, programar una reunión, enviar invitaciones, organizar una reunión y compartir su pantalla. También discutiremos el protocolo de seguridad de Zoom. Las instrucciones detalladas sobre cómo llegar a Zoom, crear su cuenta y entrar en la reunión se les enviará por correo electrónico un día antes de que comience la clase.

Sec. 01: # sessions: 2 Day: Th 6:30-8:00PM. Begins 10/1/2020. Online Course, $35.

Zoom: Beyond the Basics
Laura Jenemann, Instructor

For students who have some Zoom experience and want to explore the application more deeply, this is a chance to practice hosting a meeting, setting your virtual background, and reviewing the basics. We will also discuss some of the lessons we have learned through our own use of this now popular technology.

Introduction to Microsoft Office
Glen Cabbage, Instructor
Microsoft Office, Word, PowerPoint, and Excel, is the software used by most businesses. Being proficient at these programs is essential to success at your job. In this class, you will explore each of these programs, learning the basic features and more. Students are encouraged to bring their questions to class. The instructor will teach this class on a PC, but Mac users are welcome. Students should have basic PC skills.
Sec. 01: # sessions: 2 Day: Sa 10:00AM-12:30PM. Begins 10/3/2020. Online Course, $120.

Microsoft Excel Explained and Explored
Glen Cabbage, Instructor
Microsoft Excel is the most widely used and comprehensive spreadsheet program available, and allows you to quickly and easily create business and financial reports. This course will provide an introduction to Excel's user interface and will cover important features such as how to create and edit worksheets and workbooks, manipulate table cells, create formulas, and validate data. The instructor will teach this class on a PC, but Mac users are welcome. Students should have basic PC skills.
Sec. 01: # sessions: 4 Day: Th 7:00-9:00PM. Begins 10/15/2020. Online Course, $160.

Excel: Pivot Tables, Lookup Functions, and Data Tools
Glen Cabbage, Instructor
Would you like to build on your basic MS Excel skills to more efficiently organize, summarize, and interpret data? We'll use pivot tables to automatically sort, count, total, or average the data stored in one table or spreadsheet. We'll also use Lookup Functions to find a value in a list or table, similar to looking up a person's name in a telephone book. We'll examine an array of important data tools, including sorting, filtering, data validation, conditional formatting, and more. Ultimately, you will leave this class with a more efficient approach to Excel for application at work or home. Please have a working knowledge of Excel if you plan to take this class. The instructor will teach this class on a PC, but Mac users are welcome. Students should have basic PC skills.
Sec. 01: # sessions: 4 Day: Th 7:00-9:00PM. Begins 11/12/2020. Online Course, $160.

Photoshop for Beginners
Oana Lauric, Instructor
Adobe Photoshop is the dominant image-editing program used in digital photography and both print and digital media production. In this course for beginners, you will learn how to create, edit, adjust digital images, and prepare them for print and web. We will explore essential Photoshop skills such as creating selections, cropping, retouching, using filters, and making tone and color corrections through adjustment layers. We will investigate the advanced use of layers, masking and so on for composition, special effects, and complete non-destructive editing workflow. We'll review both Mac and PC skills as needed. Please have Photoshop installed on your computer.
Sec. 01: # sessions: 8 Day: W 5:30-7:00PM. Begins 10/7/2020. Online Course, $207.

Photoshop for Artist Painters
Oana Lauric, Instructor
Learn how to use Photoshop in your creative process as a painter. The software can be an amazing help for visual artists, it can stimulate creativity while also enhancing control. Try an unlimited number of possible compositions or color schemes before you even start to paint, preview a desired change over an already existing painting without risking ruining the artwork itself, crop and rotate and collage until it all looks right. When you finally pull out the palette and open those color tubes, you'll know exactly where you're going! Photoshop is also useful when trying to convince a customer to commission a new piece, as well as simulating how an existing painting would look on the exact wall location of the hesitant customer. Please have Photoshop installed on your computer.
Sec. 01: # sessions: 3 Day: Th 5:00-6:30PM. Begins 10/8/2020. Online Course, $99.

Photoshop for Online Dating
Oana Lauric, Instructor
Dating online can be discouraging, when photos are the very first thing the others look at, and often an unfair dealbreaker. Gently but effectively retouch your photos, to ensure the desired impact and jump ahead of the competition, without in any way lying about your appearance. Change a gray, cloudy atmosphere to a sunny day vibe, add an inch to your legs, remove a fly from your summer dress, add some highlights to your hair, delete the other people or unfortunate objects around so all attention lies on you... and so on. To do it seamlessly but effectively, it's an art, so it takes a professional, multimedia artist empath, to help and guide you through the process. It may help change your future forever. Please have Photoshop installed on your computer.
Sec. 01: # sessions: 3 Day: Th 5:00-6:30PM. Begins 11/5/2020. Online Course, $99.

Introduction to Adobe InDesign
Eileen Riestra, Instructor
Adobe InDesign is a cutting-edge layout design software for publishing print and digital documents. It is tightly integrated with other Adobe applications such as Photoshop and Illustrator, and has become the standard for commercial print production and desktop publishing. Equally well-suited to designing flyers, posters, brochures, newsletters, magazines, and even books, InDesign gives you precise control over typography and layout so you can produce files for home and office printing, commercial printing, or digital distribution with ease. Through instruction and class exercises, you will develop a solid understanding of InDesign's interface and basic functions, and learn to create multi-page document layouts with type, images, and vector graphics. Please have Adobe InDesign installed on your computer.

Wordpress: Made Easy
Ben Vivante, Instructor
Build your own website and blog easily, for business or personal sites. Using WordPress, you'll learn to build, edit, and customize your own website, without any knowledge of HTML. We'll learn both technical setup and creative customizations, tailoring our efforts to the interests and needs of the class. Students should be comfortable looking at objects around the Internet. If you choose to purchase a website domain or host, then you would incur an additional expense.
Sec. 01: # sessions: 5 Day: Tu 5:30-7:30PM. Begins 10/6/2020. Online Course, $191.

Podcasting 101
Lau Lapides, Instructor
If you’ve ever listened to a podcast and thought, “I can do that!” now’s your chance! Join us for a crash course that will give you all the tools you need to start planning and recording your own podcast. In this one-day class, you will learn the ins and outs of recording in a high-quality sound booth. You will become familiar with how to best use a microphone, how to record using professional software, how to adjust the sound quality, and how to save your file in the most useful format for your intended purpose.
Sec. 01: # sessions: 1 Day: Sa 11:00AM-12:30PM. Begins 10/17/2020. Online Course, $36.
Finance & Real Estate

Personal Finance 101 for Teens
Amy Lampert, Instructor
Financial responsibility is confusing for teens who are just starting to truly have their own money. With a bit of knowledge, young adults can start managing monetary affairs with confidence. In this course, geared towards teens 16-19 years old, you’ll learn the basics of bank account choices, managing account balances, about savings benefits and growth, how to apply for credit cards, and manage your credit. We’ll cover a bit about the world of stocks and bonds, and also delve into completing a W4 knowledgeably. In each class, we’ll practice real life scenarios, and puzzle out solutions to quirky questions together. We will give you the tools to leave this class more ready to make the most of the money you earn.
Sec. 01: # sessions: 2 Day: Tu, Th 6:00-8:00PM. Begins 10/6/2020. Online Course, $45.

The ABCs of Investing
Amy Lampert, Instructor
Would you like to learn about investing and a practical approach to building wealth, but don’t know where to start? This comprehensive course is designed to demystify investment jargon and empower you to manage your money safely and effectively. We’ll start by examining money market accounts, certificates of deposit, savings accounts, stocks, bonds, and mutual funds. With hands-on exercises, you will master practical investment skills such as spotting high fees on account statements and in mutual fund prospectuses, and building a balanced portfolio. Find out what really matters when you pick mutual funds (hint: it’s not the number of stars). Learn how to protect yourself from salespeople and speculators, and how to use the financial services industry to your best advantage. Class includes the design of a portfolio that is appropriate for your risk tolerance.
Sec. 01: # sessions: 2 Day: Tu 6:00-7:30PM. Begins 10/6/2020. Online Course, $45.

Play the Stock Market Game™
Peter Yaffe, Instructor
Imagine you’re handed $100K to invest in the stock market, but you have no idea how Wall Street works. Well that scenario may happen, so you'd best be prepared. Join us and learn to grow a virtual $100,000 into a top-performing portfolio. First, you’ll learn how investing actually works by examining the functioning of the U.S. capital markets, types of investment products, investment research, use of stock charts, impact of global events and decision-making processes. Then you'll learn about risk, diversification, and speculating. You’ll compete against your fellow classmates and other groups across the state in our realistic simulated online trading game. Warning: The Stock Market Game™ is played by budding investors as young as 4th grade. Can you do better than an elementary schooler in making savvy financial decisions? Come find out. No experience necessary!
Sec. 01: # sessions: 8 Day: M 7:00-8:30PM. Begins 10/5/2020. Online Course, $156.

Ten Dimensions of Financial Mastery for Women
Amy Lampert, Instructor
Women sometimes take a much different tack than men when it comes to mastering money. Cultural influences account for the differences. This class, which will be based on the presumption that students have life experience to draw from, will approach financial mastery by discussing topics like self-awareness, desired degree of self-management, goal setting, independence, consumer awareness, action planning, and communication. We’ll define common terminology, detail financial checklist items, and spell out steps to take when getting organized. There’s a lot to talk about and we will have plenty of interactive time. You’ll leave empowered and better prepared to be an informed participant in your own financial future. While this class is tailored to the unique needs of women, men are welcome to register.
Sec. 01: # sessions: 1 Day: M 6:00-7:30PM. Begins 10/19/2020. Online Course, $28.

The Six Cornerstones of a Good Financial Plan
Amy Lampert, Instructor
In this course, we will outline six cornerstones of a good financial plan. There is no such thing as the wrong time to explore this topic, and for all of us, it is something we should not ignore. Join us to find out about cash flow health, debt management, investments for wealth building, estate planning, retirement planning, tax optimization, and risk management. Look at it as a six-legged stool. We’ll define the meanings of the above topics, and how they should fit into your life, but we’ll also discuss how to talk about money and ways to communicate to your family and spouse when talking about it. Curve balls, children, retirement, and helpful advice from others are other points of interest we’ll include.
Sec. 01: # sessions: 2 Day: M 6:00-7:30PM. Begins 11/16/2020. Online Course, $45.

Brick by Brick: Building Your House of Financial Success
Joel Roberts, Instructor
This informal, conversational workshop is designed for those interested in learning basic financial planning concepts critical to financial stability, independence, and success. Topics discussed will include budgeting, investing, estate planning, tax strategy, risk management, and lifecycle planning. Students are asked to provide their input and ask questions throughout the session will close with the opportunity to ask the instructor general financial planning questions. Students are strongly encouraged to have a Jenga game or set of wood building blocks in order to fully participate in this highly interactive workshop.
Sec. 01: # sessions: 1 Day: Th 7:00-8:45PM. Begins 11/5/2020. Online Course, $28.

Please note: Our Finance and Real Estate courses are not intended to take the place of individual financial counseling or legal advice. Please check with your own financial advisers before making any financial decisions based on recommendations from our independent instructors.
Introduction to Estate Planning: Wills, Trusts, and Taxes
William Lane, Instructor
No matter your net worth or family situation, having an estate plan can be beneficial to you. It can protect your assets, reduce fees, keep your family out of court, and minimize estate taxes. In this class, we will walk through the documents that make up an estate plan and learn about wills, trusts, health care proxies, and powers of attorney. We will also discuss what probate is, what steps have to go through probate, and the process of how an estate is settled after someone dies. Lastly, we will review federal and state taxation as it pertains to your estate, as well as income tax and capital gains considerations for beneficiaries. You will leave with strategies of how to put your own estate plan together. Students of all ages, all manner of assets, and all levels of financial experience are welcome.

Sec. 01: # sessions: 2 Day: Tu 6:00-7:30PM. Begins 10/20/2020. Online Course, $45.

The Biggest Retirement Mistakes
Amy Lampion, Instructor
Whether you are approaching or are already in retirement, there are some landmines facing you if you do not take care to prevent them. This class will address the biggest of these risks and strategies for mitigating them; risks such as longevity risk, the risk of running out of money, sequence of return risk, the devastating impact of negative returns early in your retirement distribution mode; inflation risk, market risk, and more. Each risk has a strategy for lessening the impact and increasing the likelihood of an abundant retirement.

Sec. 01: # sessions: 1 Day: Th 6:00-8:00PM. Begins 10/8/2020. Online Course, $30.

Making Your Nest Egg Last: Strategies for Sustainable Income in Retirement
Deborah Goodman, Instructor
Today’s notion of retirement is very different from that of previous generations. Individuals are working longer, living longer, and are faced with the challenges of both caring for elderly parents and providing for the needs of adult children. In this course, you will learn how to assess what your retirement needs are, how to position your assets to meet those needs, and how to take advantage of tax savings while maximizing government retirement benefits. You will leave this course with detailed strategies to ensure that you will have sufficient income to help you enjoy a comfortable, secure retirement.

Sec. 01: # sessions: 1 Day: W 7:00-8:30PM. Begins 11/4/2020. Online Course, $28.

Downsizing Your Home
David Miller, Instructor
Perhaps you have an impending empty nest or maybe it’s just time to consider downsizing. Preparation can help you welcome this phase of your life with increased confidence. In this course, we will brainstorm possibilities for a transition and discuss options including selling your home, renting vs. buying, and the details of preparing for your next move. We will talk about whether it makes most sense to sell first or buy first, and what type of home you may want to consider next. We will also explore financial factors such as moving expenses, closing costs, tax implications, and financing. You’ll leave the course with legal advice and common sense ideas to help you feel in control of the process and ready to embrace the transition.

Sec. 01: # sessions: 1 Day: W 6:00-9:00PM. Begins 10/1/2020. Online Course, $45.

First Time Home and Condo Buyers
David Miller, Instructor
In today’s market, it’s more important than ever to be real estate savvy before purchasing a home or condo. Get an overview of the entire process, from finding the perfect neighborhood and selecting a real estate broker, to obtaining favorable financing and hiring an attorney to protect your investment. We’ll teach you how the rights and responsibilities of condo owners differ from those of homeowners, and review the primary legal documents related to each. This course’s unbiased, comprehensive approach can help you avoid disastrous situations from the loss of your hard-earned deposit, to buying a property with latent defects such as termites, lead paint, or water damage. Walk away feeling confident and ready to make this important life decision.

Sec. 01: # sessions: 1 Day: W 6:00-9:00PM. Begins 10/8/2020. Online Course, $45.

Life & Career Skills
NEW!

Interview Online
Lau Lapides, Instructor
Have you found yourself looking at the job market unexpectedly? Looking to quickly polish and perfect your interviewing skills online? Our workshop is jam-packed with tips, tools, and techniques to help you gain confidence and a hard-core skill set to step in front of the line and shine! Topics may include: vocal, verbal, physical, and psychological challenges that may stop you from success and strategies to help you get into a positive mindset and be a resilient anchor to sustain longevity until you land the perfect position. Feel free to send your current resume and cover letter for review. Practice time will be built in for interview role playing including instructor and peer feedback. Q&A included in this offering. Dress in comfortable clothing and have a notebook and water ready. This session will be accompanied by a complimentary consultation and assessment at Lau lapides company studio. No prior speaking experience necessary.

Sec. 01: # sessions: 1 Day: Th 6:00-8:00PM. Begins 10/8/2020. Online Course, $36.

Job Seeking in a Challenging Environment
Stacie Haller, Instructor
You can get a great job, even if you are a first time job seeker, even if it has been awhile since you were looking for a job, and even in the midst of this current crisis. Join with other job seekers, learn from a 30-year executive recruiter, and set yourself up for success. In the first session we will cover practical, effective tools for job hunting. Your instructor will explain what recruiters, hiring managers, and agencies are looking for in your resume and your interview. She will give you actionable advice on the best interview behavior and follow-up steps that make interviewers want to call you back. You will learn how to work with staffing agencies and recruiters and how to develop your job search network. In the second session, we will practice and prepare. You will leave this class with tangible resources, achievable next steps, and the confidence of knowing what is going on behind the scenes at your next interview.

Sec. 01: # sessions: 1 Day: Tu 6:30-8:00PM. Begins 10/13/2020. Online Course, $33.
Resume Building Workshop
Stacie Haller, Instructor
Build a job-landing resume with a 30-year industry veteran who has worked with candidates through challenging times such as post-9/11 and Hurricane Sandy. Join with others to discuss how the coronavirus is impacting the job market and what we can do to adjust. How your resume is written, formatted and detailed is the difference between getting that interview or not. We will review the real objectives of a resume and how to build your own as well as covering cover letters. Bring your current resume if you have one. The first session will focus on the resume and we will review your updates resumes in the second session and you will be ready to attack your job search!
Sec. 01: # sessions: 1 Day: Tu 6:30-8:00PM. Begins 10/7/2020. Online Course, $33.

Women in Communication (Women Command Presence!)
Lau Lapides, Instructor
Hey ladies! Let’s take a candid look at our top communication challenges. From learning how to command a room, to projecting self-confidence and your power, to imposter syndrome and even learning how to take credit for your well-deserved achievements! We may discuss and explore exercises in all of these important areas to help you gain the ability to tell a story or impart a message with credibility and authority. We will explore vocal, verbal, physical and psychological blockages to your success. We will also have a fun and exciting time creating a safe social structure to work in as well as opportunities for instructor and peer feedback. Q&A included in this offering. Dress in comfortable clothing and have a notebook and water ready. This session will be accompanied by a complimentary consultation and assessment at Lau Lapides company studio. No prior speaking experience necessary!
Sec. 01: # sessions: 2 Day: M 7:00-9:00PM. Begins 10/13/2020. Online Course, $60.

Public Speaking: A Crash Course
Lau Lapides, Instructor
From the moment you enter a room, you’re on! Learn to speak more effectively in both personal and professional situations. Eliminate your speaker fears and build confidence. In this fun, interactive, fast-paced workshop we will teach you how to organize your thoughts, polish your articulation and pronunciation, and become a more successful, more confident speaker. It’s a great opportunity to practice speaking in a supportive, pressure-free environment. This workshop will include practice time, critique and feedback, and participants will be invited to raise questions and discuss particular situations. Please wear comfortable clothing and bring water.
Sec. 01: # sessions: 1 Day: Sa 11:00AM-12:30PM. Begins 10/10/2020. Online Course, $35.

Acting Skills for Business
Lau Lapides, Instructor
We could all benefit from the trade secrets that stage actors and media industry professionals know. Come learn the actor’s bag of tricks geared specifically for corporate presenters, sales professionals, and customer service personnel. Our goal is to train you to develop the highest level of soft skills available to you and apply these skills to your work. Discover tools and techniques to build confidence while strengthening physical and vocal presence whether you are presenting live, online, or by phone. Engage and ignite your audience with storytelling techniques that work and build rapport while commanding presence. Learn how to think fast on your feet through improvisation and role-playing, manage your physical and vocal message by incorporating breathing and speech techniques, and have fun discovering new approaches to communicating in your work. Please wear comfortable clothing, and bring a notebook and water. This session will be accompanied by a complimentary consultation and assessment by the instructor.
Sec. 01: # sessions: 1 Day: Sa 9:30-11:00AM. Begins 10/17/2020. Online Course, $35.

Decision Making and Negotiation Strategies
Kitty Huang, Instructor
Life can be a series of decisions. Should you follow your heart or your head? Should you stay or leave? Knowing which is the right decision can be difficult. Looking back, it is easier to see what we should have done. Yet, looking forward and facing the unknown, it is unsure which way we should go. In this course, you will learn a set of factors to consider in decision-making which will help you to be clearer about the meaning each choice has for you. Once you have made a decision, you will learn to negotiate and get what you want. We will discuss the techniques in reaching an agreement, identify the obstacles that get in the way, and prepare you for true success in your next negotiation. Whether it is a business issue or a personal matter, this class will help you find clarity in the decision-making process.
Sec. 01: # sessions: 2 Day: M 7:00-9:00PM. Begins 10/19/2020. Online Course, $45.

Gluten Free Baking
Jeff Klein, Instructor
Some people have celiac disease and are entirely allergic to gluten, while others just feel a little bit better when they don’t need it. Either way, baking gluten-free might seem daunting at first but it doesn’t have to be. This class will offer you some general guidelines, as well as specific recipes to help you jump start your gluten-free baking plans! We’ll bake both sweet and savory and have a great time doing it. Registration will close a week before the class date. Participants will receive a shopping list at that time and Zoom link a day before class. If you wish to enroll after registration has closed, please contact us.
Sec. 01: # sessions: 1 Day: M 6:00-8:00PM. Begins 10/5/2020. Online Course, $28.

Fear of Fish
Josephine Shields, Instructor
We hear it all the time, “Eat more fish.” That said, where do we begin? What do we buy? How do we choose it, prepare it, cook it, and get our families to like it? This class will address all of these questions, and leave you feeling excited about cooking fish at home. Our first class will be by Zoom. We’ll discuss what to look for when selecting fish, how to identify different kinds of fish, the differences between wild fish versus farmed fish, and why sustainable fishing is important. Your instructor will demonstrate preparing and cooking one selection. In the second class, we’ll arrange to meet in small numbers, wearing masks and maintaining physical distance at the New Deal Fish Market in Cambridge, where we will speak with the owner and learn first-hand what to look for when shopping for fish. Students are invited, but not required, to make their own purchase in the final class for cooking at home.

Sec. 01: # sessions: 2 Day: W 5:30-7:00PM. Begins 10/7/2020. Online and a fish market visit, $36.

COOKING & CUISINE

FOOD ALLERGIES
All participants will be emailed a shopping list a week prior to Zoom classes. If you have allergies or dietary restrictions, feel free to contact us so that we can ask about appropriate substitutions for you.

Please note: Our Life Skills courses are not intended to take the place of therapy or grief counseling. Please check with your own counselors and doctors before making any major decisions based on recommendations from our independent instructors.
**For the Crew**

Get cozy in the kitchen together or simply get inspired and learn something new to share with those you love. Join us via Zoom to prepare recipes that will nourish body and soul.

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**A Family Event: Bûche de Noël**

*Evelyn Schichner, Instructor*

You and your family will create the famous French Christmas dessert, the *Bûche de Noël*. The whole family can enjoy baking, filling, and frosting the cake into a log. And then the fun begins to create the edible decorations including meringue mushrooms, marzipan holly leaves, cranberry candies, and more. An opportunity for the whole family to create a holiday masterpiece—that tastes good too! Registration will close a week before the class date. Participants will receive a shopping list at that time and Zoom link a day before class. If you wish to enroll after registration has closed, please contact us.

**Sec. 01: # sessions: 1 Day: Sa 1:00-4:00PM. Begins 12/5/2020. Online Course, $45.**

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**Boost Your Family’s Immune System With Fire Cider**

*Kelly Cannon, Instructor*

As we all seek to stay healthy, join from your home kitchen to make Fire Cider together with others. We will discuss the history of Fire Cider as a folk remedy, what that means, and how the tradition has been passed on. As time allows, we will explore other traditional folk remedies for boosting the immune system. Registration for this class will close a week in advance. Participants will receive a shopping list at that time and Zoom link a day before class. If you would like to register after registration has closed, please contact us.

**Sec. 01: # sessions: 1 Day: W 7:00-8:30PM. Begins 10/14/2020. Online Course, $28.**

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**Italian Date Night**

*Diane Manteca, Instructor*

Many cooking shows and books will lead you to believe that you need advanced culinary training, plus hours in the kitchen, in order to prepare a delicious, homemade Italian meal. In this course, an Italian chef will teach you authentic recipes designed for the busy home cook. We’ll prepare an *antipasto*, pasta course, and *primi* course, and you’ll be ready to enjoy. Our menu will include: Fig & Gorgonzola Crostini, Pasta with Prosciutto, Peas and Parmesan, and Braised Chicken Puttanesca. Class includes demonstration and invites participation! Registration will close a week before the class date. Participants will receive a shopping list at that time and Zoom link a day before class. If you wish to enroll after registration has closed, please contact us.

**Sec. 01: # sessions: 1 Day: Sa 4:00-6:00PM. Begins 11/7/2020. Online Course, $36.**

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For more family-friendly food and fun, check out:

- **Kids in the Kitchen: Fall Fun**, page 7
- **Kids in the Kitchen: Sweet & Savory Snacks**, page 7
Indian Cooking at Home
Pallavi Mehta, Instructor
Gather to create everyone's favorite—appetizers! Samosa and pakora are quintessential appetizers of Indian cuisine. They are delightful bites that can be prepared in many ways. Come learn the easiest way of making them. Samosas are the triangular shaped deep fried delectable pastries filled with savory spicy mixture of meat or any vegetables. We'll be filling them with a tasty spicy mix of potatoes and peas cooked with onions, ginger and garlic and flavored with garam masala. Pakora or pakoda is another crispy deep fried snack served at tea time, ideally with Indian masala chai. These are made of chickpea flour, spinach and an important spice, namely carrom seeds. Registration will close a week before the class date. Participants will receive a shopping list at that time and Zoom link a day before class. If you wish to enroll after registration has closed, please contact us.

Sec. 01: # sessions: 1 Day: F 5:00-6:30PM. Begins 10/16/2020. Online Course, $28.

Simple Crab Rangoons
Ying Lin, Instructor
Crab Rangoons are a popular Chinese appetizer. Join this class from your home kitchen to learn how to make healthier versions of the favorite Crab Rangoon appetizer. In this class, our instructor will demonstrate and discuss the different methods of folding the designs used in Crab Rangoons as well as various cooking methods used to make them. We will also learn about how to pick the best ingredients and ideas on places to shop for supplies. Registration will close a week before the class date. Participants will receive a shopping list at that time and Zoom link a day before class. If you wish to enroll after registration has closed, please contact us.

Sec. 01: # sessions: 1 Day: Th 5:30-7:30PM. Begins 10/8/2020. Online Course, $28.

How to Make Traditional Chinese Ramen
Ying Lin, instructor
Ramen has many different variations. In this class, we will learn the history of Traditional Chinese Ramen and prepare to enjoy this nourishing dish at home. We will explore different types of noodles available for Ramen and learn how to make a simple soup base from basic ingredients. Our instructor will demonstrate different ways to cook the noodles and we will discuss many possibilities for toppings for Ramen. Registration will close a week before the class date. Participants will receive a shopping list at that time and Zoom link a day before class. If you wish to enroll after registration has closed, please contact us.


How to Make Wonton Soup
Ying Lin, Instructor
Wontons are a type of Chinese dumpling that can be prepared and served in many different ways. Join us to learn how to make wontons and wonton soup at home. In this class we will first cover how to make a simple vegetarian broth and a chicken broth. Next, we will prepare the ingredients for the wontons and explore ways to fold the Wonton designs. Our time together will allow for demonstration and trial at home of multiple different cooking methods and finally, we will discuss ways to store wontons. Registration will close a week before the class date. Participants will receive a shopping list at that time and Zoom link a day before class. If you wish to enroll after registration has closed, please contact us.

Sec. 01: # sessions: 1 Day: Th 5:30-8:30PM. Begins 12/3/2020. Online Course, $36.

Virtual Encounters: Giraffes at the Franklin Park Zoo
Franklin Park Zoo Staff
How can you resist a giraffe, with its big gentle eyes, fuzzy short horns, extravagant neck, and wonderful spots? This is your chance to learn all sorts of intriguing facts about this gentle-natured giant. A zoo specialist will be on hand to answer all of your questions while filling you in on the unique adaptations of the species, their social systems, reproduction and maternal care, and general giraffe behavior. We’ll compare how giraffes live in the wild versus their lives in zoos and discuss current thoughts on sustainable conservation programs. While we’re in session, we may also get the opportunity for a personal face-to-face (okay, face-to-knee) introduction.

This is a pay what you will class. Please register for the section that corresponds with your payment amount.

Sec. 01: # sessions: 1 Day: Sa 10:30-11:30AM. Begins 9/19/2020. Online Course, $50.
Sec. 02: # sessions: 1 Day: Sa 10:30-11:30AM. Begins 9/19/2020. Online Course, $42.
Sec. 03: # sessions: 1 Day: Sa 10:30-11:30AM. Begins 9/19/2020. Online Course, $36.

Virtual Encounters: Red Panda’s at Franklin Park Zoo
Franklin Park Zoo Staff
Get ready for cute! The red panda is a raccoon-like mammal that is furry and red with soft, dense fur. This coat covers its entire body, even the soles of its feet. It is also called firefox, bear-cat, lesser panda, first panda, and red cat-bear. Red pandas are bamboo eaters native to Asia’s high forests and are the only living member of their taxonomic family. Join us remotely to learn all about them, and hear how they live at the Franklin Park Zoo. Red pandas are an endangered species. You’ll also learn about conservation efforts that are in place for them in their natural range and also at the zoo.

Boston’s Old North End Jewish Walking Tour
Robin Dexter, Guide
From the late 1870s to the early 1920s Boston’s North End was home to a large community of Eastern European Jews, primarily situated in a triangular area of Hanover, Prince, and Endicott Streets. Concurrently, this oldest neighborhood in the city would house over a dozen synagogues. On this walk we will see places where people lived, worked, worshiped, attended Hebrew classes, and shopped. Salem Street or “Shalom Street” as the locals called it, was the center of Jewish life and was packed with Jewish owned groceries (greenies), kosher delis, butcher, cigar, tailor, and dressmaker shops. William Filene’s dry goods store and the Stop & Shop supermarket chain were located here as well as being the birthplace of art patron Bernard Berenson among others. In this busy neighborhood we shall see street signs and buildings that bear witness to this time gone by.

Sec. 01: # sessions: 1 Day: Su 11:00AM-12:30PM. Begins 12/6/2020. Meet on the corner of Congress Street and Hanover Street, by The New England Holocaust Memorial, Boston, $24.

Brookline’s Secret Stairways and Paths: A Walking Tour
Kenneth Dumas, Guide
During the late 19th century, a network of pedestrian paths and walks was constructed to facilitate the passage of citizens up and down Corey and Aspinwall Hills to the new Beacon Street Boulevard streetcar line. Beacon Street, widened in 1887 according to plans drawn up by Frederick Law Olmsted, afforded such easy access to Boston that mansions were built for wealthy families abutting the stylish street. On this walking tour of the paths, we will cover all the stairs and terraces that comprise the great circuit of pedestrian walks, from Summit Path all the way to Beaconfield Path ending at the MBTA Beaconfield station. The history of the paths, the architecture around them, and the story of the lost paths will be recounted. This is a long, strenuous walk that covers several miles of mostly stairs, but those who join may drop out at any point along the way and hop onto the Green Line to return home.

Sec. 01: # sessions: 1 Day: Su 10:30AM-12:30PM. Begins 10/18/2020. Meet at the intersection of Washington and Beacon Streets near the outbound T stop, Brookline, $24.

Financial District-Downtown Walking Tour
Jim O’Connell, Guide
Explore the layers of development in Boston’s historic core, including the colonial port, a prestigious early 19th-century residential neighborhood, the area scorched over by the 1872 Boston Fire, the early 20th-century office district, and the modernistic skyline of today. Walk State Street (Boston’s original business street, stretching into the harbor), Broad Street (laid out by Charles Bullfinch), Rose Kennedy Greenway, Street (early 20th-century office buildings), Post Office Square (handsome 1950 park), and Washington Street. The walk will focus on the evolution of the city’s commercial architecture.

Sec. 01: # sessions: 1 Day: Su 1:00-3:00PM. Begins 10/25/2020. Meet in front of the Old State House at the corner of State Street and Devonshire Street (State Orange Line Station), Boston, $24.

Please note: Some tours are online, but most are in person. During in-person tours, every participant must wear a face mask and keep proper physical distance from the other attendees.
Walking Tour of Roxbury's Mount Pleasant  
Stephen Jerome, Guide  
Placed on the National Register of Historic Places in 1983, Roxbury's Moreland Street Historic District (also known as Mount Pleasant) is significant for its distinguished architecture. The area is known for its styles and residential building types prevailing in the Boston area from 1840 to the 1920s, for the evolution of its urban/suburban plan, as an important example of Boston's "streetcar suburb" development, and for its associations, including General Joseph Warren, Admiral John A. Winslow, a Civil War hero, authors Hamlin Garland and Epes Sargent and Mayor James Michael Curley. The tour will also highlight educational, charitable, and religious sites, including the former site of Roxbury Latin School, Roxbury's oldest public school, and the Carmelite Monastery.  

History and Rural Beauty: Walnut Hills Cemetery Tour  
Brookline's Walnut Hills Cemetery, with its rolling hills, native greenery, and historic markers, is a unique and well-preserved example of the American garden cemetery. Founded in 1875, it embodies the socio-cultural, democratic, and religious themes of the 19th century, and serves as an eternal document to the changing attitudes towards death and burial from that time to ours. Join us for a guided tour of Walnut Hills as we examine the monument styles and funerary arts of the various eras that are represented, as well as the rolling topography and lovely horticulture in this serene and beautiful public space. Our tour will visit the final resting places of notable town residents, including Henry Hobson Richardson, famed architect of Trinity Church; Olive Higgins Prouty, author of Stella Dallas; Charles Sprague Sargent, first director of the Arnold Arboretum; and the Cabots, the Lowells, and many others.  
Sec. 01: # sessions: 1 Day: Su 1:30-3:30PM. Begins 11/8/2020. Meet at the Grove Street entrance of Walnut Hill Cemetery, Brookline, $24.

Well-Being & Yoga

NEW! Reproductive Health and The Black Woman  
Nneka Hall, Instructor  
Join a Black woman, pregnancy & infant loss advocate, doula, and mother to explore America's crisis in Black maternal health. This class is designed for those seeking a deeper understanding of the ways racism impacts health outcomes, those who seek to become advocates for social change, and those who hope to serve as allies. We will meet via Zoom.  
Sec. 01: # sessions: 6 Day: Th 7:30-8:30PM. Begins 10/15/2020. Online Course, $84.

Introduction to Meditation—Cultivating Peace, Compassion, and Gratitude  
Donna Rubenoff, Instructor  
Have you ever wanted to learn how to meditate, or would you like to strengthen your existing practice? Well, now is your time! We are living in a period of uncertainty. Perhaps you are feeling a whole range of emotions such as fear, grief and/or loneliness. You might also notice the arising of compassion for those who are suffering. If you feel the need to calm your mind and body, connect with others, and have a yearning to feel better, healthier and happier, then give yourself the gift of meditation. In this 4-week course you will learn methods to help build concentration, awareness and be with whatever arises. Come and join other like-minded people to share in the joy of online group meditation. This course is suitable for those who have never meditated before as well as experienced practitioners.  
Sec. 01: # sessions: 4 Day: M 4:00-5:00PM. Begins 10/5/2020. Online Course, $44.

Walking Meditation at Home  
Donna Rubenoff, Instructor  
Walking meditation is an easy way to improve our physical, mental, and spiritual well-being. At times of strong emotions or stress, walking meditation may be more relaxing than sitting, and it can be practiced anywhere, especially while we are at home. It’s a way to strengthen our concentration, and to appreciate the beauty of our bodies in motion. Zen Master Thich Nhat Hanh teaches us to walk with “nowhere to go, and nothing to do” so that we feel free. Join us via Zoom for an introduction, practice, and discussion.  
Sec. 01: # sessions: 1 Day: Th 4:00-5:00PM. Begins 10/8/2020. Online Course, $15.

Mindfulness in Movement: Relieve Tension and Pain with the Alexander Technique  
Clara Sandler, Instructor  
Dealing with unexpected changes and facing the unknown can be stressful. Our emotions run high and our patience runs low at times. As a result, we may say and do things we regret later. Communication becomes difficult when we are overwhelmed with real worries and concerns. It is challenging to give the amount of attention needed to nurture personal relationships. Through group exercises and discussion, this workshop will provide practices that can help you feel more in control in a situation that seems out-of-control. We will discuss how to take care of our own needs while providing support for others, and learn a simple way to feel calm and grounded. Don’t let stress drain your energy, weigh you down, or get in your way.  
Sec. 01: # sessions: 1 Day: M 7:00-9:00PM. Begins 11/16/2020. Online Course, $36.
**Yoga with a Strap**

Heather La Force, Instructor

Practicing yoga while using a strap allows you to relax into a pose. In this class, we'll combine the classical elements of yoga connecting breath and movement, attention to alignment, creative sequencing, and building core strength and flexibility, while incorporating the use of a yoga strap. A strap enables you to access yoga poses without unnecessary struggle, freeing the body from working on too many things at once, and letting the mind come to a calm focus. Straps also allow all practitioners to create a deeper expression of each posture, but are especially beneficial if you have tense muscles or are recovering from an injury. Straps can be used at all levels of experience, from beginner to advanced. Please have a yoga mat, two blocks, and a strap as well as a view of your computer screen from your mat.

Sec. 01: # sessions: 8 Day: W 6:00-7:15PM. Begins 10/7/2020. Online Course, $120

**Yoga for Relaxation**

Ines Hudson, Gina Morelli, Instructors

If you are interested in clearing your head and grounding yourself in the present moment, this yoga class offers an excellent calming experience. Through meditation and gentle yoga practices we will focus on re-centering your body, mind, and spirit. Slow and gentle poses will help your body begin to relax, and breathing practices will calm your nervous system. Extended and guided deep relaxation will return your mind to its place of peace. Open to all levels. Please bring a yoga mat, two blocks, and one or more blankets, a bolster/cushion is not required, but might be helpful.

Sec. 01: # sessions: 8 Day: M 10:15-11:30AM. Begins 10/5/2020. Online Course, $120 Hudson

Sec. 02: # sessions: 9 Day: Tu 6:00-7:15PM. Begins 10/6/2020. Online Course, $130 Morelli

**Morning Tai Chi**

Vincent Chu, Instructor

Start your day with new energy and inner calm with the practice of one of the original ancient Chinese martial arts, tai chi. The slowness and evenness of continuous movement, based on ancient philosophy, makes this an ideal form of exercise for men and women of all ages and abilities. You'll increase your strength and resilience, promote cardiovascular and respiratory endurance, improve coordination and balance, and build confidence. We'll practice a series of movements in the yang style, today's most popular form. Please wear soft, flat-bottomed shoes.

Appropriate physical distance and face masks required. All sections meet at Baldwin School field (near tennis court), 490 Heath Street, Brookline.

Sec. 01 (Tuesdays): # sessions: 6 Day: Tu, 8:30-9:15AM. Begins 10/6/2020. $60.

Sec. 02 (Thursdays): # sessions: 6 Day: Th, 8:30-9:15AM. Begins 10/8/2020. $60.

Sec. 03 (Both Days): # sessions: 12 Day: Tu, Th 8:30-9:15AM. Begins 10/6/2020. $104.

**Yoga for Older Adults**

Steffi Shapiro, Ines Hudson, Instructors

Yoga is an ancient system of gentle exercise and breathing techniques that enhance physical well-being. Yoga is well suited to older people because it combines safe, gentle, invigorating stretching exercises with relaxation and introspection, all in a non-competitive atmosphere. Our exercises will consist of gentle stretches and simple movements, which release tension from the neck, shoulders, back, and other areas of the body. Most exercises can be done in a chair or in a comfortable standing position. **Section 01** is taught in a chair; mat students are welcome. **Section 02** is taught on the floor. Please have a yoga mat. Seniors only; discount does not apply.

Sec. 01 (Chair Class): # sessions: 8 Day: Tu 2:00-3:00PM. Begins 10/6/2020. Online Course. $70 Shapiro

Sec. 02 (Floor Class): # sessions: 8 Day: Tu 3:00-4:00PM. Begins 10/6/2020. Online Course. $70 Hudson

**Bellydancing for Beginners**

Shadia, Instructor

Bellydancing is one of the oldest dance forms based on traditional women's dances from the Middle East. In this Beginner class, students will learn the basic movements and set them to music, adding complexity to the dance each week. We will focus on the Roots of Belly Dance which is rooted in the traditional solo dance of Middle Eastern women that was and still is danced in social settings. Wear loose clothing or leggings and socks or dance slippers, and we will dance together from our homes, using Zoom.

Sec. 01: # sessions: 4 Day: M 7:00-8:00PM. Begins 10/19/2020. Online Course, $64.

**Bellydancing Beyond Beginners**

Shadia, Instructor

Bellydancing is one of the oldest dance forms based on traditional women's dances from the Middle East. This class is for those who have some bellydancing experience and want to hone their skills. We will focus on the Roots of Belly Dance which is rooted in the traditional solo dance of Middle Eastern women that was and still is danced in social settings. Wear loose clothing or leggings and socks or dance slippers, and if possible, have a chiffon veil (three yards) available. We will dance together from our homes, using Zoom.

Sec. 02 # sessions: 4 Day: M 7:00-8:00PM. Begins 11/16/2020. Online Course, $64.

**West Coast Swing**

Nancy Murphy, Instructor

West Coast Swing is a slinky partner dance derived from the Lindy Hop, and is slower than its East Coast brethren. This dance is recognizable by its slotted shape and focus on connection between partners, and can be danced to a varied range of music from blues and country swing, to soul and pop, making it probably the most versatile of couples dance forms. In our sessions, you and your partner will learn fancy footwork such as spins, dips, drops, quick turns, and partnering skills. Please note: this course is designed for couples. We will meet using Zoom.

**Club Latin: Salsa, Merengue, and Bachata**  
*Nancy Murphy, Instructor*  
Even at home, you can dance the night away to sultry Latin rhythms. Here’s your chance to learn three of the hippest partner dances, Salsa, Merengue, and Bachata. We’ll learn the fundamental elements of each dance, so you can step out on the dance floor. You and your partner will learn basic rhythm and style, partnering skills, and common dance figures. You’ll learn correct techniques such as Latin hip action and how to lead and follow so you can dance with style and confidence. Please note: this course is designed for partners.  
Sec. 01: # sessions: 8 Day: Th 7:45-8:45PM. Begins 10/8/2020. Online Course, $65.

**In My Room Pilates**  
*Jennifer Lin Lloyd, Instructor*  
Pilates is a system of movement that works the abdominal muscles, and in the process, the entire body. Movement is precise, and at the same time, flowing. Muscles are toned and stretched, leading to improved strength, stamina, posture, and flexibility. Pilates seeks to unite mind and body through breath, concentration, and control of movement. Physical fitness and a sense of well-being are equally important in this class. Ballet- and yoga-inspired moves and stretches will be included as well. Open to all levels. Please have available a cushioned exercise mat.  

**Senior Fitness From Home**  
*Steve Shain, Instructor*  
Co-sponsored by the Council on Aging  
This class is for those who want to stretch out gently and safely and work on maintaining strength and balance. We’ll work on rhythmic movement using hand weights in a sitting position. You will learn stretches and flexibility exercises to help make everyday movements smooth and comfortable. Going at your own pace, you will improve your range of motion, balance, and stamina. Please have available a set (2) of one-, two-, or three-pound hand weights for class. Seniors only; discount does not apply.  
Sec. 01: # sessions: 16 Day: M, W 8:30-9:30AM. Begins 10/7/2020. Online Course, $92.

**Bootcamp for Seniors: Balance and Strength Training**  
*Steve Shain, Instructor*  
Co-sponsored by the Council on Aging  
Leading an active lifestyle is more important than ever. Regular exercise is not only good for your body, it’s also good for your mind, mood, and memory. This bootcamp class incorporates the best of balance and strength training. Our focus will be on exercises that build on our strength, endurance, mobility, and flexibility. Please bring a set (2) of two- to three-pound hand weights for class. Seniors only; discount does not apply.  
Sec. 01: # sessions: 8 Day: F 1:00-2:00PM. Begins 10/9/2020. Online Course, $65.

**Homes & Hobbies**

**Boost Your Family’s Immune System With Fire Cider**  
*Kelly Cannon, Instructor*  
As we all seek to stay healthy, join from your home kitchen to make Fire Cider together with others. We will discuss the history of Fire Cider as a folk remedy, what that means, and how the tradition has been passed on. As time allows, we will explore other traditional folk remedies for boosting the immune system. Registration for this class will close a week in advance. Participants will receive a shopping list at that time and Zoom link a day before class. If you would like to register after registration has closed, please contact us!  
Sec. 01: # sessions: 1 Day: W 7:00-8:30PM. Begins 10/14/2020. Online Course, $28.
DIY Home Projects at Home
Joseph Collier, Instructor
Join an experienced contractor to get personalized advice for your at-home projects. Gather with others working on personal projects and learn about best practices and trade secrets that you can apply in your basement, bathroom, kitchen, and beyond. Frustrated while refinishing furniture? Confused with carpentry conundrums? Connect with others from your community and get support for your project. Drop in for one session or all!

Sec. 01: # sessions: 1 Day: M 6:30-8:00PM. Begins 10/5/2020. Online Course, $28.
Sec. 02: # sessions: 1 Day: M 6:30-8:00PM. Begins 10/19/2020. Online Course, $28.
Sec. 03: # sessions: 1 Day: M 6:30-8:00PM. Begins 11/2/2020. Online Course, $28.
Sec. 04: # sessions: 1 Day: M 6:30-8:00PM. Begins 11/16/2020. Online Course, $28.

DIY Herbal Holiday Gifts
Kelly Cannon, Instructor
It is always a great time to make stress-free gifts from everyday materials. Join other folks to make simple holiday gifts at home. Participants will receive a shopping list a week in advance to prepare to get crafty. Together we will make and package a sugar or salt scrub and herbal infused oil or vinegar. You will leave with other ideas for easy-to-make items and you might just be inspired to keep creating! Registration for this class will close a week in advance. If you would like to register after registration has closed, please contact us.

Sec. 01: # sessions: 1 Day: W 7:00-8:30PM. Begins 12/2/2020. Online Course, $28.

Flower Arranging Workshops
Cass School Floral Design Staff
To maintain distancing requirements, registration for this three-session workshop will be closed one week prior to the first meeting. Masks will be required. Enjoy a beautiful experience learning how to create fresh flower arrangements. We will learn different styles of fresh flower arrangements and touch upon the relevant elements and principles of floral design. You will also learn how to care for flowers to achieve long lasting freshness. This is a hands-on class, where you will learn professional techniques for designing simple arrangements that you can then replicate at home. At the end of each session, you will leave with a stylish arrangement to take home to enjoy or give as a gift. Discounts or waivers do not apply.

Appropriate physical distance and face masks required.

Sec. 01: # sessions: 3 Day: M 6:30-8:00PM. Begins 10/5/2020. Meet at 531 Mt. Auburn Street, Watertown, MA 02472, $140.

Everything You Wanted to Know About Auto Repair But Were Too Afraid to Ask
Bruce Gerry, Instructor
While technology has eliminated the standard ‘tune-up’ of days past, we still must be aware of some signs of trouble and act to prevent minor problems from becoming major, expensive repairs. Join an experienced mechanic and instructor who can make all things automotive both fun and comprehensible. We’ll cover basic maintenance and troubleshooting of the ignition, charging, cooling, fluids, electrical, brakes, and exhaust systems and also discuss common problems encountered with any vehicle. You will leave this class better able to diagnose problems, perform basic maintenance, and deal competently and knowledgeably with local mechanics. Please note: This is a lecture and demonstration class; no tools involved. For this session, we’ll gather from our homes using Zoom.

Sec. 01: # sessions: 3 Day: M 6:00-8:00PM. Begins 10/19/2020. Online Course, $75.

Beginning Drawing
Bil Thibodeau, Instructor
Drawing is the building block for all forms of visual expression. In this course, you will build basic drawing skills by learning the use of line, shape, negative space, composition, proportion, and perspective. Observing the way light falls on objects, you will practice shading to create a form in your contour drawings. Our goal is to help you improve technique, heighten visual awareness, and develop personal expression through individual attention and group discussions. A supply list will be emailed upon registration.

Sec. 01: # sessions: 8 Day: Tu 6:00-8:00PM. Begins 10/6/2020. Online Course, $144.

Life Drawing: Focusing on Features
Juliet Lockwood, Instructor
Drawing the human face is a frequent subject for artists of all levels. We’ll explore new ideas, media, and technique to develop an understanding of basic facial structure, and then construct portraits using this knowledge. We’ll practice drawing males and females, young and old, eyes, noses, and hair. You’ll learn a bit about perspective, and proportion. We’ll use charcoal and pencil as our medium.

Sec. 01: # sessions: 8 Day: W 9:30AM-12:00PM. Begins 10/7/2020. Online Course, $160.

Perspective
Oana Lauric, Instructor
By studying perspective drawing, you can learn the basic concepts that will allow you to accurately and realistically represent the environment around you. In this class, you will learn the primary concepts behind perspective drawing, such as vanishing points, horizon line, eye level, and relative size. We will layer those basic skills with more universal concepts of light, value, texture, rhythm, and color, so you can begin to develop your drawings into renderings that will have an added sense of atmosphere and mood. A supply list will be emailed upon registration.

Sec. 01: # sessions: 6 Day: F 10:30AM-12:00PM. Begins 10/9/2020. Online Course, $117.
**Sketching People**  
**Oana Lauric, Instructor**

Drawing people can be rewarding on its own, and it can also bring your different settings to life. In this class, light-hearted instruction will expose you to new ideas, attitudes and skills to take your people sketching to the next level and how to integrate them within your other creations. By exploring the basics of human shapes, proportions and features, we'll help you learn to depict the essence of poses and stance, clothing and accessories, movement and emotion. Working from photographs and models, and using charcoal/graphite and pastels as our medium, you will learn skills that you can apply time and again as you draw on your own. A supply list will be emailed upon registration.

Sec. 01: # sessions: 8 Day: W 7:30-9:30PM. Begins 10/7/2020. Online Course, $144.

**Cityscapes**  
**Oana Lauric, Instructor**

Improve your skill and confidence as you explore how to depict the urban landscape in various colorful and vibrant ways. You will learn how to map out a city scene using pencil, colored pastels, and paint. From photos, art books, demonstrations and exercises we'll learn about building geometry, placing overlapping objects on a canvas, and scale. As the class progresses, we'll focus on perspective, light, reflections, and color. Homework assignments will give you a chance of working in the field and a chance to work toward a finished piece. A supply list will be emailed upon registration.

Sec. 01: # sessions: 8 Day: Th 7:00-9:00PM. Begins 10/9/2020. Online Course, $144.

**Developing Your Skill in Watercolor Painting**  
**Juliet Lockwood, Instructor**

Watercolor can be an immensely satisfying medium to work with, but taking control of the paint is not always an easy task. In this class, for those who have some experience with watercolor, we will focus on technique by intertwining sketching, drawing, and painting exercises in order to teach you how each skill can help inform and improve the others. In lessons that build sequentially, you will learn to sketch out a composition that includes value and lighting, and then how to transform your sketches into colorful, full, and vibrant paintings using specific watercolor techniques. The aim of this class is to help you refine your technique to a point where your paintings reflect, among other attributes, confidence and satisfaction. A supply list will be emailed upon registration.

Sec. 01: # sessions: 8 Day: Th 2:30-5:00PM. Begins 10/8/2020. Online Course, $160.

**Introduction to Watercolor**  
**Erin Farley, Instructor**

Watercolor is one of the most pleasurable and satisfying media employed by both beginning and experienced artists. The soft transparent colors and textures lend themselves to a variety of subjects and techniques, and yield paintings that reflect the unique spontaneity and creativity of each individual artist. In this class, we will concentrate on representational methods in an effort to pursue new avenues of creativity. For our class, make sure you have plenty of water for painting, watercolor paper (good -student grade is fine- watercolor paper is important), brushes, paper towels, a pencil, eraser, brushes, masking or painter's tape, watercolor paint, a clean spray bottle, and a non-absorbent palette for mixing colors. Access to materials like saran wrap, salt, plastic cutlery, and/or old kitchen sponges are great for optional texture explorations and highly encouraged.

Sec. 02: # sessions: 8 Day: Tu 6:30-8:30PM. Begins 10/6/2020. Online Course, $144.

**Painting Explorations: Expressionism**  
**Juliet Lockwood, Instructor**

This course introduces the idea of “voice” in your artwork. Using some drawing skills, but mostly painting techniques, learn how De Kooning, Hockney, Bartlett, Thiebaud, Bloom, Hartley, and others from all over art history have expressed their emotional reaction to their subject and their materials. We’ll use acrylics in our medium to create contrast, depth, and feeling, and basic drawing skills as you learn how to apply ink in many different ways to achieve expressiveness. Using a variety of tools and mediums, capable of both precision and soft transparent colors and textures lend techniques, we will focus on learning to create a desired result. You’ll also develop your basic drawing skills as you learn how to create contrast, depth, and feeling, and how different forms of mark-making and compositional choices affect our art. We’ll look at ink drawing in the context of both fine art and illustration. Please have pencils, pens, inks, and brushes. A supply list will be emailed upon registration.

Sec. 01: # sessions: 8 Day: W 6:00-8:30PM. Begins 10/7/2020. Online Course, $160.

Sec. 02: # sessions: 1 Day: Sa 10:00AM-12:30PM. Begins 12/5/2020. Online Course, $43.

**Acrylic Painting**  
**Bil Thibodeau, Instructor**

Acrylic paint, the chosen medium for many amateur and professional artists, is versatile, non-toxic, easy to clean, and offers brilliant color. This course provides an introduction to the skills and practice of acrylic painting, including paint thinning, surface preparation, and paint application techniques. We will also concentrate on general painting skills such as composition and color mixing. Students will be encouraged to pursue their own choices in subject matter and style. Artists of all levels welcome. A supply list will be emailed upon registration.

Sec. 01: # sessions: 8 Day: M 6:00-8:00PM. Begins 10/5/2020. Online Course, $144.

**The Art of Collage**  
**Heather La Force, Instructor**

Explore the world of layered artwork. With the intention of creating collages that are more than arbitrary arrangements, you will learn to weave commentary, imagery, and whimsy into a well-designed illustration. In this course for artists of all levels, you’ll create a collection of collages that utilize paper, paint, colored pencils, and inks. Through weekly prompts and class socials, you’ll learn to look at your art more deeply, and extend yourself to explore materials and techniques you may not have tried before. The opportunity to include personal objects and photos is encouraged. A supply list will be emailed upon registration.

Sec. 01: # sessions: 6 Day: M 6:30-9:00PM. Begins 10/19/2020. Online Course, $140.
Photography: Taking Better Pictures
Raul Melendez, Instructor

Why are some photographs, despite being in focus, well-exposed, and properly framed, still not interesting? There are many steps and subtle elements involved in producing a visually pleasing image. In **Section 01**, we’ll cover Camera Settings. Learn how to control your camera to manipulate shutter speed, f-stops, focal length and depth of field, and discover the many types of lenses and filters, and their uses and effects. The menu functions of digital cameras will also be explored. In **Section 02**, we’ll focus on composing the subject matter, the framing of an image, use of light and shadow, and appropriate treatment of portraits, landscapes, or action photos are some of the picture-taking choices to be considered. Don’t just take a picture; learn how to create a photograph. Photographers of all levels are welcome. Please bring a film or digital camera to all meetings.

**Sec. 01 (Camera Settings): # sessions: 5 Day: Sa 3:00-5:00PM. Begins 10/10/2020. Online Course, $120.**

**Sec. 02 (Composition): # sessions: 3 Day: Sa 3:00-5:00PM. Begins 11/14/2020. Online Course, $84.**

Analog Photography Online
Josephine Shields, Instructor

Analog Photography is experiencing a renaissance. Polaroid film is being produced again and there are many different negative films, both black and white and color, that are now available. In this class, we will concentrate on processing black and white film. We will present diverse developing methods, chemistry and some of the unique requirements for different film sizes; 35mm, 120 and sheet film. We will also address processing and exposure problems that occur with B+W negatives. And there will be opportunities for students to ask specific questions involved with troubleshooting their own work. This class will be both a refresher for seasoned photographers and an introductory class for those curious about Analog Photography and the satisfaction of developing film. There will be a list of basic developing items emailed in advance of class. This package will be available online through B+H Photo and Hunt’s.

**Sec. 01: # sessions: 3 Day: Th 6:30-8:30PM. Begins 10/8/2020. Online Course, $75.**

NEW! Smartphone Photography: Technology to Art
Nancy Katz, Instructor

These days smartphones have cameras that you can be proud to make and share photographs with. In this class we’ll talk about focus, exposure, composition and image editing, and show you how to use your phone’s camera options to your best advantage. We will review techniques that the pros use, including rule of thirds, diagonal lines, shooting from a low angle and more. We will hone our skills by using each class to study different things: reflections, close ups, portraits and even black and white. Using your smartphone editing tools and a free editing app, Snapseed, we will cover skills and tips that you’ll be able to use with all the photographs you take. Please come with a general knowledge of how to use your camera. In this class we’ll spend our time in and out of the classroom, learning to see like a photographer and applying editing tools that will enhance the beauty of all your images. A tripod would be helpful, but is not required.

**Sec. 01: # sessions: 4 Day: Sa 10:00-11:30AM. Begins 10/10/2020. Online Course, $104.**

Crafts & Skills

Sewing From a Pattern
Andrea Zax, Instructor

Choose a pattern that you like (if you are a beginner look for one marked EASY on the packaging), buy the materials you’ll need, and gather up your sewing supplies. In this class, for people with a beginning knowledge of sewing, we will walk you through the creation of the garment of your choice. With an experienced instructor available, you’ll learn the basics of measuring yourself to get the right size pattern, how to adjust pattern to fit you, laying out the pattern pieces and pinning to fabric and cutting out your fabric. Then we will move on to sewing the pieces together, how to put in a zipper if called for, hemming, and adding finishing touches. Please have a sewing machine (and manual if you have one), a pattern, washed fabric, thread to match and basic sewing supplies including pins (I recommend 1 5/8" long pins), fabric scissors, hand needles, a seam ripper, and measuring tape.

**Sec. 01: # sessions: 3 Day: Sa 10:00-12:00AM. Begins 10/10/2020. Online Course, $120.**

Get To Know Your Sewing Machine
Andrea Zax, Instructor

Do you have a sewing machine that you would like to become better acquainted with? Bring your sewing machine with you to this one-day class and learn how to thread needles and bobbins, explore stitch settings, receive a basic introduction to material and thread choices, and learn how to use the “free arm” on your sewing machine, if it has one. If time allows, we’ll also discuss a variety of presser feet included with sewing machines, special tension and needle settings, and other options such as sewing a buttonhole. We’ll discuss common sewing snags, and show you how best to unravel them. Please bring your sewing machine and manual (if you have one), fabric, thread, and scissors to class.

**Sec. 01: # sessions: 1 Day: Sa 10:00AM-12:30PM. Begins 10/3/2020. Online Course, $45.**
FALL 2020
Our Fall term officially begins on Monday, October 5, 2020.

HOLIDAYS
Classes will not be in session on the following dates this fall. All missed classes will be made up at the end of the term.

- Monday, September 7, 2020 (Labor Day)
- Monday, September 28, 2020 (Yom Kippur)
- Monday, October 12, 2020 (Indigenous People’s Day)
- Wednesday, November 11, 2020 (Veteran’s Day)
- Wednesday Evening-Saturday, November 25-28, 2020 (Thanksgiving)

OUR HOURS
490 Heath Street, Chestnut Hill: Our administrative office is open from 8:30 am-4:30 pm, Monday through Friday.

Please note: As we are working mostly remotely, please call in advance before coming to our office. Our hours may also change during special holidays and school vacations.

REGISTRATION FEE
A $8 registration fee is charged once per person, per semester. This fee helps fund scholarships so that all can participate.

WEBSITE LOG-IN
Our registration system requires that you create a log-in if you are registering online (brooklineadulted.org).

REGISTER EARLY!
We recommend students register at least one week before classes begin. Classes with low enrollment risk cancellation. Registering early gives the best chance of your class running.

HOW TO REGISTER
- Register online 24 hours a day at www.brooklineadulted.org.
- Call us at 617-730-2700. Our staff will be happy to complete your registration over the phone using MasterCard, VISA, or Discover Card.
- Email us at bacep@psbma.org with your registration information. Never email credit card information. Please include your phone number and we will follow up by phone.

SPECIAL EVENTS AND LECTURES
Discounts or waivers do not apply to Special Events or to Evening Lectures.

PROGRAM CHANGES
The program reserves the right to cancel classes that are under-enrolled, to change dates, times, and locations when necessary, and to substitute instructors. We will contact you with all cancellations and changes to course dates, times, and locations. Please note: when a class meeting needs to be rescheduled, the missed class will be made up at the end of the term.

MEETING LINKS AND SUPPLIES
Meeting links will be sent out at least a day before the course begins. Supply lists for art courses will be included in your receipt. Shopping lists for cooking classes will be emailed a week prior to the start date. Students are responsible for making sure they get the meeting link and all needed supplies before the start of class. If you are unsure about your supplies or have not received the link, feel free to contact us.

ONE PERSON PER REGISTRATION
Your registration is an online class just for you unless it is specifically noted otherwise. If more than one person wants to attend the same class on the same computer, please feel free to register together.

TECHNOLOGICAL ISSUES FOR ONLINE CLASSES
Students are responsible for confirming beforehand that the meeting platform (in most cases Zoom) is downloaded and works on their computer, and that the microphone and speakers are also functioning properly. There are no refunds for last-minute technical difficulties or late arrivals. Please consult our website (brooklineadulted.org) for a helpful page: “Information about Taking Courses Online.”

SCHOLARSHIP AND DISCOUNTS

- All School and Town of Brookline Employees that are benefit eligible may receive a 20 percent discount on course fees (excluding material, food fees, and contracted courses).
- Partial tuition-remission is available for those in need of scholarship assistance. Disabled veterans, persons on Social Security Disability (SSDI), or receiving AFDC receive a 25 percent discount on course fees upon presenting a letter of verification or veterans’ identification. Please call 617-730-2700 for more information. Please note: completed scholarship forms are due one week in advance of the course start date.
- Persons over 65 receive a 25 percent discount on courses except where indicated. This discount does not apply to students being registered by a senior, to lectures or special events, or to courses marked “senior discount does not apply,” or to food, wine, material, studio, and shop fees, or to contracted courses. However, students ages 60 years of age or older are eligible to enroll in senior-only classes.
- If you are a current BA&CE student, bring a friend with you when you register for a class and you will receive 10 percent off your course tuition. You must be listed in our database to be considered a current student. Your friend must be new to BA&CE, and registrations must be concurrent for you to receive a discount. The discount must be used in the current term, is not transferable, and cannot be combined with other discounts, waivers, or scholarships.
- BA&CE Instructors receive a credit of $150 toward courses you may wish to take during the term in which you are teaching or the one right after. This credit is non-cumulative, but it may be transferred to a member of your immediate family. It does not apply to courses contracted with outside organizations, or to food or materials fees. Credits cannot be combined with any other discount, scholarship, or special offer.
COURSE ADMISSION & CONFIRMATIONS
BA&CE courses are open to participants 16 years of age and older, unless the course is especially for children. You are officially enrolled and your name is placed upon the class roster as soon as we receive your registration form and payment. A confirmation will be emailed, provided we have a valid email address.

ACCESSIBILITY
The Town of Brookline does not discriminate on the basis of disability. If you are a person with a disability or special needs, please let us know in advance so that we can arrange to make your visit as convenient and comfortable as possible. Upon notice, we will provide reasonable modifications for qualified individuals with disabilities. Please contact us, at least two weeks before the start of your course, at 617-730-2700 or email us at bacep@psbma.org

WAITLIST
All classes are limited. If the class you wish to register for is filled, you will be placed on a waitlist. Our office will contact you if space becomes available. Please note: you are not officially enrolled if you are still on a waitlist.

REFUNDS, CREDITS AND TRANSFERS

BEFORE THE START OF CLASS
We will refund your full tuition, or issue you a course credit:

► 1. In the event that your course is canceled due to low enrollment.

► 2. If you withdraw from a class at least three (3) business days (Monday-Friday) in advance of starting time, you may request a refund, minus a $10 processing fee. If you elect to receive a course credit, the $10 processing fee will be waived. The $6 registration fee is non-refundable, unless we cancel due to low enrollment.

► 3. Food and Wine Classes: In order to receive a refund or a credit for a food or wine course or a food or wine fee we must have at least five (5) business days (Monday-Friday) notice in advance of the starting time of the class. No refunds or credits are given after this time.

► 4. Special events and lectures are non-refundable.

► 5. If you pre-register for drop in sessions, tuition can only be refunded with 24-hours notice before the class start time.

► 6. No refunds or credits are given for changes to locations or instructors. Refunds will not be given for rescheduled one-session classes, but credits to apply to future classes may be requested.

► 7. Refunds will not be given in cash. Credit card refunds will be processed within five to seven business days. Refunds issued by check will be processed within two to four weeks.

COURSE CREDIT
If you choose to withdraw from a class at least three (3) business days (Monday-Friday) in advance of the start date, you may elect to receive a full credit. If you choose to withdraw from a food and wine course at least (5) business days (Monday-Friday) in advance of the start date, you may elect to receive a full credit. After this time, no credits are given, but you may transfer to another course during the term (please see transfer policy below).

Please note: credits expire after one (1) calendar year and are non-refundable.

TRANSFERS

► 1. You may transfer to any other class offered during the term prior to the second meeting of the class you are dropping, provided that there is space available in the class you wish to transfer to. This excludes transfer from one food or wine class to another. No refunds are given for price differences, but any additional amount can be applied to another course in the same term.

► 2. We regret that no transfers can be granted after the second session of your class.

PRIVATE LESSONS:
After private lessons have been scheduled, no refunds or credits are given. If you need to cancel or reschedule a private session, we must have at least 24 hours notice (Monday-Friday). Without 24 hours notice, this missed session will be forfeited. Discounts, waivers, credits, or transfers do not apply to private lessons.

Note: All refunds, credits, or transfers must be made in person or by phone (617-730-2700) during regular business hours. Requests made outside of these hours, including during weekends and on holidays, will not be considered.
Aunt Chloe's Politics

Of course, I don't know very much
About these politics,
But I think that some who run 'em
Do mighty ugly tricks.

I've seen 'em honey-fugle round,
And talk so awful sweet,
That you'd think them full of kindness,
As an egg is full of meat.

Now I don't believe in looking
Honest people in the face,
And saying when you're doing wrong,
That "I haven't sold my race."

When we want to school our children,
If the money isn't there,
Whether black or white have took it,
The loss we all must share.

And this buying up each other
Is something worse than mean,
Though I thinks a heap of voting,
I go for voting clean.

–Frances Ellen Watkins Harper
1825-1911

Frances Ellen Watkins Harper was born on September 24, 1825, in Baltimore, Maryland. She was a prominent abolitionist and temperance and women's suffrage activist, as well as a poet. She authored numerous books, including the poetry collections Forest Leaves (1845) and Poems on Miscellaneous Subjects (1854). She worked at Union Seminary in Ohio, and died on February 22, 1911 in Philadelphia, Pennsylvania.