WHAT IS BA&CE?
Brookline Adult & Community Education (BA&CE) is one of the oldest non-credit, public education programs in Massachusetts. Adult education has been a part of the Brookline community since 1832, beginning with the formation of the Brookline Lyceum Society. It is now the largest public program in the state, with close to 1,000 courses and over 10,000 enrollments yearly. Today, BA&CE is the hub of an educational network serving residents from more than 50 neighboring communities in the greater Boston area and beyond. A self-supporting program of Brookline Public Schools, BA&CE's operating budget is funded entirely from course fees.

WHAT DOES COMMUNITY EDUCATION MEAN?
Through its proud tradition of public schooling, the “business” of Brookline has always been education. The Brookline Public Schools has built on this tradition, expanding the concept of public education to serve the many different constituencies which make up Brookline and its larger community. BA&CE fulfills its mission by providing service to the community and enlisting its support for public education.

As partners with the schools for a common purpose, BA&CE is committed to offering lifelong educational opportunity to all: newcomers to the United States, working people and professionals, those in transition or career change, older citizens, persons with special needs, and especially those who have not been able to participate fully in the educational process. BA&CE is also dedicated to supporting public education by creating and providing opportunities for innovation and flexibility in the school curriculum. By offering programs that bridge the generations, the Brookline Public Schools seeks to unite the community in a common purpose—educating for the improvement of the quality of life for all its members.

WHO TEACHES AT BA&CE?
Our instructors are poets, computer programmers, teachers, chefs, therapists, doctors, artists, and businesspeople who come to share their knowledge and training simply because they love what they do. Faculty biographies, listed on our website, will introduce you to their experience, talent, and training.

WHO TAKES OUR CLASSES?
People like you. People who know that learning does not stop with graduation, but is a lifelong process. People who seek personal and professional growth; entertainment and education; new ideas and new experiences, and who enjoy the company of others who seek the same.

HOW DO YOU GET STARTED?
Give us a call at 617-730-2700. Monday-Friday, 8:30 am-4:30 pm, please find us at 2 Clark Road, Brookline. In the evening, Monday-Thursday, 4:30-9:00 pm, and on Saturday, 8:30 am-2:00 pm, please visit us in the Main Office at Brookline High School. Visit us online at www.brooklineadulted.org. Send us an email at bacep@psbma.org. Our staff will answer your questions and help you choose from among our comprehensive course selections. But first, keep reading. We think you will be pleased by what you see.

OUR COMMITMENT TO QUALITY
We strive to offer educational programs of the highest quality to our participants. Please let us know if you feel that the quality of the instruction was unsatisfactory, or if you feel the class did not meet your expectations. Please send us an email expressing your concerns, comments, or positive feedback, and we'll personally respond.
“Spring: A lovely reminder of how beautiful change can be!”
-unknown

It’s time to get out and embrace the change all around us and explore ways to enhance our lives and the community through education. We welcome you, no matter where you call home and whether this is your first or twentieth course/lecture with us. We encourage you to explore along with us. See you in class!

–Michelle McGlone, Director

Staff Picks for Spring Courses:
- Kids in the Kitchen: South of the Border, page 7
- The Life of Margaret Fuller, page 9
- Music of Motown: An Analysis, page 9
- Arranging for Songwriters, page 10
- Presentation Power, page 13
- Writing and Meditation Mini-Retreat, page 13
- Snap and Chat (English as a Second Language), page 19
- Middle Eastern Feast, page 29
- Sketching People, page 41

A Sample of Our Spring Walks & Tours
- Brookline’s Secret Stairways and Paths
- Fenway Studios History and Art Studio Tour
- Parkside: Jamaica Plain’s “Little Concord”
- A Walking Tour of Longwood and Cottage Farm
- Boston Public Garden: A Walk Through Time
- Brookline’s Hidden River
- Red Pandas at the Franklin Park Zoo
- And more on pages 29-33

Visit brooklineadulted.org for newly added courses and any schedule changes.
At Brookline Adult & Community Education, we decided to start having a theme for each year from the Fall term to the following Summer term. The theme for the year will help to give some shape to some of the lectures, specials, and courses, but also to give our staff, students, and faculty something to ponder. We will feature some courses each term, beginning Fall 2019 and ending Summer 2020, that foster this theme.

This year’s theme is community.

We unanimously chose this as our theme because we wanted to emphasize this part of our program that has been embedded in our name all along.

Classes that overlap with the theme of community or will help you build community:

**Undeclared Emergency: Addressing the Climate Crisis in our Schools**
During this special event, we will discuss the role that schools will play in serving as an example for the larger community when addressing the climate crisis. (Page 3)

**Youth Civic Engagement**
Students ages 8 to 16 will enjoy learning more about how to influence change in their community. Through a collaborative project, students will research a local issue, explore solutions, and learn how to advocate for their recommendation. (Page 7)

**Storytelling**
Build connections between yourself and others and you share your personal narratives. Prepare to share your story with the community. (Page 13)

**Art and History of Boston (English as a Second Language)**
Improve your English while learning about the beauty and hidden treasures of Boston. Through classroom activities and two field trips, you will practice your English as you discuss the wonders of Boston. (Page 18)

**Literary Boston (English as a Second Language)**
Some of America’s most famous writers had deep roots in and around Boston. By reading their writing and discussing what we’ve read, you will feel more confident in your English skills. Our last class will be a field trip to see where many of these writers lived and worked. (Page 18)

**Meze from Turkey and Greece**
Learn how to make the perfect Greek party meal, including dishes such as *Garides Saganaki* (shrimp with tomato and feta), *Tirokafteri* (Greek spicy feta dip), *Mercimek Koftesi* (Turkish red lentil balls), and for dessert, *Portokalopita* (Greek orange cake). (Page 28)
Undeclared Emergency: Addressing the Climate Crisis in our Schools
Roger Grande, BHS Teacher and 2019-20 Innovation Fund Fellow

Wednesday, April 15, 2020 7:00-8:30PM Brookline High $10

The job of educators is to prepare young people to thrive intellectually, financially, and emotionally in the future. Brookline teachers do an outstanding job of preparing students—for a future that does not exist. The future of climate change has arrived and we are living through an undeclared emergency. Should schools play a crucial role in addressing the climate crisis? Increasingly parents and students demand “yes!” Grande will begin with his own climate story, address some of the impacts of climate change, and present the challenges and opportunities for building a sustainability culture in schools that can serve as an example for the greater community.

Roger Grande has taught social studies for 23 years, mostly at Brookline High School. He currently serves as the Brookline High School Innovation Fund Fellow and is working with educators, students and parents to make sustainability a core practice in Brookline Public Schools. Roger teaches modern world history and the Global Leadership class, and incorporates climate change into both courses. He created the Brookline High School Program in Social Justice Leadership.

Votes for Women: Massachusetts Leaders in the Woman Suffrage Movement
Barbara Berenson, Author

Wednesday, May 6, 2020, 7:00-8:30PM, Brookline High $10

Barbara Berenson, the author of Massachusetts in the Woman Suffrage Movement: Revolutionary Reformers, will discuss the national struggle for woman suffrage and emphasize the important role of Massachusetts women in this campaign. Lucy Stone and other local abolitionists were among the first who opposed women’s exclusion from political life. Demanding the vote and other reforms, they launched the organized women’s movement at the first National Woman’s Rights Convention, held in Worcester in 1850. After the Civil War, the Boston-based American Woman Suffrage Association led campaigns across the country. Their work laid the foundation for the next generation of suffragists to triumph over tradition. Berenson will also address the battle over historical memory that long obscured the state’s leading role.

Barbara Berenson is the author of Massachusetts in the Woman Suffrage Movement: Revolutionary Reformers (2018), Boston in the Civil War: Hub of the Second Revolution (2014), and Walking Tours of Civil War Boston: Hub of Abolitionism (2011, 2nd ed. 2014). She is the co-editor of Breaking Barriers: The Unfinished Story of Women Lawyers and Judges in Massachusetts (2012). Barbara earned her undergraduate degree from Harvard College and her law degree from Harvard Law School. She worked as a Senior Attorney at the Massachusetts Supreme Judicial Court until June 2019. She is on the boards of Boston By Foot and the Royall House and Slave Quarters. For more information, please see her website: barbaraBerenson.com

Veteran Children Project
Susan Hackley and Martha Jackson, Co-Producers
Monday, March 30, 2020 • 7:00-8:30PM • Brookline High • $10

Co-producers Susan Hackley and Martha Jackson, two Brookline mothers whose sons went to war, will present their half-hour documentary film Veteran Children: When Parents Go To War, which premiered on Indiana Public Television last spring. The film features American children talking about what it’s like to have a mother or father serve in Afghanistan, Iraq, or Syria. More than 2.7 million American children have a parent who has served in one of these wars. What is the impact on them? What is the impact on all of our children of nearly two decades of constant war? This timely film has been shown multiple times to great acclaim, and was presented at the National WWII Museum in New Orleans on Veterans Day.

Susan Hackley is Managing Director of the Program on Negotiation at Harvard Law School, one of the world’s leading centers of negotiation and conflict analysis. She also served as Communications Director of the Massachusetts Democratic Party and was a speechwriter and policy analyst for political candidates. Her work has been published in National Geographic Magazine, Los Angeles Times, and U.S. News & World Report. She served as Chair of the Alliance for Peacebuilding, a Washington, D.C.-based organization dedicated to building sustainable peace and security worldwide. She serves on the board of Trustees for Alaska, an environmental law firm. Susan’s son is a veteran Marine Corps infantryman who served in Iraq. Her college boyfriend served—and died—in Vietnam.

Martha Jackson has a long career building bridges across cultures and communities as an educator, non-profit board member and mother. Martha taught English at Boston and Northeastern Universities and the Boston campus of Japan’s Showa Women’s University. She was a teaching fellow for Prof. Robert Coles at Harvard University. In addition, Martha has served on non-profit boards including The Brookline Educational Foundation, Facing History and Ourselves New England, and the Beacon Academy. Martha is a member of Blue Star Mothers, a non-political, non-profit organization of mothers of active-duty service men and women and veterans, which provides support to deployed military and assistance to veteran’s organizations across the nation. Martha’s son is a veteran Army Ranger and Captain who served two deployments to Afghanistan.

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For less than the price of a movie ticket, our spring lecture series is an excellent opportunity for both education and entertainment. From the historical to the cultural, our lectures will engage and enlighten, and give you a taste of all that Brookline Adult & Community Education has to offer.

**Animal Communication**
Rachel Selikoff, Animal Specialist
Nine out of ten people already have the ability to understand their pet’s thoughts. Their messages are not usually complex, or beyond understanding, but when you’re confronted with a lot of odd behaviors, it’s sometimes difficult to understand them. While we can’t guarantee immediate communication, this workshop will help you deepen your ability to communicate with your pet. We’ll spend time talking about behaviors from our history that demonstrate our existing communication skills, and teach you how to listen better. We’ll also explore basic commands that will help your animal understand you. Having worked with Cesar Milan, Stan Addison, the Arapaho Nation Medicine Man and Healer, and the owner of Best of Breed in Westminster Dog Show, our teacher is a gifted animal communicator who will share her ability to communicate as well as show you how to confidently, organically, and spiritually build your relationship with your pet.

**Top Ten Herbs for Health and Home**
Kelly Cannon, Herbalist and Educator
In this evening with an herbalist, we’ll learn about the most popular herbs to grow and use in our homes and for our health. Plants including calendula and comfrey may be easier to grow and utilize in our daily lives than we think. Even weeds might have something to offer, if we know what to look for. In this lecture, we will learn tips for growing herbs and see some of the ways they can be used to create products such as infused oils, salves, and extracts. Come hear about growing medicinal plants and using them to enhance your home and to benefit your health.

**Building New Friendships, Fellowships, and a Sense of Belonging**
Val Walker MS, Writer, Speaker, Consultant
It takes courage and initiative to break out of a period of isolation and rebuild our support networks, in person. After a serious illness, a period of grieving, or relocating to a new area, we may find it difficult to “get out there,” to be socially confident, outgoing, and open to new relationships. Simply going to a meetup might not feel right, as we may prefer volunteering, a support group, or a class. On this evening, we will offer guidance for how to explore and tap into your wider communities to build friendships, fellowships, and a deeper sense of belonging. We will discuss realistic ways to make commitments, and how to create honest goals.

**Seascape by Edward Albee: A Staged Reading**
D. Adriane Spunt, Director
A pair of empty-nesters, Charlie and his wife Nancy, are discussing their different visions for their future one sunny afternoon on a beach, after a picnic lunch. As their conflict escalates they are suddenly distracted by a pair of human-sized amphibian lizards, Leslie and his mate, Sarah, who have left the ocean. Their encounter encompasses generational and cultural difference, conflict and, ultimately, acceptance and mentoring. Join us for an entertaining evening of theatre.

Sec. 01: # sessions: 1 Day: Th 7:00-8:30PM. Begins 4/16/2020. Brookline High, $6.

Sec. 01: # sessions: 1 Day: Th 7:00-8:30PM. Begins 4/2/2020. Brookline High, $6.

Sec. 01: # sessions: 1 Day: Th 7:00-8:30PM. Begins 4/9/2020. Brookline High, $6.

Sec. 01: # sessions: 1 Day: Th 7:00-8:30PM. Begins 3/26/2020. Brookline High, $6.
Fundraising: An Introduction
Tom McGrath, Development Assistant
Carina Traub, Educator
You have a nonprofit or cause you care about, but in order to sustain the organization, you need to fundraise. Development work takes practice to build your stewardship skills and hone the art of the ask. In this introduction to fundraising, we will discuss how to steward your donors so they feel appreciated and compelled to keep giving, as well as give an overview of the cycle of fundraising. We will reconnect to our “why” in order to connect the development efforts to the organization’s mission. Through case studies, small group activities, and a bit of role playing, you will feel more prepared to fundraise. Asking for money is not always comfortable, so you will leave with tips that prepare you to be more confident in your approach, as well as communication strategies to try out in your context.
Sec. 01: # sessions: 1 Day: Th 7:00-8:30PM. Begins 4/30/2020. Brookline High, $6.

The Work You’re Born to Do
Lauren Mackler, Best-Selling Author and Coach
Do you long for a more fulfilling career but don’t know what it is? Or perhaps you know your dream, but don’t know where to begin toward achieving it. Many people end up in dissatisfying jobs because they never learned how to identify the “work they were born to do”—work that leverages their innate skills, strengths and passions, and brings a sense of purpose to their lives. Lauren Mackler, world-renowned coach, CNN commentator, best-selling author of Solemate and co-author of Speaking of Success with Jack Canfield and Stephen Covey will teach you how to unearth your innate strengths, qualities, and passions, and identify your optimal career, the work that you were born to do.
Sec. 01: # sessions: 1 Day: Th 7:00-8:30PM. Begins 5/7/2020. Brookline High, $6.

Birthing in Boston: What You Need to Know
Emma O’Brien, Doula and Reproductive Advocate
Starting a family can be overwhelming, especially once you get into the details of where and how the baby will be born. This lecture is designed for anyone who is considering giving birth in a hospital setting in the Boston area or anyone who is interested in learning more about labor and delivery practices at local hospitals. Hear from an experienced birth doula and reproductive advocate about items to consider while navigating the healthcare system. We'll cover options available for pain management in labor and delivery, rates of medical interventions at some of our local hospitals, postpartum practices, ways to build your support system. After this lecture, you’ll feel less overwhelmed and ready to connect with local resources for everything from labor to lactation.
Sec. 01: # sessions: 1 Day: Th 7:00-8:30PM. Begins 5/14/2020. Brookline High, $6.
Brookline SmartPrograms
for children ages 5-13

A perfect combination of fun and learning! BA&CE offers enjoyable and educational programs especially for children during vacation weeks and summer months. Students enrolled in any of our SmartPrograms will have a blast learning new skills, improving current talents, and making friends in state-of-the-art studios. Students do not need to be Brookline residents to enjoy these programs.

SmartVacations

February 2020

Sign up for a fun-filled 4 days: Tuesday, February 18–Friday, February 21, 2020.

SmartSummers

Summer 2020

April 2020

Sign up for a fun-filled 4 days: Tuesday, April 21–Friday, April 24, 2020.

Discover the hottest summer destination, SmartSummers! Choose from an exciting array of educational adventures that include science, creative arts, theater, computers, and more.

July 1–August 21, 2020

For more information about these programs, please visit our website at www.brooklineadulted.org or call BA&CE at 617-730-2700, ext. 0.
Especially for Children & Teens

Kids in the Kitchen: Fairy Cakes
Christina Wynveen, Instructor
Children and their adults will pair up and celebrate Spring. Flowers have begun to push through and fairies will soon be returning to their favorite garden spots. Engage your senses and your imaginations with a whimsical morning of baking Fairy Cakes, the daintier version of a cupcake. We’ll begin by mixing up a sponge batter that will be spooned into our fairy pan. While they are baking, we’ll dream up ways to entice our fairy friends with lovely decorating. We will make a simple icing to cover our cakes and once cooled, we will ice and decorate. Once our little works of art are completed, we’ll all come together to sip on raspberry cordials and munch on our fresh baked fairy cake creations. A $20 food fee is included in the course fee.

NEW! Stock Market Game for Middle Schoolers
Peter Yaffe, Instructor
Make big money fast (virtually, that is). In this fun and high-spirited setting, you’ll try to grow a virtual $100,000 cash account into a top-performing portfolio and learn how daily events that shape our world affect our finances. Play The Stock Market Game™ and you’ll learn how investing actually works, starting by examining how the markets work, types of investment products, investment research, use of stock charts, global events and conducting research for case studies. Then you’ll learn about risk, speculating, diversification, and borrowing on margin. Working individually and in teams, you’ll compete against your fellow classmates and other groups across the state in this SIFMA FOUNDATION sponsored game. Warning: The Stock Market Game™ is played each fall and spring by budding investors as young as 4th grade. Can you do better than an elementary schooler in making savvy financial decisions? Come find out. No experience necessary!

NEW! Youth Civic Engagement
Sandra Soto, Instructor
In this project-based collaborative experience, you’ll get a chance to influence change in your community. We’ll discuss the levels of government and levers of change to better understand public policy-making and how you can influence it! Together, we will learn to define and research a problem, propose a solution, explore alternatives, and create a plan to advocate for our final recommendation. We will showcase our final project and get feedback from an expert in the field. Recommended for ages 8 to 16.

Kids in the Kitchen: South of the Border
Christina Wynveen, Instructor
Calling kids with an adult friend to come on a culinary adventure in three parts. In our first week, we’ll imagine ourselves in Mexico, where little hands will love to make pozole, a hearty soup made of hominy or giant white corn kernels, garlic, and chicken. We will also make Horchata, a refreshing drink made using rice, spices, and milk. Our second stop will be Brazil, where we’ll start by making some delicious Pão de Queijo, naturally gluten free treats made from tapioca flour, eggs, and cheese. While they’re baking, we’ll make Brigadeiras, lovely little chocolate balls rolled up with chocolate sprinkles. Week three brings us to Argentina for empanadas and chimichurri. A $45 food fee is included in the course fee.

Minecraft: Historic Adventures for Ages 7-12
Eric Hansen, Instructor
Solve hidden puzzles and secrets in a Minecraft world as you uncover a fictional storyline through world history that includes famous figures like John F. Kennedy and places like the Titanic. For Minecraft lovers, both beginner and more seasoned players, this class will immerse you in a world where you will meet historical figures and famous places while fighting zombies. What fun!

Etiquette for Teens: Dining
Nikki Sawhney, Instructor
Soon your teen will move away from home, interview for admissions and internships, make their way out into the business world, but do they know how to meet each new situation with aplomb and leave a positive impression? Practicing good social etiquette will get them very far in life and the skills teens learn in this class can be applied to any context: school, work, and more. This workshop is designed to teach them how to conduct themselves at the dining table at home, in a restaurant, or when meeting new people. Teaching teens proper dining skills and table manners helps them to succeed at school, socially, and later, professionally. Food samples will be served during class. Please contact us with any dietary restrictions. Discounts or waivers do not apply. For teens ages 13-18.

Driver’s Education
Joseph Giannone, Instructor
According to Massachusetts state law, students are required to attend 30 hours of classroom instruction, 12 hours of behind-the-wheel training, and six hours of observation. To be eligible for classroom instruction, students must have reached their 16th birthday by the end of the course. The in-class portion of the Driver Education Program is offered both days and evenings throughout the year. Students will be taught on cars with automatic transmissions. Administrative Fee: $56 (payable to the Town of Brookline). Instruction Fee: $580, (payable at first class). Students are required to attend 30 hours of observation. To be eligible for classroom instruction, students must have reached their 16th birthday by the end of the course. The in-class portion of the Driver Education Program is offered both days and evenings throughout the year. Students will be taught on cars with automatic transmissions. Administrative Fee: $56 (payable to the Town of Brookline). Instruction Fee: $580, (payable at first class to Pleasant Auto School). Upon successful completion of this course, students are responsible for an additional $130 in Registry of Motor Vehicles fees. A breakdown of these fees is available in the B&ACE office. Discounts or waivers do not apply.

ESPECIALLY FOR CHILDREN & TEENS

brooklineadulted.org • 617•730•2700
Humanities

Classics American Short Stories  
Audrey Borus, Instructor

What makes a classic? Is it, as Mark Twain wrote: “a book which people praise and don’t read?” Is it a work that speaks beyond its historical moment and literary type? Or is it that some authors are just better writers than others? We’ll use short stories to examine this question. Along the way, we’ll discuss literary conventions and look at the short story as a genre and art form. Our readings will include some of the lesser-known works by well-known authors such as Flannery O’Connor, Nathaniel Hawthorne, and Dorothy Parker, as well as some authors you may not know like Rebecca Makkai and Ben Shattuck. All readings will be available online or supplied by the instructor.


Introduction to Psalms  
Judy Weiss, Instructor

We will read a selection of psalms (poems) found in the Hebrew Bible. These poems include odes of praise to the creator, prayers seeking deliverance from distress or persecution, psalms of sinners, songs of thanksgiving for rescue from danger, and verses of moral instruction. We’ll consider characteristics of biblical poetry (such as structure, parallelism, imagery, key words, and theology), and we’ll compare translations to understand choices that translators make. Each class will also include discussion of modern lessons to take from these psalms, opportunities to reflect on gratitude, preservation of hope through tough times, the dignity of all humans and modern social justice, care of creation and modern sustainability obligations, and acknowledgment of our unknown sins that may have been unintended, or merely unforeseen consequences of otherwise good deeds. Please bring a copy of the Bible to class (any translation).

Sec. 01: # sessions: 6 Day: Tu 10:30AM-12:30PM. Begins 4/21/2020. Brookline Senior Center, 93 Winchester Street, $118.
The Art, History, and Controversies of the Late Eastern Roman Empire

Michael St Clair, Instructor

The Roman Empire split into two parts, the Western (largely Europe) and the Eastern or Byzantine (Greece and Asia Minor). This course will present some of the key issues of the Byzantine Empire, such as the struggle with Islam, religious and artistic controversies (Iconoclasm), the emergence of women leaders, association with sports heroes and sports riots (Nike riots), the consequences of the Crusades, and financial and sexual scandals (Theodora). We shall also look closely at the ancient city of Constantinople with its art and architecture (Santa Sophia). Furthermore, we will discuss the importance of Byzantium in the transmission to us of the culture of the ancient world and its role in the Renaissance. Also crucial, we will consider lessons about the collapse of complex societies and how great societies go into decline.

Sec. 01: # sessions: 5 Day: Tu 6:30-8:30PM. Begins 4/7/2020. Brookline High, $106.

The Latter Renaissance: From the Sistine Chapel to Shakespeare 1500-1600

Anatole Sykley, Instructor

The 16th and early 17th centuries ushered in a world that we, 500 years later, can recognize as “modern.” If the earlier Renaissance era ushered in new ideas about science, art, and Humanist thinking, the latter Renaissance can undoubtedly be characterized as an era when these new ideas were exploited to the full. Politics and religion intersected with science and culture to produce beautiful art and literature in Europe, while the rest of the world experienced the European style of colonial empires. Figures such as Shakespeare put many of these ideas and events as references into his plays. Figures such as Galileo, who revolutionized the view of the universe in a way that worried the established Church, to Monteverdi, who revolutionized music, to King Henry VIII who revolutionized Church-State relations, and Martin Luther who changed Church relations with the people. Maps, references, and handouts will be provided.

Sec. 01: # sessions: 8 Day: F 10:00AM-12:00PM. Begins 3/27/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $140.

The Rise of World Fascism 1919-1939: Germany, Italy, Spain, and Japan Against the World

Anatole Sykley, Instructor

When World War I ended and the victorious powers signed a treaty to end the “war to end all wars,” little did they think what would happen next. Germany, defeated in 1918, rose again as a power inspired by National Socialism to challenge the world by 1939 with another and more costly war. Italy and Spain abandoned their ideas for democracy and gave rise to fascist regimes in response to their fears of being left behind in the world order. Japan, an ally of the victorious powers during World War I became unsatisfied with the peace that was promised and began to expand its empire at the expense of China. All these rising powers combined forces during World War II to challenge democracy like it was never challenged before. How did extremist regimes arise out of the ashes of the First World War? What methods did their leaders use to inspire their people to go to war against the rest of the world? Join us for a unique comparative approach to the history of extremist regimes during the inter-war years. Maps and references will be provided. Selected newsreels from this era will be examined and discussed.

Sec. 01: # sessions: 8 Day: Th 1:00-3:00PM. Begins 3/26/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $140.

NEW! The Life of Margaret Fuller

Rosalie Davis, Instructor

Through reading and discussion of Megan Marshall’s definitive 2013 biography, Margaret Fuller: A New American Life, this course will introduce students to an incomparable writer and her time. America’s first feminist, Fuller’s intellectual circle included Julia Ward (later Howe), Ralph Waldo Emerson, and Horace Greeley. Although she did not live to see the passage of the 19th Amendment in 1920, guaranteeing American women the right to vote, Fuller’s brilliant work would help launch the campaign. For the first class, students should read Section One (through page 65). Required text: Margaret Fuller: A New American Life, by Megan Marshall.

Sec. 01: # sessions: 5 Day: Tu 6:30-8:30PM. Begins 4/7/2020. Brookline High, $106.

The 1619 Project

Joshua Frank, Instructor

In this class, over four two-hour sessions, we will discuss and analyze the 1619 Project, a ground-breaking series of essays, poems, short fiction, and a photo essay featured in the August 14, 2019 edition of the New York Times Magazine. The Project looks at the legacy of slavery and race in America since the first enslaved Africans were brought to Virginia. The Goal of the 1619 Project is to consider “what it would mean to regard 1619 as our nation’s birth year...to place...black Americans at the very center of the story we tell ourselves about who we are as a country.” By the end of the course we will assess the economic, political and social implications of the 1619 Project for our identity as a country, as citizens, for our future actions as individuals.


White People Challenging Racism: Moving from Talk to Action

Colin Stokes and Jennifer Hart, Instructors

People of all heritages and identities are welcome to this intensive workshop, offered in the Boston area for 20 years running, on the role of white people in dismantling racism and building a just society. Topics include the history of racism and white supremacy, how they operate both interpersonally and systemically, and how white people can effectively disrupt them in our workplaces, communities, and personal circles. Each session combines awareness (through readings, videos, and discussions), practice (through role-plays, reflections, and activities), and planning for individual action. Attendance at all sessions and completion of reading and writing assignments are expected. Discounts or waivers do not apply.


Music of Motown: An Analysis

Shannon Jacob, Instructor

This course will provide an overview of the music and artists from the Motown era. Students will be encouraged to listen to and analyze the crossover between various genres of music, comprehend the growth of music videos and sound with the advent of technological evolution, and understand the direct correlation between music and society. The course covers a wide variety of genres such as Gospel, Pop, Blues, Funk, and Jazz. Artists such as Michael Jackson, The Funk Brothers, Stevie Wonder, Mahalia Jackson, Marvin Gaye, Diana Ross, and Sam Cooke will be discussed alongside analysis of their music in an evolving music industry.

Sec. 01: # sessions: 4 Day: M 7:00-8:30PM. Begins 4/27/2020. Brookline High, $60.
Music & Performing Arts

Arranging for Songwriters
Terry Kitchen, Instructor
A song idea can take many paths on its way to the listener's ear. How does the songwriter, and the singer, musicians, and producer, decide which path to take to get the maximum emotional impact from that idea? This course explores the many options and choices songwriters of all genres make, from the writing process itself to choosing tempo, feel and instrumentation to working with singers, musicians and producers to evoke the mood and musical environment that best fits your song. We'll examine classic songs and recordings of all genres (and even different versions of the same song) to figure out how to get the most from a song and singer, where the peaks and valleys should be, how to construct a groove, and what current genre conventions are. You do not need to be an experienced songwriter or musician (lyricists welcome!), but you should at least be an avid music listener to get the most from the course.
Sec. 01: # sessions: 6 Day: Tu 7:00-8:30PM. Begins 4/7/2020. Brookline High, $102.

Music Theory 101
Shannon Jacob, Instructor
If you want to play an instrument, improve your music reading or writing skills, or appreciate more fully the music you listen to, music theory is an essential tool. Music theory is the study of the very simple concepts that underlie how music is written, played, and heard. We will introduce the basic elements of music: notes, clefs, rhythm and meter, major and minor scales, sharp and flat key signatures, and simple chords and harmony. We will focus on composing a song with chords and lyrics, so being able to identify meter, rhythm, and notation is very important. Please bring a notebook and music staff paper.
Sec. 01: # sessions: 4 Day: M 7:00-8:30PM. Begins 3/23/2020. Brookline High, $60.

The First Lady of Song: The Jazz Stylings of Ella Fitzgerald
Marshall Wright, Instructor
Over the course of a long and illustrious career, jazz singer Ella Fitzgerald enchanted audiences worldwide. Shortly after bursting on the scene as a girl singer in the Big Band Era, Ella began her rise to the top of the jazz world, a place she held for nearly five decades. Over the course of three weeks, we will trace her remarkable career, stopping at many high points along the way. These will include her many collaborations with jazz artists like Chick Webb, Oscar Peterson, and Louis Armstrong. In addition we will take a particular look at her famous Songbook series, where she paid tribute to the likes of Gershwin, Berlin, and Kern. Please come and join us as we revisit this fascinating artist and her remarkable career.
Sec. 01: # sessions: 3 Day: M 1:00-3:00PM. Begins 4/27/2020. Brookline Senior Center, 93 Winchester Street, $84.

Some Enchanted Evening: The Musical Collaborations of Rodgers and Hammerstein
Marshall Wright, Instructor
Over the course of nearly 20 years, the songwriting team of Richard Rodgers (composer) and Oscar Hammerstein (lyricist) churned out one mega-hit after another. Beginning with their western musical, Oklahoma, and ending with the soaring The Sound of Music, the partnership proved particularly fruitful. Over the course of four weeks, we will look at the blockbuster productions of State Fair, South Pacific, and The King and I. In addition, we will examine their lesser known, but still noteworthy productions of Allegro, Me and Juliet, and Pipe Dream, among others. Please come and join us as we journey through Broadway history, following the path carved out by these two masters of the American musical.
Sec. 01: # sessions: 4 Day: M 1:00-3:00PM. Begins 3/23/2020. Brookline Senior Center, 93 Winchester Street, $99.

INSTRUCTOR SPOTLIGHT

Marshall Wright
For the past 40 years, Marshall Wright has lived in the Boston area, working as an archivist, a sports statistician and writer, and currently as a retail manager. Along the way, he has also enjoyed a career as a professional musician, playing a variety of keyboard instruments in a variety of locales, from church settings to rock bands. With such experience, in so many musical genres, Marshall has enjoyed sharing this knowledge with others. By teaching music appreciation courses at Brookline Adult & Community Education, this gives him a perfect forum for this activity, enjoyable for pupil and teacher.
African Energized Hand Drumming
DumConnection Faculty
Hand Drumming targets certain areas of the brain that lead to relaxation and concentration. Studies have shown that playing drums causes the brain's electric and chemical functions to charge and act upon the human body causing many types of healing. Although MRI tests have shown that all musical activity helps, drumming has the best effect. We will take the deeply rooted, genetic connection humans have with music and combine it with the time-honored tradition of many types of drumming. We will focus on rhythms from Africa, Brazil, and Haiti. Our universal love stems from the concept that drums are thought to be one of the oldest forms of music in the world and are a celebration of human history. A limited number of drums may be available to rent from the instructor.
Sec. 01: # sessions: 8 Day: Tu 7:00-8:30PM. Begins 3/31/2020. Brookline High, $153.

Flute 101
Tiffany Hildebrand, Instructor
The flute is one of the most popular and gratifying instruments to learn to play. Designed for beginners, this class will cover basic techniques such as fingerings, breath control, and proper aperture. Learn to read music as well as some helpful tips to use when practicing. We will discuss the history of the flute, listen to recordings of top performers, and review essential information about caring for your instrument. Please bring a flute.
Sec. 01: # sessions: 8 Day: Tu 6:00-7:30PM. Begins 3/24/2020. Brookline High, $168.

Flute 102
Tiffany Hildebrand, Instructor
This flute course is suitable for flutists with some experience. Whether you are improving your ability to read music, making sound on your instrument, or reading beginner to advanced music, this course will expose you to playing with others using repertoire that challenges different levels of playing. We will focus on rhythm as an ensemble, articulation and dynamic possibilities, and how to better improve your habits as a performer and an individual. Students will have the option of preparing solo music, alongside working on the music we study in class. Although practicing by yourself is beneficial, this class provides the opportunity to learn how to play with others. Please bring a flute.
Sec. 01: # sessions: 8 Day: Tu 7:30-9:00PM. Begins 3/24/2020. Brookline High, $168.

Beginning Mandolin
Brian Stuligross, Instructor
A mandolin is a stringed musical instrument in the lute family and is usually plucked with a plectrum or pick. This is a class for students who are interested in developing basic mandolin skills and playing with others in a group. We will practice picking techniques and learn scales and chords. In addition, we will learn to play several American folk songs as well as a couple of tunes from the Bluegrass and Celtic traditions. Please bring a mandolin.
Sec. 01: # sessions: 7 Day: Th 7:00-8:30PM. Begins 4/2/2020. Brookline High, $163.

Play the Banjo
Paul Sedgwick, Instructor
What’s more fun than listening to the banjo? Playing the banjo! You will learn the secrets behind the two most popular styles of 5-string banjo playing: Bluegrass, or three-finger style picking; and Old-Time clawhammer or frailing style. You will be given the opportunity to focus on one style or the other, or may choose to learn both. We will look at the amazing history of “America's instrument” through demonstrations and recordings. Please bring a 5-string banjo, clip-on tuner, music stand, recording device (phone is acceptable) and a notebook to class. Required textbooks: Banjo for Beginners: An Easy Beginning Method by Tony Trischka, and Clawhammer Banjo Primer Book with Video and Audio Access by Bradley Laird are both available online. Sets of fingerpicks will be available in class for a $5 fee.

Ukulele: Relax and Play Music
Paul Sedgwick, Instructor
Take care of yourself and learn to play the ukulele. We will start from the very beginning with lessons in chords, strumming patterns, introductory music theory, and maybe even a little fingerpicking. You will learn to play and sing a variety of popular songs, including ukulele classics from the 20s and 30s, Pop tunes, Rock, Blues, and Folk. We will also take advantage of the joy of playing music with others from the very first class. Please bring a ukulele to class. Note: A Concert or Tenor size ukulele is strongly recommended. While the Soprano size is very familiar and cute, the larger sizes provide a more comfortable and accessible learning and playing experience. Additionally, please bring a music stand, clip-on tuner, and recording device (phone is acceptable) to class. Required textbooks: The Daily Ukulele: 365 Songs for Better Living, by Liz and Jim Beloff, and Jake Shimabukuro Teaches Ukulele Lessons: Book with Full-Length Online Video.
Sec. 01: # sessions: 8 Day: W 6:00-7:30PM. Begins 3/25/2020. Brookline High, $168.

Violin
Amos Lawrence, Instructor
Have you always wanted to play the violin, or have you played in the past and want to pick it up again? From the fiddlers of the Hardanger plateau in Norway to the Highlands of Scotland and Cape Breton Island, from the stage of Carnegie Hall to the quaint fiddlers of the Blue Ridge Mountains in the Carolinas, the violin has succeeded in suiting every style and fulfilling every need. We will explore the balance needed for proper tone production, along with how to read notes, comfortably hold the bow, and play in small ensembles. Violin players of all levels welcome. Please bring a violin and shoulder rest. A $15 music book fee is included in the course fee.
Sec. 01: # sessions: 8 Day: Th 6:30-7:45PM. Begins 3/26/2020. Brookline High, $175.

Beginning Piano
Jonathan Lovenstein, Instructor
In the Beginner course, you will continue to work on reading musical notation and becoming acquainted with basic piano techniques. You will work on playing simple popular and classical piano pieces. The Beyond Beginner course will focus on major scales, primary chords, more complicated rhythms, and linear accompaniments with the left hand. For both courses, the required text: Alfred’s Basic Adult Piano Course: Lesson Book, Level One, is available online. Access to a piano or keyboard for practice is required. This course will be taught on keyboards.

Introductory Guitar
Steven Ohm, Instructor
Introductory Guitar is a course for those who have never picked up a guitar before, or for beginners who can strum a few chords and would like to have fun learning new songs and playing with other guitarists. Our primary emphasis will be on building chord vocabulary, establishing a rhythm, switching between chords, and gaining comfort with the instrument. We’ll learn about different chord types, what chord symbols mean, and how to play songs reading from a chord chart. In Beyond Beginner we will work on rhythm, harmony, and a more expanded chord vocabulary, as well as alternate chord voicings and pentatonic scales, with an aim to get more comfortable with making music on guitar alone or with a group. Please bring a guitar.
Sec. 01 (Beginner): # sessions: 8 Day: M 6:00-7:30PM. Begins 3/23/2020. Brookline High, $168.
Sec. 02 (Beyond Beginner): # sessions: 8 Day: M 7:30-9:00PM. Begins 3/23/2020. Brookline High, $168.
Learn to Sing: Beyond Beginner
Lee R. Soto, Instructor
This course is designed for singers who already have some singing experience and are looking to further improve. Each singer will explore the range, agility, and timbre of his or her voice, and work on solo and group singing. Students and the instructor will choose the vocal repertoire so that all aspects of vocal technique and musical interpretation can be applied to specific songs. Our emphasis will range from traditional Jazz standards to more contemporary show or pop tunes. This class is suitable for students who have already taken a Learn to Sing class, or who have equivalent experience.
Sec. 01: # sessions: 8 Day: Tu 7:30-9:00PM. Begins 3/24/2020. Unified Arts Building, $168.

Acting Workshop
Emily Singer, Instructor
Experience the excitement of acting in this participatory class. Through the use of improvisation and scripted work, you will learn basic techniques of spontaneity, character development, text analysis, and more. Gain confidence as you learn tricks for conquering stage fright. Stretch yourself as you develop skills of concentration and imagination, which are indispensable both in the theater and in everyday life. Whether your ambition is to act for stage, television, or film, master public speaking in your professional life, or for personal growth, these tools can help you. These exercises will culminate in a final show, which will include monologues and scenes. Students are also welcome to write their own scripts. No previous experience is necessary.
Sec. 01: # sessions: 6 Day: Th 7:00-9:00PM. Begins 4/2/2020. Brookline High, $118.

Voice Talent: Acting with Your Voice
Lau Lapides, Instructor
Have you ever been told you have a voice for radio? Have you ever wondered what it would be like to voice the next hit cartoon or commercial? This fast-paced, interactive, fun workshop will introduce students to the world of voice-over. Discover powerful techniques that offer a solid foundation of vocal tools for those who are experiencing voice-over for the first time or looking to launch a career in the industry. We will incorporate practice time and offer professional feedback, including a Q&A discussion. Learn about the many genres of scripts including: animation, commercial, narration, eLearning copy, and much more. Please wear comfortable clothing and bring water.
Sec. 01: # sessions: 1 Day: Sa 11:00AM-12:30PM. Begins 5/2/2020. Brookline High, $30.

Introduction to Jazz and Blues Guitar
Steven Ohm, Instructor
This course will focus on basic to intermediate jazz and blues techniques, including single-note blues heads, solos based on the blues scale, basic walking bass line, and comping. We will emphasize the spirit of Jazz which is individuality and harmony. Once we learn the basics mentioned above, we will play together as a group. This course is for guitarists who have some experience playing. Please bring a guitar.
Sec. 01: # sessions: 8 Day: W 6:00-7:30PM. Begins 3/25/2020. Brookline High, $168.

Afternoon Beginner Guitar
Steven Ohm, Instructor
This course is designed for beginner guitarists. We will begin with the fundamentals, including an overview of tuning methods (using standard tuning), basic picking and strumming techniques, proper fretting, as well as techniques for developing strength and agility in both hands. As the course progresses, we will learn about intervals, scales, chord construction, popular chord progressions, and song analysis. During each lesson, we will hone our rhythm with the aid of metronomes and grooves. Additionally, we will explore improvisation at all points along the way. Please bring a notebook, pen/pencil, and an acoustic guitar.
Sec. 01: # sessions: 8 Day: Tu 6:00-7:30PM. Begins 3/25/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $168.

Acting: Brush Up Your Shakespeare
D. Adriane Spunt, Instructor
Shakespeare is one of the great playwrights of all time. His verse is intelligent, witty, and playful, and his plays are filled with drama and rich comedy. In this class, designed for actors of all levels, or non-actors who just want a better understanding of Shakespeare, we'll explore this playwright from a truly theatrical point of view. We will choose humorous and passionate scenes, and analyze Shakespeare's rich verse. By acting our way through the scripts, we'll explore storylines, act out key dialogues, discuss characters, and discover Shakespeare's unique way of handling stage directions. Deepen your passion for a playwright still famous almost 400 years after his death. Some homework will be given to prepare for each week, such as memorizing a monologue or scene.
Writing & Communication Skills

Private Writing Consultation
In our individual consultation sessions, writing instructors are available one-on-one to assist students of all skill levels and address specific issues in writing. Students may choose the time and day of the week, Monday through Friday, or Saturday morning. Once we have your preferred schedule, we will work on finding an instructor to match your needs. Please come prepared with materials you would like to work on with your instructor. Sessions may meet at Brookline High School, 2 Clark Road, or another agreed upon location. Discounts, waivers, credits, or transfers do not apply. To schedule private sessions, please visit our website (brooklineadulted.org) to fill out a tutoring sign-up form.

Sec. 01: # sessions: 2 Day: Tu 7:00-8:30PM. Begins 4/6/2020. Brookline High, $99.
Sec. 02: # sessions: 4 Day: M 7:00-8:30PM. Begins 3/31/2020. Brookline High, $118.
Sec. 03: # sessions: 4 Day: Sa 10:00AM-12:00PM. Begins 5/2/2020. Brookline High, $118.

Storytelling
Jacqui Morton, Instructor
Storytelling is a powerful opportunity to build connections between yourself and others. Sharing your personal narrative with an audience can be both healing and impactful. You might not feel ready to share your story at a slam or public event, but with practice and support, you will be. In this class, we will spend time honing the story you want to tell, examining the fear that comes with sharing, and talking about ways to begin, stay on track, and finish confidently when you get up on stage. We will also discuss local events and opportunities for sharing your story.

Sec. 01: # sessions: 5 Day: M 7:00-8:30PM. Begins 4/6/2020. Brookline High, $99.
Sec. 02: # sessions: 5 Day: Tu 6:30-8:30PM. Begins 3/31/2020. Brookline High, $118.

Making Time to Write
Valerie Lute, Instructor
Life can get in the way of your writing practice, so it is important to find a way to sustain your passion for writing. In this class, you will learn how to ensure that writing no longer feels like an add-on to your life, but rather an embedded practice. Learn how to remove barriers to writing, such as your inner critic, while rediscovering why you love to write. Through writing prompts both reflective and creative, you will get back into the practice of writing, and you will be armed with strategies to fight against blank page anxiety and excuses. Stop procrastinating; let's write!

Sec. 01: # sessions: 4 Day: Sa 10:00AM-12:00PM. Begins 5/2/2020. Brookline High, $99.

Presentation Power
Mia Louik, Instructor
Do you stress out at the idea of presenting at your workplace, family events, or other places? In this course, we'll walk through the essential steps to speak more comfortably, clearly, and effectively while engaging your audience in getting your message across. You'll prepare and present each week to a supportive audience and receive helpful feedback. You'll leave being a better and more confident speaker.

Sec. 01: # sessions: 4 Day: Th 7:00-9:00PM. Begins 3/26/2020. Brookline High, $99.

Poetry Workshop
Jacqui Morton, Instructor
Do you want constructive feedback on your poetry? Would you like to connect with other poets? Join us and together we will explore different points of entry into poetry, generating new poems and sharing as a group. In our workshop, we will offer one another praise for what works, along with ideas for what can work better. Weekly assignments will be offered and students will bring copies of their work to discuss the following week. Assignments may include writing in a form (such as sonnet or villanelle), writing about a small object, collaborating with another poet in the class, or collaging found language, among many others. Frequent informal in-class writing will help to generate ideas and language to work with.

Sec. 01: # sessions: 6 Day: Tu 6:30-8:30PM. Begins 3/31/2020. Brookline High, $118.

Screenwriting 101: Television and Movies
Andrew Osborne, Instructor
Come learn the basics of TV and movie writing from an Emmy-award winning instructor. Whether you want to write a feature film, create an original pilot, or become a staff writer for a network, cable, or streaming show, this class will cover everything from generating strong characters and dialogue to season-long story arcs, the realities of the entertainment business, and the differences between short and long form script format and narrative structure. We will also examine the three-act writing structure and the art of pitching and selling your ideas. Whether you’ve been writing for years or are a novice, you’ll find this course beneficial.

Sec. 01: # sessions: 6 Day: Sa 10:00AM-12:00PM. Begins 4/4/2020. Brookline High, $118.

Fiction Workshop
Valerie Lute, Instructor
Whether you are looking for feedback on your work in progress or just beginning your journey with fiction writing, this interactive workshop will help you hone your creative writing skills. In this class, beginners and experienced writers alike will have a chance to share their writing with a receptive audience. In our workshop, we will praise what is working the story, as well as raise suggestions for improvement. Weekly assignments will be introduced in class, and students may bring copies of their work to discuss the following week. Assignments will focus on a specific aspect of craft, including character, plot, and setting.

Getting Personal: A Memoir and Essay Workshop
Daniel Gewertz, Instructor
Celebrities can assume readers of their biographies will be seduced by fame; but when the rest of us write about our personal lives, we need to grab hold of a reader by the powers of our expression, our ideas, and our storytelling charms. Each week, this class will help sculpt your selected memories so that their inherent power can be brought to the page. We’ll focus on the crafting of short, concise memoir pieces, with weekly prompts and assignments meant to jump-start your writing. We also welcome students who are starting, or continuing, longer works. Why do certain moments haunt, charm, excite, or sadden us in retrospect? Whether emotional, comical, sensual, or spiritual in nature, what are the moments in your life that make for great stories? Writing will be read aloud in class.
Sec. 01: # sessions: 8 Day: Tu 6:30-8:30PM. Begins 3/24/2020. Brookline High, $140.

Introduction to Self-Publishing
Jacob Boucher, Instructor
Do you have a story you want to share with the world, but you’re not sure how to get it published and in front of readers? Self-publishing has grown from a niche market to become the choice for countless authors, from veteran novelists to aspiring new writers. This class is for anyone interested in publishing and selling their written works, in either a digital eBook format or in print. Topics will include an overview of the self-publishing industry, planning and completing your writing projects, picking the right distributor, the technical process of self-publishing, and pricing and promoting your books.
Sec. 01: # sessions: 3 Day: W 6:00-8:00PM. Begins 5/6/2020. Brookline High, $84.

Languages

Private Language Lessons
In our individual tutoring sessions, language instructors are available one-on-one to work with students of all skill levels on anything from pronunciation, to conversation, to travel tips. Students may choose the time and day of the week, Monday through Friday, or Saturday morning. Once we have your preferred schedule, we will work on finding an instructor to match your needs. Please come prepared with materials you would like to work on with your instructor. Sessions may meet at Brookline High School, 2 Clark Road, or another agreed-upon location. Discounts, waivers, credits, or transfers do not apply. To schedule sessions, please visit our website (brooklineadulted.org) to fill out a tutoring sign-up form.
Sec. 01 (4 hours): $160.
Sec. 02 (6 hours): $240.
Sec. 03 (8 hours): $320.

Beginning and Beyond Mandarin Chinese
Lei Reilley, Instructor
This course is designed to introduce the correct pronunciation and intonation of Mandarin Chinese and fundamentals of the language to those with limited to no experience with Chinese. You will be equipped with the basic phrases and sentences, as well as an understanding of grammar and sentence structures, so you can communicate in a variety of situations, such as greeting, shopping, dining, and more. The course will also guide you to grasp the reading and writing of basic Chinese characters, and to learn more about Chinese cultural context. The required textbook is: Beginner’s Chinese with 2 Audio CDs, Second Edition (Hippocrene Beginner’s Series).
Sec. 01: # sessions: 8 Day: Tu 6:30-8:00PM. Begins 3/24/2020. Brookline High, $138.

Beginning Russian
Jannette Shaulov, Instructor
This course is for students who have little or no previous experience learning Russian. Our study of the language will include the Cyrillic alphabet, basic Russian pronunciation, vocabulary, grammar, and customs. By the end of the course, students can expect to read some Russian, hold a very simple conversation, and feel confident enough to continue studies on their own.
Sec. 01: # sessions: 8 Day: M 6:00-8:00PM. Begins 3/23/2020. Brookline High, $170.

Beyond Beginning Russian
Jannette Shaulov, Instructor
This course is for students who have completed Beginning Russian or its equivalent. Students will expand their knowledge of Russian grammar, including cases, verbal conjugations, and tenses. You will gain better competencies in dialogues with each other, which will help deepen your vocabulary and strengthen your pronunciation.
Sec. 01: # sessions: 8 Day: Tu 6:00-8:00PM. Begins 3/24/2020. Brookline High, $170.

Beginning Japanese
Yuko Sato, Instructor
The Beginner class will explore basic grammar, vocabulary, and pronunciation through situational dialogues on topics such as shopping, making acquaintances, dining out, and more. Vocabulary lists with the corresponding basic Hiragana characters will help you learn to read and pronounce Japanese. The required textbook: Japanese for Busy People I: Romanized Version with CD, is available at the Brookline Booksmith. The Beginner 2 level uses the same textbook and is for those who want to further their knowledge of Japanese, but do not yet feel ready for the Intermediate level. The Intermediate level will help improve your ability to use Japanese accurately and appropriately with fluency, building on the basic skills you have learned. We will focus on reading comprehension, spoken fluency, and composition, with materials organized around social and cultural topics. You will learn about 50 Kanji characters. The required textbook: Genki: An Integrated Course in Elementary Japanese II; Second Edition, is available online.
Sec. 01 (Beginner): # sessions: 8 Day: Th 10:00AM-12:00PM. Begins 3/26/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $170.
Sec. 02 (Beginner 2): # sessions: 8 Day: M 10:00AM-12:00PM. Begins 3/23/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $170.
Sec. 03 (Intermediate): # sessions: 8 Day: Tu 6:00-8:00PM. Begins 3/24/2020. Brookline High, $170.
Beginning German
Agnes Farkas, Instructor
German is an exciting and enriching language, with many applications in travel, art history, business, and literature. This course is for beginners who have little or no experience with German, but wish to acquire a working knowledge of the spoken language. Areas of emphasis will include vocabulary building, verb conjugation, sentence formation, contemporary idiomatic expressions, and discussion of culture. The required textbook: *German Demystified*, is available at the Brookline Booksmith.


Italian I
Maria Conte, Instructor
Whether you’re planning your first trip to Italy or are enchanted by the language of Dante, this course will introduce you to Italian using a relaxed, conversational approach. This course, ideal for travelers, is for those who have little or no previous experience learning Italian. We will focus on vocabulary, grammar, basic verb conjugation, and pronunciation. Emphasis will be placed on speaking and listening comprehension. By the end of the course, you will become more comfortable speaking, writing, and listening to Italian. A $25 textbook fee is included in the course fee.

Sec. 01: # sessions: 8 Day: Tu 5:30-7:30PM. Begins 3/24/2020. Brookline High, $185.

Italian II
Maria Conte, Instructor
This course is for those who have completed Italian I, or who have equivalent experience. We will continue to expand vocabulary, learn irregular verbs, their conjugation, and the simple past tense, and improve speaking and listening comprehension. By the end of the course, you will become more comfortable speaking, writing, and listening to Italian. A $25 textbook fee is included in the course fee.

Sec. 01: # sessions: 8 Day: Tu 7:30-9:30PM. Begins 3/24/2020. Brookline High, $185.

Conversational Italian
Maria Conte, Instructor
This class, taught by a native speaker, is for those who have completed Italian Level II or its equivalent, are familiar with the basics of Italian grammar, and wish to increase their fluency and proficiency. You will concentrate on past and future tenses, pronunciation, and vocabulary, so that by the end of the course you will be able to carry on a conversation with a native speaker. Each week we will share interesting discussions or read newspaper and magazine articles to learn something of Italian culture.


French I
Frantz Presume, Sandy Lampert, Instructors
French I is for those who have had no previous French study, or have forgotten what they learned. Emphasis will be placed on learning a new sound system and listening skills. By studying vocabulary and basic grammar, you will learn to understand and say simple phrases using the present tense of the three basic verb groups. You will gain confidence in basic sentence construction as well as listening comprehension. For Section 01, the required textbook *Communication Progressive du Français, niveau débutant complet* is available online. For Section 02, the required textbook: *Ultimate French Beginner-Intermediate*, is available at the Brookline Booksmith.

Sec. 01: # sessions: 8 Day: M 11:00AM-1:00PM. Begins 3/23/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $170. Presume

Sec. 02: # sessions: 8 Day: Th 6:30-8:30PM. Begins 3/26/2020. Brookline High, $170. Lampert

French II
Frantz Presume, Michelle Alfred, Instructors
French II is for those who have completed French I, or its equivalent. You will continue to develop vocabulary and speaking skills at a beginning level. You should know the verbs être, avoir, aller, and faire and their many uses, plus the three verb group conjugations in the present tense. We will introduce the passé composé, l’imparfait, and futur simple, and continue with skills for simple speaking and writing. You will be able to count and tell time. For Section 01, the required textbook *Communication Progressive du Français, niveau débutant* is available online. For Section 02, the required textbook *Ultimate French Beginner-Intermediate* is available at the Brookline Booksmith.


Sec. 02: # sessions: 8 Day: F 10:00AM-12:00PM. Begins 3/27/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $170. Alfred

French III
Sandy Lampert, Michelle Alfred, Instructors
This course is for those who have completed French II or its equivalent, and would like to improve their vocabulary, accent, and fluency. Students should be comfortable conjugating regular and irregular verbs in the present and passé composé, and be able to count and tell time. You will be introduced to the conditional, subjunctive, future tense, and will continue to expand your knowledge of grammar and commonly used expressions through the practice of reading, writing, and speaking. All materials will be provided by the instructor.

Sec. 01: # sessions: 8 Day: Tu 6:30-8:30PM. Begins 3/24/2020. Brookline High, $170. Lampert
Sec. 02: # sessions: 8 Day: F 1:00-3:00PM. Begins 3/27/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $170.

French IV and Beyond
Frantz Presume, Lionel Claris, Instructors
This course is taught in a spiral rather than a straight line. Instead of learning rules in a linear way, we focus on becoming confident speakers through the combination of orally applied grammar and spaced repetitions. We will study authentic situations and circle key structures of French for proficiency. For students who have completed French III or its equivalent, this course is for those who have started to master the three verb groups in the présent, passé composé, imparfait, and futur. You will consolidate those in practical and fun speaking-intensive exercises while also familiarizing yourself more with other key structures of the language such as the conditionnel, subjonctif, and commonly used expressions. A particular emphasis will be placed on learning what is necessary to travel to a French-speaking country. For Section 01, the required text: *Communication Progressive du Français, niveau intermédiaire* is available online. For Section 02 course materials will be made available online for students to either access electronically or print.

Sec. 01: # sessions: 8 Day: Tu 1:00-3:00PM. Begins 3/24/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $170. Presume

Sec. 02: # sessions: 8 Day: W 7:00-9:00PM. Begins 3/25/2020. Brookline High, $170. Claris
French V and Beyond
Lionel Claris, Instructor

This course is taught in a spiral rather than a straight line. Instead of learning rules in a linear way with a textbook, we focus on becoming confident speakers through the combination of orally applied grammar and spaced repetitions. We will study authentic situations and circle key structures of French for proficiency. For students who have completed French IV or its equivalent, and have some mastery of the three main verb groups, and être, avoir, aller, faire, and savoir; and the passé composé, imparfait, and future tenses. You will consolidate those in practical, fun speaking-intensive exercises while also familiarizing yourself more with other key structures of the language. The subjunctif, les pronoms relatifs, and elusive connecting words like en and y. A particular emphasis will be placed on learning what is necessary to travel to a French-speaking country. Course materials will be made available online for students to either access electronically or print.

Sec. 01: # sessions: 8 Day: Tu 9:00-11:00AM. Begins 3/24/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $170.

La Prononciation française
Lionel Claris, Instructor

Would you like to improve your French accent? Unlock the secrets of French pronunciation and achieve a more authentic accent. This course, for students who have taken French III or beyond, will enable you not only to hear the language better, but to know what to listen for to facilitate comprehension of the spoken language. We will cover general principles of French phonetics, rhythm groups, liaison, and intonation. We will also learn the rules for when not to pronounce certain letters and sounds (e.g., the mute “e”) in French, a stumbling block for even advanced speakers. Course materials will be made available online for students to either access electronically or print.

Sec. 01: # sessions: 8 Day: Th 12:00-2:00PM. Begins 3/26/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $170.

French Conversation and Vocabulary
Michelle Alfred, Instructor

Do you speak French and want to enrich your knowledge of the language? Are you traveling to France soon and want to improve your appreciation of the culture? This course is for students who have taken French IV or its equivalent and would like to improve their conversation, pronunciation, and vocabulary skills. You should feel comfortable using présent, passé composé, imparfait, and futur, as well as increasing comfort in the conditionnel, subjunctif, and commonly used expressions. Taught by a native speaker, this course will focus on conversational French and have discussions about interesting topics such as painters, movie directors, music composers, history, and current events. We will learn in multiple modalities, so there will be videos to support visual and auditory learning.


French Literature, Culture, and Conversation
Lionel Claris, Instructor

This course is for those interested in French literature and culture. In our sessions, we will read, view, and discuss selections by prominent French writers, poets, musicians, and thinkers, both classic and contemporary. You’ll improve your spoken French, enrich your vocabulary, and improve your comprehension of written texts; while broadening your knowledge of great French literature and history. This course will be conducted entirely in French. The title of the required text will be emailed upon registration.

Sec. 01: # sessions: 8 Day: Tu 11:00AM-1:00PM. Begins 3/24/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $170.

Spanish I
Matilde Vickers, Sandy Lampert, Soledad Phelan, Instructors

This course is for students who have little or no previous experience learning Spanish. Emphasis will be placed on simple conversation, including everyday vocabulary. We will cover greetings, the alphabet, the present tense of regular verbs, noun-subject agreement, numbers, and other basic vocabulary. The required textbook: Spanish Now! Level 1 with CDs, 8th Edition, is available at the Brookline Booksmith.

Sec. 01: # sessions: 8 Day: M 11:00AM-1:00PM. Begins 3/23/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $170.


Sec. 03: # sessions: 8 Day: Sa 11:00AM-1:00PM. Begins 3/28/2020. Brookline High, $170.

Spanish II
Soledad Phelan, Instructor

This course is for students who have completed Spanish I or have equivalent experience. We will cover the present indicative tense of irregular verbs, the prepositions a and de, the verbs ser and estar, descriptive and limiting adjectives, more cardinal numbers, the agreement of ordinal numbers, and other basic vocabulary. By the end of the course, you will become more comfortable speaking, writing, and listening to Spanish. The required textbook: Spanish Now! Level 1 with CDs, 8th Edition, is available at the Brookline Booksmith.

Sec. 01: # sessions: 8 Day: M 11:00AM-1:00PM. Begins 3/23/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $170.

Sec. 02: # sessions: 8 Day: Th 5:00-7:00PM. Begins 3/26/2020. Brookline High, $170.

Sec. 03: # sessions: 8 Day: Sa 11:00AM-1:00PM. Begins 3/28/2020. Brookline High, $170.

Spanish Review and Conversation
Monica Gadaleta, Instructor

Would you like to review your skills, improve your pronunciation, and practice speaking with others? This review course, conducted mostly in Spanish, is for those who have completed Spanish IV (or who feel comfortable holding a conversation in Spanish), are familiar with the basics of Spanish grammar, and wish to increase their fluency and proficiency. Each week, the class will choose different topics of conversation relating to Hispanic literature, art, cinema, music, and different traditional cultures. We will also concentrate on speaking and listening skills, practicing vocabulary, and learning new idiomatic expressions.

Conversación en Español
Helena Alfonzo, Instructor

Esta clase es para los que ya pueden hablar español con cierta fluidez y para los que quieren mejorar su dominio del vocabulario y de la gramática de idioma. Utilizaremos una serie de lecturas y videos o cortometrajes (short films) para iniciar charlas, ampliar nuestro vocabulario y aprender sobre la cultura del mundo hispano. Además, repasaremos los temas gramaticales avanzados (y no tan avanzados) que sean necesarios, según los conocimientos de los estudiantes.


Repaso y Conversación de Nivel Avanzado
Soledad Phelan, Instructor

Este curso es para aquellos alumnos que hayan terminado un nivel de español avanzado o su equivalente. La clase será conducida totalmente en español. Habrá temas de discusión de últimos acontecimientos, noticias, y diferentes tópicos de interés. En caso sea necesario, repasaremos algunos temas gramaticales de nivel avanzado tales como el Modo Subjuntivo: presente e imperfecto; las Oraciones Condicionales: futuro posible, el presente irreal o imaginario, el pasado irreal o imaginario, u otros temas gramaticales de interés.

Sec. 01: # sessions: 8 Day: M 9:00-11:00AM. Begins 3/23/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $170.

Spanish for Travelers
María Conde, Instructor

Are you traveling to a Spanish-speaking country? Join us in this introductory level Spanish course to meet other travelers and get to know the language. You will learn useful phrases for your trip in order to communicate basic information. Learn how to understand cultural customs, introduce yourself, ask for directions, and thank your host. You will develop a basic understanding of weather expressions, cardinal and ordinal numbers, time, colors, days and months, seasons, transportation, useful verbs, and more. Our lively introduction will generate excitement for your travels, and prepare you for the experiences you will have. A $25 textbook fee is included in the course fee.

Sec. 01: # sessions: 8 Day: Th 5:30-7:30PM. Begins 3/26/2020. Brookline High, $185.

E.S.L.

Improve Your English
While most of our ESL courses involve listening, reading, writing, and speaking, we have many opportunities to focus on improving specific skills.

LISTEN
Snap and Chat
Monday, 5:30-7:00PM. Meets for 6 sessions, beginning 3/30/2020
American Culture and Conversation
Saturday, 10:00AM-12:00PM. Meets for 8 sessions, beginning 3/28/2020
READ
Improve Your English by Studying a Shakespeare Play
Wednesday, 6:30-8:30PM. Meets for 8 sessions, beginning 3/25/2020
The Joy of the Short Story
Thursday, 12:00-1:30pm. Meets for 8 sessions, beginning 3/26/2020
WRITE
Academic Writing: Focus on Grammar and Style
Thursday, 12:00-2:00PM. Meets for 8 sessions, beginning 3/26/2020
Saturday Writing and Grammar Skills
Saturday, 10:00AM-12:00PM, Meets for 8 sessions, beginning 3/28/2020
SPEAK
Communicating Clearly
Thursdays, 6:00-8:00PM. Meets for 6 sessions, beginning 3/26/2020
Advanced Communication Skills II: From Communicating to Convincing
Tuesdays and Thursdays, 7:30-9:00pm. Meets for 8 sessions, beginning 3/24/2020

For more information, check the individual listing for your course. We are looking forward to communicating with you!
Intermediate English
Susan Guth, Instructor
This course is for students who have some fluency in speaking and reading English, and need to brush up on beginning grammar. We will focus on conversation, vocabulary, and reading short stories. We will also discuss interesting topics like holidays and finding an apartment in the U.S. Grammar topics that may be reviewed include present continuous, future simple, and past continuous (“while he was living in Boston”), modal verbs and expressions, action and nonaction verbs, gerunds, and passive voice. The required textbook: Ventures 3: Students Book, 2nd Edition, is available at the Brookline Booksmith or online.

High Intermediate English
Ronna Maltz, Maureen Tripp, Instructors
This course is for students who want to feel more comfortable speaking English and who need an intensive review of intermediate grammar before taking advanced courses. You will also work on pronunciation, listening comprehension, vocabulary, and silent and oral reading skills. Grammar topics we will cover may include passive voice, modals, participial (-ed and -ing) adjectives, present perfect, present perfect continuous, and present unreal conditional (“If I were rich, I would move to Hawaii”). The required textbook: Ventures 4: Student Book, 2nd Edition, is available at the Brookline Booksmith.
Sec. 01: # sessions: 32 Day: M, Tu, W, Th 8:30-10:00AM. Begins 3/23/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $288. Maltz
Sec. 02: # sessions: 16 Day: Tu, Th 7:00-8:30PM. Begins 3/23/2020. Brookline High, $197. Tripp

Intermediate and High Intermediate English
For students who want an intensive course of study and wish to attend two classes at a lower cost, this class offers a discounted price to enroll in both Intermediate English and High Intermediate English during the day. The two required textbooks are: Ventures 3: Student Book and Ventures 4: Student Book, both 2nd Edition and both available at the Brookline Booksmith.

Advanced English
Juliana Kanegis, Maureen Tripp, Instructors
This course will help you develop the skill and confidence you need to be a fluent speaker of English. Each class will be devoted to activities involving presentation skills, with a special emphasis on rapid speech, vocabulary, and idiomatic expressions. We’ll work to communicate our ideas clearly and precisely through conversations on specific topics, small and large group discussions, debates, and group activities. Grammar will be reviewed as necessary. The required textbook: English the American Way: A Fun ESL Guide is available at the Brookline Booksmith or online.
Sec. 01: # sessions: 32 Day: M, Tu, W, Th 8:30-10:00AM. Begins 3/23/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $288. Kanegis
Sec. 02: # sessions: 16 Day: M, W 7:00-8:30PM. Begins 3/23/2020. Brookline High, $197. Tripp

Advanced Reading, Conversation, and Vocabulary
Ronna Maltz, Instructor
One of the best ways to improve communication skills is by reading, building vocabulary, and discussing what you study in daily conversations. This course is for advanced students who are interested in reading about topics such as current events and culture, which will inspire lively and engaging discussions while increasing their vocabulary and learning reading strategies.

BUNDLE Advanced English and Advanced Reading, Conversation, and Vocabulary
For students who want an intensive course of study and wish to attend two classes at a lower cost, this class offers a discounted price to enroll in both Advanced English and Advanced Reading, Conversation, and Vocabulary during the day. For Advanced English, the required textbook: English the American Way: A Fun ESL Guide is available at the Brookline Booksmith.

Lunchtime Conversation
Lee R. Soto, Susan Guth, Instructors
Would you like to practice your spoken English? This course will emphasize the development of conversational English by giving students practice with spoken language. For Section 01. Beginning students will build confidence carrying on a conversation in English. For Section 02. Intermediate and Advanced students will improve their speaking abilities and their listening comprehension by learning the natural rhythms and melodies of English and discussing newspaper articles and current events. Students should be comfortable carrying on a conversation in English.
Sec. 01 (Beginner): # sessions: 16 Day: Tu, Th 11:45AM-1:15PM. Begins 3/23/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $288. Soto
Sec. 02 (Intermediate/Advanced): # sessions: 16 Day: Tu, Th 11:45AM-1:15PM. Begins 3/24/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $197. Guth

Art and History of Boston
Wendy Dodek, Instructor
Learn about the beauty and hidden treasures of Boston. Through classroom activities and two field trips, we will discover our city’s exciting past and most interesting artists like siversmith Paul Revere and painter John Singleton Copley. Improve your vocabulary, speaking, and reading while gaining an understanding of this fabulous city. This course is for high intermediate and advanced students and includes one walking tour of Boston and a professionally guided visit through the Museum of Fine Arts, Boston.
Sec. 01: # sessions: 6 Day: Tu, Th 12:00-2:00PM. Begins 4/28/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $197.

Literary Boston
Juliana Kanegis, Instructor
While Boston is well known as the birthplace of the American Revolution, it is equally known for some of America’s most famous writers including Henry David Thoreau, Nathaniel Hawthorne, Louisa May Alcott, Robert Frost, and Sylvia Plath. In our sessions, we will read excerpts by these and other writers with deep roots in and around Boston. Through these readings you will gain both a deeper understanding of differing American writing styles, as well as expanding vocabulary and gaining speaking confidence through lively discussions. For our last class, we will take a trip to the Back Bay and Beacon Hill where many of these writers lived and worked. This class is for high intermediate and advanced students. Handouts will be provided. Field trip fees not included.
Sec. 01: # sessions: 8 Day: M, W 12:00-1:30PM. Begins 3/23/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $197.
Reading, Writing, and Discussion
Anatole Sykley, Sheila Amirinazari, Instructors
This course is designed for students who have achieved intermediate proficiency in reading and writing English, but still have difficulty reading newspapers and understanding cultural communications. The course will focus on the critical reading and writing of a variety of texts, including news, stories, poems, advertisements, and more. Special attention will be paid to reading aloud and oral presentations. Course materials will be distributed in class.
Sec. 01: # sessions: 16 Day: Tu, Th 6:00-7:30PM. Begins 3/24/2020. Brookline High, $197. Sykley
Sec. 02: # sessions: 8 Day: W 12:00-2:00PM. Begins 3/25/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $165. Amirinazari

Reading, Writing, and Grammar by Way of American Literature
Sheila Amirinazari, Instructor
This course will help advance your writing and grammar skills through reading and discussion of contemporary and classic English literature. We’ll learn sentence structure, and how to identify subjects, verbs, objects, adjectives, adverbs, phrasal verbs, and other grammatical applications through close examination of short stories and essays. We will also build our vocabulary and idiomatic expressions. For intermediate and advanced students; class will read a minimum of 10-15 pages for each meeting.
Sec. 01: # sessions: 8 Day: W 2:00-3:30PM. Begins 3/25/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $165.

Academic Writing: Focus on Grammar and Style
Sheila Amirinazari, Instructor
Writing effectively is a necessary skill in the academic and professional world. Learning how to produce clear and concise written communication is the focus of this course. We will review essential grammar skills related to effective writing while learning the basics of writing emails, cover letters, reports, summaries, and research papers. We will also analyze the importance of tone and style in communication and learn to edit and revise our writing for maximum effect. For high intermediate and advanced students. The required textbook, Longman Academic Writing, Series 3, Fourth Edition can be found online.
Sec. 01: # sessions: 8 Day: Th 12:00-2:00PM. Begins 3/26/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $165.

Only Grammar
Sheila Amirinazari, Instructor
This course is designed for students who have achieved an intermediate proficiency in English, and who wish to work extensively on English grammar. In class, we will review the basic elements of English sentences, including the eight parts of speech: nouns, verbs, pronouns, adjectives, adverbs, prepositions, conjunctions, and interjections.
Sec. 01: # sessions: 8 Day: Th 2:00-3:30PM. Begins 3/26/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $144.

The Joy of the Short Story
Alison Arnstein, Instructor
“Short stories are tiny windows into other worlds and other minds and other dreams. They are journeys you can make to the far side of the universe and still be back in time for dinner”, Neil Gaiman. Would you like to read a short story and discuss it with your classmates every week? We will learn new vocabulary, talk about our favorite characters and plots, and read aloud to develop confidence and fluency. We will read stories from the 19th, 20th and 21st centuries. After the first class, students will be provided with copies of next week’s story and expected to read at home and come prepared to discuss. For high intermediate and advanced students.
Sec. 01: # sessions: 8 Day: Th 12:00-1:30PM. Begins 3/26/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $144.

Snap and Chat
Maureen Tripp, Instructor
Improve your listening and speaking skills and build your English vocabulary in this conversation class in which we'll take, share, and talk about cell phone photos. This is not a photography class, but we'll discuss tips for taking good pictures. The emphasis will be on using our photos as conversation starters and as ways to tell stories. We will take and look at photos in each class.
Sec. 01: # sessions: 6 Day: M 5:30-7:00PM. Begins 3/30/2020. Brookline High, $120.

Communicating Clearly
Laura Jenemann, Instructor
This course is for high intermediate and advanced level students who want to learn pronunciation strategies so others will be able to understand them better. In this class, we will learn how to self-correct errors and develop speech clarity to increase your confidence as a speaker. We will cover all areas of pronunciation and accent reduction, including linking, pausing, stress, and intonation. Handouts will be provided in class.
Sec. 01: # sessions: 6 Day: Th 6:00-8:00PM. Begins 3/26/2020. Brookline High, $144.

Advanced Communication Skills II: From Communicating to Convincing
Anatole Sykley, Instructor
Perhaps you can communicate your ideas and suggestions in English, but need better ways to convince people to support your ideas and suggestions. Maybe you need a stronger command of vocabulary, grammar and different speaking and writing styles to ensure your audience understands you and also agrees with you. In this course, we will review examples taken from newspapers, magazines and the internet to analyze vocabulary, grammar and sentence style that makes them effective to gain agreement. Students will then be invited to choose their own topics and use these learned methods to improve their own oral and written communications through formal presentations and short writing examples. This class will also be useful in enhancing your team and group participation skills in English whether in professional or social situations. This class is suitable for first-time students with advanced English speaking skills, as well as students who have participated in the previous Advanced Communications I class.
Sec. 01: # sessions: 16 Day: Tu, Th 7:30-9:00PM. Begins 3/24/2020. Brookline High, $197.

Improve Your English by Studying a Shakespeare Play
Anatole Sykley, Instructor
Studying English literature is a great way to improve your English and also improve your use of creative English. Shakespeare is also useful to understanding English idioms, as well as different ways of using sentences and choice of words to communicate the right tone and emotion. This course is a good introduction to Shakespeare, as we will review and analyze selections of Romeo and Juliet. Through a series of recitations, readings, videos and student responses, we will also learn how to use quotes and passages from Shakespeare to write modern English sentences. This course for Intermediate or Advanced students only. The required text is: Romeo and Juliet (Shakespeare, Signet Classic) Revised Edition by William Shakespeare (Author), J.A. Bryant (Editor).
Saturday Conversation Practice
Anatole Sykley, Nancy Hart, Instructors
Would you like to practice your spoken English and increase your vocabulary? Emphasis will be placed on how to clearly express and exchange ideas through informal discussions, presentations, and group activities. We’ll touch on topics such as navigating Boston, taking the T, ordering at a restaurant, telephone etiquette, and other topics decided upon by the class. This course is for students who are comfortable carrying on a conversation in English.
Sec. 01 (Beginner): # sessions: 8 Day: Sa 10:30AM-12:00PM. Begins 3/28/2020. Brookline High, $144.

American Culture and Conversation
Nancy Hart, Instructor
Just as it is necessary to learn the language when living in a new country, it is also important to understand the habits, customs, expressions, and people whose cultural backgrounds differ from your own. This course, for intermediate and advanced students who feel comfortable with written and oral English, will introduce the multifaceted, multicultural mix of American life. We’ll explore issues such as literature, history, movies, holidays, and traditions to learn about American culture. Through in-class activities and discussions, you will build your knowledge of colloquial, informal English, including slang and idiomatic expressions.
Sec. 01: # sessions: 8 Day: Sa 10:00AM-12:00PM. Begins 3/28/2020. Brookline High, $165.

Saturday Writing and Grammar Skills
Sheila Amirinazari, Instructor
Do you need help with your grammar, or do you want to be a better writer? This course, designed for intermediate and advanced students, will focus on improving your grammar and writing skills. Grammar topics we’ll review include past, present, and future tenses, question formation, passive voice, nouns and pronouns, gerunds and infinitives, prepositions, and phrasal verbs. Writing topics will include sentence structure, paragraph organization, and essay and summary writing. The required textbook, Longman Academic Writing Series 3: Paragraphs to Essays, 4th Edition, is available at the Brookline Booksmith or online.
Sec. 01: # sessions: 8 Day: Sa 10:00AM-12:00PM. Begins 3/28/2020. Brookline High, $165.

Computers & Technology

Private Computer Lessons
In our individual tutoring sessions, Mac and PC computer instructors are available to work with students one-on-one, on anything from basic word processing to setting up a blog, to using LinkedIn to find employment opportunities. Students may choose the time and day of the week, Monday through Friday, or Saturday morning. Once we have your preferred schedule and what you’d like to learn, we will work on finding an instructor to match your needs. Sessions may meet at Brookline High School, 2 Clark Road, or another agreed-upon location. You may choose to bring your own laptop or use our computer labs. Please come prepared with questions about the application(s) or operating system you wish to learn. Discounts, waivers, credits, or transfers do not apply. To schedule private sessions, please visit our website (brooklineadulted.org) to fill out a tutoring sign-up form.
Sec. 01 (2 hours): $100.
Sec. 02 (4 hours): $200.
Sec. 03 (6 hours): $300.

Computer Skills for your Job
Whether you need to build your foundation in Microsoft Office or need some tips for making better spreadsheets, these classes will prepare you for your tasks at work.

Computer Essentials for the Workplace
Michael Toon, Instructor
Efficient use of the PC requires basic knowledge in several areas: the operating system, software applications (Microsoft Office), and the Internet. In this class, you will learn about the Windows operating system and its tools, and how to manage software, files, and folders. We will explore basic word processing using Word, learn about spreadsheets with Excel, and look briefly at PowerPoint. Finally, we will examine the Internet with a popular web browser and discuss issues such as internet access and different types of internet services. This hands-on course is for beginners.

Introduction to Microsoft Office
Phyllis Mays, Instructor
Microsoft Office, Word, PowerPoint, and Excel, is the software used by most businesses. Being proficient at these programs is essential to success at your job. In this class, you will explore each of these programs, learning the basic features and more. Students are encouraged to bring their questions and a flash drive to class if they want to save their work. Students may also bring their laptops if they wish to work on their own system. Although this course is taught in a PC lab, skills are transferable to Mac.
Sec. 01: # sessions: 3 Day: Tu 6:00-8:00PM. Begins 4/28/2020. Unified Arts Building, $130.

Microsoft Excel for Your Job or Business
Michael Toon, Instructor
Microsoft Excel is the most widely used and comprehensive spreadsheet program available, and allows you to quickly and easily create business and financial reports. This course will provide an introduction to Excel’s user interface and will cover important features such as how to create and edit worksheets and workbooks, manipulate table cells, create formulas, and validate data. Students should have basic PC skills. Although this course is taught in a PC lab, skills are transferable to Mac.

Microsoft Excel Workshop
Glen Cabbage, Instructor
In this workshop, we will build on existing Excel skills to explore data analysis and advanced data validation techniques. We will address pivot tables, linking cells across multiple Excel workbooks, customizing toolbars, and exporting data to other MS Office applications. We will discuss key strategies for using Excel more effectively to make data reporting and analysis faster and easier. This workshop will have a flexible structure that will allow students to bring questions and real-life examples to the class. Students are encouraged to bring their laptop with Excel on it. Although this course is taught in a PC lab, skills are transferable to Mac.
Sec. 01: # sessions: 1 Day: Tu 6:00-8:30PM. Begins 3/24/2020. Unified Arts Building, $60.
Sec. 02: # sessions: 1 Day: Tu 6:00-8:30PM. Begins 5/19/2020. Unified Arts Building, $60.

Introduction to Microsoft Word
Anatole Sykley, Instructor
Microsoft Office, Word, PowerPoint, and Excel, is the software used by most businesses. Being proficient at these programs is essential to success at your job. In this class, you will explore each of these programs, learning the basic features and more. Students are encouraged to bring their questions and a flash drive to class if they want to save their work. Students may also bring their laptops if they wish to work on their own system. Although this course is taught in a PC lab, skills are transferable to Mac.
Sec. 01: # sessions: 3 Day: Tu 6:00-8:00PM. Begins 4/28/2020. Unified Arts Building, $130.
Virtual Reality and Video

Join the Brookline Interactive Group (BIG) to explore VR and learn how to edit your own videos. You can find more information about our community partner on their website: brooklineinteractive.org

Intro to Virtual Reality (VR)

Brookline Interactive Group

Explore virtual reality in this introductory class. We will discuss the different types of VR devices & headsets, the software and example VR applications to get a firm understanding of VR technology. All participants will get an opportunity to experience a variety of VR experiences. All ages welcome, but children under 12 should be accompanied by an adult. Brookline Interactive Group offers this every Wednesday. Check their website for details. No registration is necessary for this weekly opportunity.

Sec. 01 (BIG offers a VR demonstration every Wednesday from 6:00-8:00PM in the Unified Arts Building, unless otherwise noted. Please check their website, brooklineinteractive.org, or call (617) 731-8566 for more information.): # sessions: 7 Day: W 6:00-8:00PM. Begins 3/25/2020. Unified Arts Building, $10.

Basic Editing in Adobe Premiere

Brookline Interactive Group

Join BIG for this two-session workshop where you will edit and create your own brief video. Adobe Premiere is a high-quality editing software used throughout the film industry that enables one to edit footage and craft a video or film. This workshop will introduce you to the basic functions and concepts of editing, including cutting video footage, adding and manipulating audio, and creating an opening and ending slides. Discount or waivers do not apply.

Sec. 01: # sessions: 2 Day: Th 6:00-8:00PM. Begins 3/26/2020. Unified Arts Building, $100.

Advanced Editing with Adobe Premiere

Brookline Interactive Group

Join our resident Adobe Premiere expert as they delve into more advanced functions, tools, and concepts of editing with this high-quality software. This two-session intermediate editing course will build on the basics and cover importing, master effects and color correction, syncing multi-cam angles, recording multicamera edits, color matching angles, and more! Utilize advanced editing techniques to take your editing to the next level and make your own professional quality films. Discount or waivers do not apply.

Sec. 01: # sessions: 2 Day: Th 6:00-8:00PM. Begins 4/9/2020. Unified Arts Building, $100.

Introduction to Adobe After Effects

Brookline Interactive Group

Adobe After Effects is a powerful, creative, and exciting animation tool in today's media culture. In this After Effects class, you'll cover topics starting with the use of the interface, using layers, keyframes, and masking, and media management. You will also have the opportunity to explore the depth of the After Effects tools, including the timeline, selections, color correction, motion tracking, and rendering your project for output.

Sec. 01: # sessions: 2 Day: Th 6:00-8:00PM. Begins 4/30/2020. Unified Arts Building, $100.

Podcasting and Design

Learn the behind-the-scenes skills to take your website, promotional materials, or other artistic endeavors to the next level.

Podcasting 101

Lau Lapidès, Instructor

If you've ever listened to a podcast and thought, "I can do that!" now's your chance! Join us for a crash course that will give you all the tools you need to start planning and recording your own podcast. In this one-day class, you will learn the ins and outs of recording in a high-quality sound booth. You will become familiar with how to best use a microphone, how to record using professional software, how to adjust the sound quality, and how to save your file in the most useful format for your intended purpose.

Sec. 01: # sessions: 1 Day: M 6:00-7:30PM. Begins 5/4/2020. Meet at Lau Lapidès Company, 149 Cedar Street, Suite 1, Wellesley, $30.

Wordpress: A Crash Course

Ben Vivante, Instructor

Build your own website and blog easily, for business or personal sites. Using WordPress, you'll learn to build, edit, and customize your own website, without any knowledge of HTML. We'll learn both technical setup and creative customizations, tailoring our efforts to the interests and needs of the class. Students should be comfortable using a computer and the Internet. Students should expect an additional expense if they choose to purchase a website domain and host.

Sec. 01: # sessions: 3 Day: Tu 5:30-7:30PM. Begins 3/31/2020. Unified Arts Building, $130.

Adobe Photoshop

David Leifer, Instructor

Adobe Photoshop is the dominant image-editing program used in digital photography and both print and digital media production. In this course for beginners, you will learn how to create, edit, adjust digital images, and prepare them for print and web. We will explore essential Photoshop skills such as creating selections, cropping, retouching, using filters, and making tone and color corrections through adjustment layers. We will investigate the advanced use of layers, masking, smart objects, and Camera Raw for compositing, special effects, and complete non-destructive editing workflow. Although this course is taught in a Mac lab, skills are transferable to PC.

Sec. 01: # sessions: 8 Day: Tu 6:00-8:00PM. Begins 3/24/2020. Unified Arts Building, $232.
Snap It: Taking and Managing Photos on Your iPhone/iPad

Marjorie Wein, Instructor

You can take remarkable photos with your iPhone or iPad camera. This course will explore the basics of how to use your camera and take advantage of its amazing features. We will then show you how to take your photos and edit them, organize them (e.g. into albums), put them in the cloud, and share them with friends and loved ones. It is helpful, but not necessary, to bring your iPhone or iPad with you to class. Discounts or waivers do not apply.

Sec. 01: # sessions: 1 Day: M 9:30-11:30AM. Begins 3/30/2020. Brookline Senior Center, 93 Winchester Street, $24.

Online Auctions: Successful Selling on eBay

Larry Gold, Instructor

Join the tens of millions of people who use eBay, the world’s largest online auction, to earn money by selling anything from hubcaps to tickets to rare antiques. This class will introduce you to the ins and outs of eBay, including how auctions work, how to register as an eBay seller, and how to make smart and safe transactions. You’ll learn how to establish yourself as a seller, research the marketplace, create listings, develop pricing strategies, explore PayPal and other payment options, monitor sales, and work with buyers after sales close. This class requires basic PC, Internet, and email skills. If you are not already registered for PayPal, please bring your checking account number and bank routing number, for your reference. Discounts or waivers do not apply.

Sec. 01: # sessions: 2 Day: M 11:45AM-1:45PM. Begins 4/27/2020. Brookline Senior Center, 93 Winchester Street, $40.

iPod & iPad Settings: Where All the Secrets Hide

Marjorie Wein, Instructor

There are many adjustments and tweaks you can make in the Settings screen that will change how your iPhone or iPad behaves. You can adjust such things as font size, ring tones, privacy settings, passcodes, screen wallpaper, notifications, updates, and battery life. By understanding these settings fully you are able to take complete control of your device and customize it to your needs. This course is for individuals who have basic familiarity with their iPhone or iPads and want to take the next step.

Sec. 01: # sessions: 1 Day: Th 6:00-8:00PM. Begins 3/26/2020. Brookline High, $48.

INSTRUCTOR SPOTLIGHT

Marjorie Wein

Marjorie Wein has had the privilege of teaching technology courses at BA&CE for the past seven years. She is originally from this area and was the executive vice president, treasurer, and a principal of a multimillion-dollar distribution company. She oversaw all aspects of a fully computerized operation. Marjorie was also formerly a high school teacher with a master’s in education and is a community volunteer. Marjorie loves making technology simple, fun, and unintimidating for people and finds that the energy and diversity at Brookline Adult education constantly keeps her challenged to present new and exciting information.

Ten years ago, Marjorie, and her sister Carol Wein, started WizeGuides (www.wizeguides.net), a company committed to helping people stay comfortable with new technology and, they have been enjoying every minute doing this personal technology training. Marjorie is fluent with both PCs and Macs, iPhone/iPads, Android phones, and speaks the language of most major software programs, including Microsoft Office.

Come check out their newest course, Snap It: Taking and Managing Photos on your iPhone/iPad (take the pictures today that you will treasure tomorrow) at the Senior Center. Find out how to use all the fabulous features in your iPhone camera and how to organize and manage your photos. There, is always something new to learn: You Don’t Know What You Don’t Know!
Finance & Career

NEW! An Introduction to Technical Analysis in the Stock Market
Debra Stotler, Instructor

Knowing which stocks to buy and knowing when to sell a stock you own require careful thought and analysis. Financial Analysts give long explanations about the state of the companies’ books, where they state facts like how much debt a company has, or what the earnings were last quarter. While this is good information to have, it is all limited to the past. Predicting the future behavior of stocks is more complex. Questions remain about what to expect statistically and what the odds are. In this class, you will learn about Technical Analysts, who focus on the sentiment and psychology of the state of the investors, the government, and the people. Technical Analysts look at charts and momentum, as they are interested in the price of the stock, and which direction it will likely go. Join us to learn about this different approach to examining the stock market.

Sec. 01: # sessions: 1 Day: Tu 6:00-8:00PM. Begins 3/31/2020. Brookline High, $43.

Tools of the Trade: A Technical Analysis of the Stock Market
Debra Stotler, Instructor

Do you have a basic understanding of buying and selling in the financial markets and are you looking for something more to help you increase your gains? This is an introductory class about the technical side of trading. We will look at patterns that will help us make decisions to drive our next move, such as whether current movies have an effect on decision making, or set of wood building blocks in order to encourage students to bring their own Jenga game or set of wood building blocks in order to help the instructor gauge topic interest and allocate discussion time accordingly. The session will close with the opportunity to ask the instructor general financial planning questions. Students are strongly encouraged to bring their own Jenga game or set of wood building blocks in order to fully participate in this highly interactive workshop.

Sec. 01: # sessions: 1 Day: W 7:00-8:30PM. Begins 3/25/2020. Brookline High, $33.

You Can Afford College If...
Dick Man, Instructor

...you plan in advance, understand the financial aid process, and act early enough. Financial aid goes to the families who plan in advance, ideally before the end of the child’s sophomore year of high school. This course will teach you the concepts and strategies that will help you maximize your financial aid by understanding the process, and how implementing strategies may increase a family’s eligibility even if you have a “high income” or own a business. Remember, procrastination equals less financial aid. All schools are not alike, so it is important to know your options and opportunities. A free financial aid analysis will be available to all attendees.

Sec. 01: # sessions: 1 Day: Tu 7:00-9:00PM. Begins 4/7/2020. Brookline High, $36.

Staging Your Home for a Successful Sale
Betsy Millane, Instructor

Staging is the process of presenting your home to showcase its best assets. If you are thinking of downsizing or moving, staging is an important first step. It can increase the value of your home exponentially, but it can also be expensive if you hire a professional. In this class, you will learn how to stage your home economically using your own accessories and furniture, to bring out its beauty and personality. We’ll discuss the principles of staging, decluttering, lighting, painting, buyer psychology, and will go beyond the basics by looking at examples of how to best display your own things to add charm, warmth, and personality to attract any buyer. This class will be interactive, bring photos of your home’s problem areas. We will also look at before and after photos that may inspire you to create wonderful displays.


Brick by Brick: Building Your House of Financial Success
Joel Roberts, Instructor

This informal, conversational workshop is designed for those interested in learning basic financial planning concepts critical to financial stability, independence, and success. Topics discussed will include budgeting, investing, estate planning, tax strategy, risk management, and lifestyle planning. Students are asked to provide their input and ask questions throughout to help the instructor gauge topic interest and allocate discussion time accordingly. The session will close with the opportunity to ask the instructor general financial planning questions. Students are strongly encouraged to bring their own Jenga game or set of wood building blocks in order to fully participate in this highly interactive workshop.

Sec. 01: # sessions: 2 Day: Tu 6:00-7:30PM. Begins 4/7/2020. Brookline High, $54.
Play the Stock Market Game
Peter Yaffe, Instructor
Imagine you’re handed $100,000 but you have no idea how Wall Street works. Well, that scenario may happen so you’d best be prepared. Join us and learn how to grow a virtual $100,000 into a top-performing investment portfolio. You’ll learn how investing actually works, first by examining various aspects of the functioning of the U.S. Financial Markets, types of investment products, investment research, use of stock charts, global events, and conducting research for case studies. Then you’ll learn about risk, speculation, diversification, and borrowing on margin. Working individually and in teams, you’ll compete against your fellow classmates and other groups across the state in this SIFMA Foundation (Securities Industry and Financial Markets Association) sponsored game. Warning: The Stock Market Game™ is played each fall and spring by budding investors as young as fourth grade. Can you do better than an elementary schooler in making savvy financial decisions? Come find out. Investors of all levels welcome.
Sec. 01: # sessions: 6 Day: M 7:00-8:30PM. Begins 4/6/2020. Unified Arts Building, $156.

Introduction to Estate Planning: Wills, Trusts, and Taxes
William Lane, Elizabeth V. Newton, Instructors
No matter your net worth or family situation, having an estate plan can be beneficial to you. It can protect your assets, reduce fees, keep your family out of court, and minimize estate taxes. In this class, we will walk through the documents that make up an estate plan and learn about wills, trusts, health care proxies, and powers of attorney. We will also discuss what probate is, what steps have to go through probate, and the process of how an estate is settled after someone dies. Lastly, we will review federal and state taxation as it pertains to your estate, as well as income tax and capital gains considerations for beneficiaries. You will leave with strategies of how to put your own estate plan together. Students of all ages, all manner of assets, and all levels of financial experience are welcome.
Sec. 01: # sessions: 2 Day: Tu 6:00-7:30PM. Begins 4/28/2020. Brookline High, $54.

Please note: Our Finance and Real Estate courses are not intended to take the place of individual financial counseling or legal advice. Please check with your own financial advisers before making any financial decisions based on recommendations from our independent instructors.

The Biggest Retirement Mistakes
Amy Lampert, Instructor
Whether you are approaching or are already in retirement, there are some landmines facing you if you do not take care to prevent them. This class will address the biggest of these risks and strategies for mitigating them; risks such as longevity risk, the risk of running out of money, sequence of return risk, the devastating impact of negative returns early in your retirement distribution mode; inflation risk, market risk, and more. Each risk has a strategy for lessening the impact and increasing the likelihood of an abundant retirement.
Sec. 01: # sessions: 1 Day: Th 6:00-8:00PM. Begins 4/9/2020. Brookline High, $43.

Making Your Nest Egg Last: Strategies for Sustainable Income in Retirement
Deborah Goodman, Instructor
Today’s notion of retirement is very different from that of previous generations. Individuals are working longer, living longer, and are faced with the challenges of both caring for elderly parents and providing for the needs of adult children. In this course, you will learn how to assess what your retirement needs are, how to position your assets to meet those needs, and how to take advantage of tax savings while maximizing government retirement benefits. You will leave this course with detailed strategies to ensure that you will have sufficient income to help you enjoy a comfortable, secure retirement.
Sec. 01: # sessions: 1 Day: W 7:00-8:30PM. Begins 5/6/2020. Brookline High, $33.

Advanced Real Estate
David Miller, Instructor
Do you already have a solid understanding of basic real estate topics, but want to deepen your knowledge? In this class, you will learn about the buying and selling of complex residential real estate properties. We will cover locating and selling multi-family properties, short sales, foreclosure sales, bank-owned sales and “real estate owned sales,” plus a discussion of different investment strategies. We will explore landlord-tenant laws, condominium conversion, and the creation of realty trusts and limited liability companies for holding real estate. You will leave this course ready to tackle most complicated real estate questions.
Sec. 01: # sessions: 1 Day: Tu 6:00-9:00PM. Begins 5/19/2020. Brookline High, $54.

First Time Home and Condo Buyers
David Miller
In today’s market, it’s more important than ever to be real estate savvy before purchasing a home or condo. Get an overview of the entire process, from finding the perfect neighborhood and selecting a real estate broker, to obtaining favorable financing and hiring an attorney to protect your investment. We’ll teach you how the rights and responsibilities of condo owners differ from those of homeowners, and review the primary legal documents related to each. This course’s unbiased, comprehensive approach can help you avoid disastrous situations from the loss of your hard-earned deposit, to buying a property with latent defects such as termites, lead paint, or water damage. Walk away feeling confident and ready to make this important life decision.
Sec. 01: # sessions: 1 Day: Tu 6:00-9:00PM. Begins 4/7/2020. Brookline High, $54.
Life Skills

Public Speaking: A Crash Course
Lou Lapides, Instructor

From the moment you enter a room, you're on! Learn to speak more effectively in both personal and professional situations. Eliminate your speaker fears and build confidence. In this fun, interactive, fast-paced workshop we will teach you how to organize your thoughts, polish your articulation and pronunciation, and become a more successful, more confident speaker. It's a great opportunity to practice speaking in a supportive, pressure-free environment. This workshop will include practice time, critique and feedback, and participants will be invited to raise questions and discuss particular situations. Please wear comfortable clothing and bring water.

Sec. 01: # sessions: 1 Day: Sa 9:30-11:00AM. Begins 5/2/2020. Brookline High, $30.

Public Speaking
Kitty Huang, Instructor

Good public speaking skills can help you to be more visible and influential. Whether you would like to be heard in a meeting, have a successful presentation with clients, or lead with confidence in the professional world, being able to speak eloquently with charisma can enhance your work competency and create opportunities. This course introduces techniques on organizing your thoughts, using body language and voice to make an impact, and applying various tools such as active listening and positive thinking to communicate effectively. In addition, you will learn the key elements in performing under pressure and presenting with visual aids. You will also have an opportunity to practice speaking in front of your classmates weekly.

Sec. 01: # sessions: 3 Day: M 6:30-8:30PM. Begins 3/30/2020. Brookline High, $84.

Acting Skills for Business
Lou Lapides, Instructor

We could all benefit from the trade secrets that stage actors and media industry professionals know. Come learn the actor's bag of tricks geared specifically for corporate presenters, sales professionals, and customer service personnel. Our goal is to train you to develop the highest level of soft skills available to you and apply these skills to your work. Discover tools and techniques to build confidence while strengthening physical and vocal presence whether you are presenting live, online, or by phone. Engage and ignite your audience with storytelling techniques that work and build rapport while commanding presence. Learn how to think fast on your feet through improvisation and role-playing, manage your physical and vocal message by incorporating breathing and speech techniques, and have fun discovering new approaches to communicating in your work. Please wear comfortable clothing, and bring a notebook and water. This session will be accompanied by a complimentary consultation and assessment by the instructor.

Sec. 01: # sessions: 1 Day: Sa 12:30-2:00PM. Begins 5/2/2020. Brookline High, $30.

NEW! Decision Making and Negotiation Strategies
Kitty Huang, Instructor

Life can be a series of decisions. Should you follow your heart or your head? Should you stay or leave? Knowing which is the right decision can be difficult. Looking back, it is easier to see what we should have done. Yet, looking forward facing the unknown, it is unsure which way we should go. In this course, you will learn a set of factors to consider in decision-making which will help you to be clearer about the meaning each choice has for you. Once you have made a decision, you will learn to negotiate and get what you want. We will discuss the techniques in reaching an agreement, identify the obstacles that get in the way, and prepare you for true success in your next negotiation. Whether it is a business issue or a personal matter, this class will help you find clarity in the decision-making process.


It's Hard to Say Goodbye
Kitty Huang, Instructor

We all experience a difficult goodbye at some point and likely more than once during our lives. Through various circumstances such as breakup, divorce, death, and distant relocation. It seems that no amount of work or activity can fill up this void we feel inside. At the end of the day, we are left with the reality that things are not the same anymore. It is possible to smile again after saying goodbye. While therapy and grief counseling are important, this class is an opportunity for complementary support. Together, we'll walk through exercises that help us process the challenging emotions associated with loss and attend to our hearts.

Sec. 01: # sessions: 2 Day: Tu 6:30-8:30PM. Begins 4/28/2020. Brookline High, $56.

Please note: Our Life Skills courses are not intended to take the place of therapy or grief counseling. Please check with your own counselors and doctors before making any major decisions based on recommendations from our independent instructors.

NEW! Fill Your Cup
Elizabeth Meyer, Instructor

This workshop will help you stop and tune into your own emotional needs. Where is self care on your own to-do list? Are you caring for yourself as well as you care for others? Often, we are on the bottom of our list, if we even make it on there at all, but no one can give from an empty cup. Through in-class exercises, discussion, and reflection, tune into your own “cup.” We will explore ways you can easily replenish your emotional resources so that you may continue to take care of everyone in your life without feeling depleted and burnt out.

Sec. 01: # sessions: 3 Day: Tu 6:30-8:00PM. Begins 3/31/2020. Brookline High, $68.

NEW! Recharge U: A Workshop for Busy People
Molly Delehey, Instructor

Do you want to be more, do more, and have more? In this dynamic and interactive class, you will learn to identify habitual thought patterns and limiting beliefs that are holding you back. You will develop clarity around your desires and goals, the first and most critical step towards creating the results you want. Learn techniques and time-tested principles to guide you toward greater awareness and achieving what you set out to do. Among the personal achievement resources we’ll explore is Napoleon Hill’s immensely popular book Think and Grow Rich, whose philosophy went beyond making money to helping people learn how to be or do anything they could imagine. Come prepared to transform your goals and dreams into reality.

Sec. 01: # sessions: 1 Day: M 7:00-9:00PM. Begins 3/30/2020. Brookline High, $36.

NEW! Change Your Thinking, Change Your Life
Stephanie Hessler, Instructor

Can you recall the last time you decided you would love to do something, but not go through with it? Did you or did you not? It’s hard to say goodbye. We all experience a difficult goodbye at some point and likely more than once during our lives. Through various circumstances such as breakup, divorce, death, and distant relocation. It seems that no amount of work or activity can fill up this void we feel inside. At the end of the day, we are left with the reality that things are not the same anymore. It is possible to smile again after saying goodbye. While therapy and grief counseling are important, this class is an opportunity for complementary support. Together, we'll walk through exercises that help us process the challenging emotions associated with loss and attend to our hearts.

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NEW! Recharge U: A Workshop for Busy People
Molly Delehey, Instructor

Are you feeling the need for a little excitement, creativity, and inspiration? Immerse yourself in art and movement activities along with cooperative group games that encourage you to be fully present and spontaneous. This class will encourage you to be in your “flow state” - a state of optimal health and well-being. You will be present, focused, and fully engaged with your brain and body. Experience a state of complete engagement in creativity and play, and leave feeling relaxed and recharged - like you have just taken a mini-vacation.

Sec. 01: # sessions: 1 Day: Sa 10:00AM-12:00PM. Begins 5/9/2020. Brookline High, $36.
Make it Happen
Envision the future you desire and make a plan to achieve it. Through these classes, you’ll learn life hacks that help you build your future.

Effective Goal Setting for Real Success
Stephanie Hessler, Instructor
If someone were to stop you and ask, “What are your goals?” How would you respond? Do you have goals? Are they written down? Regardless of where you are in life, having goals is vital to your growth. Get motivated by learning to establish bold, meaningful goals, something you really want, even though they may feel beyond your reach. Learn time-tested strategies to stay motivated, create new habits around goal-achieving and take effective action. Be prepared to become very clear about your goals and how to achieve them.
Sec. 01: # sessions: 1 Day: M 7:00-9:00PM. Begins 4/27/2020. Brookline High, $36.

NEW! Escape Your 9 to 5: Live and Work Remotely
Jarrett Lau, Instructor
It may be easier than you think to live and work anywhere in the world. Working remotely gives us the flexibility of time and allows us to create a healthier work-life balance. This class is designed to cover many of the aspects of working and living remotely to help you find your freedom. We will discuss financial independence, picking a location, and the types of jobs that are well suited for remote life. We will go through the importance of setting up communication tools and project management software, the effective process of hiring and managing people, and the techniques of determining your Specific, Measurable, Attainable, Realistic, and Time based (SMART) goals. We’ll also touch upon the benefits of creating and building a routine and how it will help you be more efficient as an entrepreneur.
Sec. 01: # sessions: 1 Day: Th 6:00-7:30PM. Begins 4/30/2020. Brookline High, $30.

NEW! Land the Job You Want
Stacie Haller, Instructor
Learn practical, effective tools for job hunting from a 30-year industry executive recruiter. Your instructor will explain what recruiters, hiring managers, and agencies are looking for in your resume and your interview. She will give you actionable advice on the best interview behavior and follow-up steps that make interviewers want to call you back. You will learn how to work with staffing agencies and recruiters and how to develop your job search network. You will leave this class with tangible resources, achievable next steps, and the confidence of knowing what is going on behind the scenes at your next interview.
Sec. 01: # sessions: 1 Day: W 6:30-8:00PM. Begins 4/1/2020. Brookline High, $28.

Life Changing Magic: Get Organized the KonMari Way
Phoebe Cusack, Instructor
It’s always the perfect time to start making positive changes in your home and in your life. Let a professional organizer teach you how to create a home you want to spend time in, and a life you want to live by putting the small things in order so that you can focus instead on your bigger dreams. In this class, you will be introduced to a method of organizing that focuses on five categories of belongings: clothing, books, papers, sentimental items, and komono, a Japanese term that roughly translates as miscellany. We’ll start with an overview of typical organizational challenges and then delve into the details so that you can envision ways to tackle and break down chaos, and create order. We will support everyone’s unique process through envisioning goals, discussing game plans, and offering encouragement.
Sec. 01: # sessions: 1 Day: Th 6:00-8:00PM. Begins 4/9/2020. Brookline High, $36.

The Divorce Coach
Kim Whelan, Instructor
Perhaps you are contemplating whether or not divorce is the right decision for you and your family. Or perhaps you (or your spouse) want to know how best to move forward with the process. Getting divorced is a daunting process that many people approach with some combination of fear, anger, and sadness. But you have the power to improve your chances for a more peaceful and productive divorce. The first step is to get educated about how divorce works in Massachusetts and about some of the choices you will be making. In this workshop, we will review the legal, financial, and emotional issues that you will be dealing with. We will discuss the different divorce processes available (do-it-yourself, mediation, collaborative law, settlement negotiation, or trial) and which process may be the best fit for you. We will also talk about empowering ways to deal with some of the emotional and financial challenges of divorce. Confidentiality of all attendees is required and will be briefly addressed at the beginning of the course.
Sec. 01: # sessions: 1 Day: M 6:00-9:00PM. Begins 4/6/2020. Brookline High, $48.

The Mouth Body Connection
Yasmin Chebbi, Instructor
Many people hear that they need treatment every time they are at the dentist. Have you ever heard that oral health impacts the health of your entire body, but wonder how they connect? Having clean and healthy teeth and gums is an important part of your overall health as they are linked to heart health, gut health, and brain health. Learn about the intricate mouth-body connection in order to be the healthiest you can be, while reducing harmful exposures. We will discuss the best ways to naturally care for your oral health beyond traditional brushing and flossing to eliminate future cavities and to promote overall health. This lecture will also cover oral health in children, how to reduce cavities, reduce the need for braces, and even perform better in school!
Sec. 01: # sessions: 1 Day: M 7:00-8:30PM. Begins 3/23/2020. Brookline High, $28.
Cooking & Cuisine

General Skills

The skills learned in these courses will provide a foundation for future cooking endeavors.

Knife Skills Workshop
Mohamed Maenaoui, Instructor
Sharpen your knife skills, hone your technique. Knife skills are the foundation of good cooking. Gain confidence and efficiency with various knives, plus learn tips and tricks to make cooking quicker, safer, and more delicious. In this introductory class, we will discuss basic cutting and sharpening techniques, while working with various produce, such as onions, garlic, carrots, tomatoes, and peppers. Our fresh cuts will then be assembled into a stir fry and soup to be enjoyed by all. A $20 food fee is included in the course fee.

Sec. 01: # sessions: 1 Day: M 6:00-9:00PM. Begins 4/6/2020. Unified Arts Building, $69.

International Cuisine

Experience unique flavors from around the globe, without leaving Brookline.

Homemade Pizza
Jeff Klein, Instructor
Who can resist a piece of crisp homemade pizza? Always having to rely on the local pizza parlor can get tiring, not to mention expensive. Join us while we learn how to create the perfect pizza, including preparing homemade dough from scratch and creating exciting flavor combinations such as butternut squash and goat cheese, caramelized onion and blue cheese, and more. You’ll also learn everything you need to know to bake a pizza in your own oven (spoiler alert: you don’t need a lot of fancy equipment). Please bring a to-go container for leftovers. A $20 food fee is included in the course fee.

Sec. 01: # sessions: 1 Day: W 6:00-9:00PM. Begins 3/12/2020. Unified Arts Building, $69.

Fear of Fish
Josephine Shields, Instructor
We hear it all the time, “Eat more fish.” That said, where do we begin? What do we buy? How do we choose it, prepare it, cook it, and get our families to like it? This class will address all of these questions, and leave you feeling excited about cooking fish at home. Our first two classes will be in the kitchen. We’ll discuss what to look for when selecting fish, how to identify different kinds of fish, the differences between wild fish versus farmed fish, and why sustainable fishing is important. We’ll whip up some tasty well-known fish, like salmon, and then try out recipes that include lesser-known species like hake, snapper, and others. We’ll also talk about recipes that we think even picky little eaters will enjoy. For our third class, we’ll meet at the New Deal Fish Market in Cambridge, where we will speak with the owner and learn first-hand what to look for when shopping for fish. Students are invited, but not required, to make their own purchase in the final class for cooking at home. A $30 food fee is included in the course fee.


Indian Springtime Meal
Shruti Mehta, Instructor
In India, once the heavy rains of Winter monsoons ebb, the temperature goes up. With the heat comes an abundance of mangoes, corn, mint, and leafy vegetables that pop up in mouth-watering displays in the marketplace. In this class, we’ll select some favorite Spring and Summer delicacies from an amazing array of recipes designed to keep one cool and yet still satisfy the spice craving. Depending on the best available foods, recipes may include a breakfast recipe called Corn Poha (pressed rice with fresh corn and spices), Spinach Bhajia (fritters), accompanied by a Date Chutney (sweet and sour dipping sauce), Mixed Green Curry, and Yogurt rice with mint, a southern specialty. The class will end with Mango Kulfi, a blend of mango pulp with ice cream, topped with fresh mango pieces and cardamom and nuts. A $20 food fee is included in the course fee.


Chai Workshop
Shruti Mehta, Instructor
Drinking chai or tea at various hours of day and night is a centuries old tradition in India. Indian Chai is a combination of black tea, milk, spices and sweetener, boiled together and served with savory, tangy, popular snacks. You can find chai-wallahs (tea vendors) on every street corner, train stations, movie theaters and of course hotly debated conference rooms. Many important decisions are taken over several cups of Masala Chai (spiced tea). Chai is often accompanied with finger-licking snacks known as Nashta. These snacks are never a full-blown meal, but a tempting, much desired half-meal that will leave you satisfied and craving for more. In this class, we will prepare the chai and learn to make the spice blend. We will also make a special Nashta as an accompaniment to the Masala Chai. A $10 food fee is included in the course fee.


COOKING & CUISINE
Simply Curries  
Shruti Mehta, Instructor

For the Indian food aficionado, the word “curry” conjures up images of aromatic lentils and vegetables in buttery and colorful sauces. Many people, however, shy away from making curries as they believe that it takes too much time and effort, or it does not look like what they have eaten in the restaurant. Whether you are new to Indian cuisine or would like to introduce your friends and family to exotic flavors, join us for this curry-centric class. We will prepare three different kinds of savory and spicy curries such as Palak Paneer (spinach and homemade cheese cooked with onion, ginger, chilies and spice, drizzled with cream), Aloo-Gobhi (cauliflower and potatoes cooked to perfection), and Curried black-eyed beans cooked in an onion, tomato, garlic, and ginger gravy. These curries will be served with aromatic saffron rice with nuts, garlic naan garnished with garlic butter and chili powder, and a simple Raita. Come, let’s get curried away! A $20 food fee is included in the course fee.


French Breads  
Evelyn Schichner, Instructor

One might not think that four simple ingredients—flour, water, yeast, and salt could help start a revolution. Learn how to make this stable in every French home. In session one, you learn to mix the ingredients, and make the classic Baguette, Pain d’Epi, and from the south of France, a Fougasse. In our second class, we’ll make brioche. This buttery classic dough is used for many creations such as a Brioché à Tête, Brioche Rolls, and Cinnamon Rolls. Learn the techniques of how to make the basic recipe and create your own delicious breads. A $30 food fee is included in the course fee.

Sec. 01: # sessions: 2 Day: Sa 9:30AM-1:30PM. Begins 5/2/2020. Unified Arts Building, $118.

French Desserts

If you are interested in taking all three French desserts courses, sign up for the special bundle that includes: Creative Croissants, The Art of the Tart, and The Macaron Workshop. All three for the price of $180, which includes a $60 food fee ($20 for each class).

Creative Croissants  
Evelyn Schichner, Instructor

The task of creating traditional French Croissants is within reach for the home cook. Spend your Saturday morning learning how to make an assortment of exquisite Croissants that you’ll be proud to say you made on your own. Working with dough made from scratch, we’ll learn tips and techniques as we prepare an assortment of flaky Croissants: Plain, Almond Croissant, Pain au Raisin, Pain au Abricot, and decadent Pain au Chocolat. A $20 food fee is included in the course fee.

Sec. 01: # sessions: 1 Day: Sa 9:30AM-1:30PM. Begins 3/28/2020. Unified Arts Building, $76.

The Art of the Tart  
Evelyn Schichner, Instructor

Very simply, a tart is a pastry crust with shallow sides, a filling, and no top crust. Working with delicious fruits such as berries, kiwi, pineapple, melon, peaches, plums, nectarines, and mango, you’ll learn how easy it is to make classic fruit tarts. We will learn techniques for preparing pacicte sucree (sweet pastry crust) and Cregaveme patisserie (pastry cream), and make and enjoy Tart aux Pommes, tangy Lemon Tarts, and Berry Tarts. Give your baking a new flair with the art of the tart. A $20 food fee is included in the course fee.


Macaron Workshop  
Evelyn Schichner, Instructor

French Macarons, almond-based egg white cookies made with a variety of flavors and colors and filled with buttercream or jam, are delicious, sophisticated, and will impress any guest. Macarons are perfect for those times when you want to make a special treat. Learn how to make these treats and fill with a variety of fillings including a chocolat ganache, raspberry jam, and caramel. A $20 food fee is included in the course fee.

Sec. 01: # sessions: 1 Day: Sa 9:30AM-1:30PM. Begins 4/11/2020. Unified Arts Building, $76.

New!  
Provence Dinner  
Evelyn Schichner, Instructor

Picture yourself enjoying the countryside of the south of France. Or, create sumptuous creations with recipes straight from Provence. You will be making a complete meal. Sample recipes include Soupe de C&ecacuteculenier-rape et de Poire (Celeriac & Pear Soup), Salade Verte à la Vinaigrette au Citron (Green Salad and Lemon Dressing), Lamb Tournière Provençale, Lentilles Françaises (French Lentils), and Tarte aux Fruits de Frangipaine (Fruit Tart). Come, learn, create and eat. A $20 food fee is included in the course fee.

Sec. 01: # sessions: 1 Day: W 6:00-9:00PM. Begins 4/15/2020. Unified Arts Building, $69.

New!  
Meze from Turkey and Greece  
Sabrina Pashtan, Instructor

Imagine sitting at a taverna on the beach of a Greek Island, the bouzouki playing while waves softly hit the sand in the distance. You’re sipping Ouzo and delighting in the array of meze at your table: Garides Saganaki (shrimp with tomato and feta), Tirokafteri (Greek spicy feta dip), Mercimek Kofte &i (Turkish red lentil balls), and for dessert, Portokalopita (Greek orange cake). Come join us and learn how to recreate this party-perfect meal in your own kitchen. A $20 food fee is included in the course fee.

Sec. 01: # sessions: 1 Day: Sa 10:00AM-1:00PM. Begins 3/28/2020. Unified Arts Building, $69.

What You Should Know About BA&CE’s Cooking Classes

• All of our cooking and baking classes meet at the kitchens in the Unified Arts Building at Brookline High School.

• In order to receive a refund or credit for cooking classes, we must have five business days (Monday through Friday) notice in advance of the starting time of the class. Please refer to our course refund policy at the back of the catalog for more information.
**NEW! Middle Eastern Feast**

Hila Krikov, Instructor

Middle Eastern food is fresh, wholesome, and rich. Most recipes are made with vegetables, spices, herbs, legumes, and grains, inexpensive ingredients that are easily grown in the region, and versatile. Join us for two nights of Middle eastern cooking and dining experience. In each class you will learn how to prepare a whole meal with an ease, using authentic ingredients and techniques. In the first class you will learn how to upgrade a Lebanese pitta, make variety of hummus dishes, **Majadra** (rice with lentils), fresh **Fattoush salad**, and Semolina cake. In the second class you will explore fresh and cooked vegetables recipes, learn how to be creative with tahini, experience falafel making and make **Kanafeh** for dessert. Be ready for hands-on participation, lots of lemon juice, olive oil, and fresh aromatic herbs. Class will end around the table enjoying what we have prepared. All dishes are vegetarian. Please bring containers for leftovers. A $30 food fee is included in the course fee.

Sec. 01: # sessions: 2 Day: W 6:00-9:00PM. Begins 3/25/2020. Unified Arts Building, $109.

**Sweet Treats**

*Indulge your sweet tooth by preparing and enjoying these delectable desserts. Let your creativity flow in art you can eat!*

**NEW! Floral Cupcakes Using Russian Piping**

Sandra Frezza, Instructor

Buttercream flowers don’t have to be a challenge. When using Russian piping tips, you just need to squeeze once and a beautiful flower appears, like magic. In this class you will learn to create floral cupcakes using Russian piping tips as well as learn how to combine colored icing to create multiple colored flowers. Bring 10-12 cupcakes as well as a box or carrier to transport your completed cupcakes. Icing, tips, and decorating bags will be provided by instructor. A materials fee of $20 is included in the course fee.

Sec. 01: # sessions: 1 Day: W 6:00-9:00PM. Begins 3/18/2020. Unified Arts Building, $69.

**New! Stained Glass Cake**

Sandra Frezza, Instructor

The stained glass cake has become a recent trend in cake decorating, as it is classy and elegant. In this class, you will learn tips and tricks to create a stained glass look in frosting. This technique includes covering a cake in Fondant, imprinting a design on that layer, and then using colored piping gel, Royal Icing, and a paint brush to outline, design, and complete your decoration. We’ll walk through all the steps together, including making the icings from scratch. Bring a 6 or 8-inch round two-layer frosted cake and a cake carrier or box to transport your finished project. A $20 food fee is included in the course fee.

Sec. 01: # sessions: 1 Day: Tu 6:00-9:00PM. Begins 5/12/2020. Unified Arts Building, $69.

**Mastering Buttercream Frostings**

Sandra Frezza, Instructor

Expand your Buttercream knowledge beyond American Buttercream. Join us to make three different types of Buttercream that can be used as frosting or filling for your next baked delight. Experience Swiss Meringue Buttercream and Italian Meringue Buttercream. Students will get to taste each and take home recipes, instructions, and samples. A $10 food fee is included in the course fee.


**Traditional Challah**

Jeff Klein, Instructor

Challah is traditional Jewish bread eaten on Friday evenings and other special occasions. This wonderful rich bread resembles brioché, but tastes a bit sweeter, and makes for the perfect French toast. Though it might look fancy, Challah is really quite simple to make and this class will take you through the necessary steps from start to braided finish, using only five ingredients, flour, yeast, honey, eggs, and salt. After learning to create the dough, we will complete the process by braiding and adding other finishing touches, such as raisins or sesame seeds. You might never buy Challah from the store again. A $12 food fee is included in the course fee.


**FOOD ALLERGENS**

If you have any food allergies, please contact the BA&CE office at bacep@psbma.org at least one week before your cooking class so we can communicate your needs to the instructor.
Boston’s Historic Waterfront: A Walking Tour

Boston By Foot, Guide
Boston has a great seafaring heritage. Ocean trade and related industries had a major impact on the growth of Boston and the shape and character of its waterfront. Today’s waterfront is a vibrant mix of hotels, restaurants, residences, and recreational spaces, from Atlantic Wharf on the Fort Point Channel to Battery Wharf in the North End. This tour includes the beginnings of Long Wharf as the grand entry into Boston, and the genesis of its Financial District, the lore of clipper ships and the China Trade, and classic 19th century Boston granite wharf buildings including Commercial Wharf, Lewis Wharf, and Union Wharf. Take in the spectacular views of Boston Harbor as we wind our way among the wharves, old and new.

Sec. 01: # sessions: 1 Day: Sa 11:00AM-12:30PM. Begins 4/18/2020. Meet under the Arch at Rowes Wharf, 50 Rowes Wharf, Boston, $20.

Brookline’s Secret Stairways and Paths: A Walking Tour

Kenneth Dumas, Guide
During the late 19th century, a network of pedestrian paths and walks was constructed to facilitate the passage of citizens up and down Corey and Aspinwall Hills to the new Beacon Street Boulevard streetcar line. Beacon Street, widened in 1887 according to plans drawn up by Frederick Law Olmsted, afforded such easy access to Boston that mansions were built for wealthy families abutting the stylish street. On this walking tour of the paths, we will cover all the stairs and terraces that comprise the great circuit of pedestrian walks, from Summit Path all the way to Beaconfield Path ending at the MBTA Beaconfield station. The history of the paths, the architecture around them, and the story of the lost paths will be recounted. This is a strenuous walk that covers several miles of mostly stairs, but those who join may drop out at any point along the way and hop onto the Green Line to return home.

Sec. 01: # sessions: 1 Day: Sa 10:30AM-12:30PM. Begins 3/28/2020. Meet at the intersection of Washington and Beacon Streets near the outbound T stop, Brookline, $22.

Fenway Studios History and Art Studio Tour

Oana Lauric, Guide
Fenway Studios, a National Historic Landmark building built in 1905, is the oldest continuously functioning building in the country constructed for and dedicated solely to artists’ space. Inspired by the 19th century atelier studios in Paris, it was designed so that every one of the 46 studios would have a north-facing window and 14-foot high ceilings. On this tour, you’ll learn about the building’s architecture and its history while also visiting with artists in their studios and talking with them about their work. Originally, the building was associated with artists working in the Boston School style of painting, but now the current artists work in all media and styles. Over 100 years later, the artist community at Fenway Studios is thriving with more than 40 artists. This location is truly one of Boston’s finest gems, and our tour will help you understand why.

Sec. 01: # sessions: 1 Day: Sa 10:00AM-12:00PM. Begins 4/11/2020. Meet in the lobby at Fenway Studios, 30 Ipswich Street, Boston, MA, $22.

Parkside: Jamaica Plain’s “Little Concord”

Stephen Jerome, Guide
One of Boston’s hidden gems, Parkside, between Egleston Square and Forest Hills, was home to many leading 19th century reformers, philosophers, artists, architects, bohemians, and writers, including abolitionist George Robert Russell, who hosted John Brown of Harper’s Valley Raid fame, and Ednah Dow Cheney. Ralph Waldo Emerson is commemorated in Parkside by Schoolmaster’s Hill, the site of Emerson’s schoolhouse, and the Margaret Fuller school was named after a pioneering feminist and Transcendentalist who once lived here. This tour highlights an area that once accommodated rural estates that were later subdivided, in many cases by the residents themselves, into picturesque streets laid out over the rugged Roxbury puddingstone-lined hills. House lots of varying sizes were built up with Queen Anne, Colonial Revival, and shingle-style homes, many designed by leading Boston architects, including W. R. Emerson, W. G. Preston, E. M. Wheelwright, Rand and Taylor, and the important Roman Catholic Church architect, P. W. Ford.

Sec. 01: # sessions: 1 Day: Su 1:00-3:00PM. Begins 5/10/2020. Meet on the front steps of Margaret Fuller School, 25 Glen Road, Jamaica Plain, $22.

Upham’s Corner Walk: Boston Crossroads

Boston By Foot, Guide
Upham’s Corner is one of the oldest crossroads in Boston, Join us while we explore this interesting section of Dorchester, and learn how infrastructure and commerce of the past drove the neighborhood to what it is today. We will walk up a piece of the Emerald Necklace that did not get built (Columbia Road) and find out why not. We will see a series of commercial buildings and discuss why Amos Upham came to this intersection to open his store in 1804. You’ll see both the oldest surviving thing in Dorchester, the North Burying Ground, as well as talk about some exciting future plans for Upham’s in the Imagine Boston 2030 plan. This tour is presented in partnership with Upham’s Corner Main Street, an organization whose mission is to improve the quality of life in the Upham’s Corner business district by helping neighborhood businesses thrive.

Sec. 01: # sessions: 1 Day: Sa 11:00AM-12:30PM. Begins 5/10/2020. Meet at the Dorchester North Burying Ground gates, Columbia Road and Stoughton Street, Boston, $20.

A Walking Tour of Longwood and Cottage Farm

Stephen Jerome, Guide
Starting in 1818, David Sears II purchased 500 acres of Brookline following the construction of the Mill Dam that provided direct access to Boston. Sears, an admiral of Napoleon, planned the neighborhood of Longwood drawing inspiration from the English countryside and planted some 14,000 trees for beautification. David Sears sold 200 acres to the merchant and industrialist and abolitionist, Amos Lawrence. The Lawrences developed their land into a residential suburb named Cottage Farm. Today, these are historic districts that span 119 acres and are comprised of sophisticated mansions and cottages designed in the Gothic Revival, Mansard, Queen Anne, and Georgian Revival architectural styles. On our tour, we’ll view a remarkable collection of romantic English-country-style cottages, architectural works of Peabody & Stearns, George Tilden, George Dexter, an International Style house designed so that every one of the 46 studios would have a north-facing window and 14-foot high ceilings. On this tour, you’ll learn about the building’s architecture and its history while also visiting with artists in their studios and talking with them about their work. Originally, the building was associated with artists working in the Boston School style of painting, but now the current artists work in all media and styles. Over 100 years later, the artist community at Fenway Studios is thriving with more than 40 artists. This location is truly one of Boston’s finest gems, and our tour will help you understand why.

Sec. 01: # sessions: 1 Day: Sa 10:00AM-12:00PM. Begins 4/11/2020. Meet in the lobby at Fenway Studios, 30 Ipswich Street, Boston, MA, $22.
Brookline’s Hidden History of Slavery and Freedom: A Walking Tour
Barbara Brown, Guide
Much of Brookline’s history remains hidden in plain view. This walking tour will visit four sites that tell the key stories of slavery and freedom in our town. Our tour will begin at Town Hall, where you’ll look for the evidence of slavery right inside the front door. The walk will also stop at an Underground Railroad house where you’ll hear the story of one of the most daring escapes to freedom. We’ll end our walk at the Old burying Ground on Walnut St. The walk is not strenuous; however, those who need to can drive the short distances between sites.
Sec. 01: # sessions: 1 Day: Sa 2:00-3:30PM. Begins 5/9/2020. Meet in front of the main door of Brookline Town Hall, 333 Washington Street, $20.

Brookline’s Hidden River: A Walking Tour
Kenneth Dumas, Guide
Did you know that there is a river running through Brookline Village? Boston’s Muddy River is a significant part of Frederick Law Olmsted’s Emerald Necklace, a string of parks from Boston Common to Franklin Park. For years the river has been easy to ignore, hidden as it is by stone and earthen walls, scrubby plants, bridges, and wide busy streets. Recently, a $93 million restoration aimed at flood control has exposed the river’s beauty. Join us to stroll from Brookline Village to the Charles River in Back Bay, following the river’s path. We will visit the famous Dutch House, Longwood, the Bridge to Nowhere, the Landmark Center, and the Fens with its rose garden, war memorials, and victory gardens. We end at Charlesgate for a glimpse of the river as it wends its way beneath roadways and bridges to the Charles.
Sec. 01: # sessions: 1 Day: Su 10:30AM-12:30PM. Begins 5/3/2020. Meet at Brookline Village T-stop, 31 Station Street, $22.

Walking Tour of Roxbury’s Mount Pleasant
Stephen Jerome, Guide
Placed on the National Register of Historic Places in 1983, Roxbury’s Moreland Street Historic District (also known as Mount Pleasant) is significant for its distinguished architecture. The area is known for its styles and residential building types prevailing in the Boston area from 1840 to the 1920s, for the evolution of its urban/suburban plan, as an important example of Boston’s “streetcar suburb” development, and for its associations, including General Joseph Warren, Admiral John A. Winslow, a Civil War hero, authors Hamlin Garland and Epes Sargent and Mayor James Michael Curley. The tour will also highlight educational, charitable, and religious sites, including the former site of Roxbury Latin School, Roxbury’s oldest public school, and the Carmelite Monastery.
Sec. 01: # sessions: 1 Day: Sa 1:00-3:00PM. Begins 5/2/2020. Meet at Warren Homestead, 130 Warren Street, Roxbury, $22.

What’s New in Boston’s Seaport?
Jim O’Connell, Guide
The Seaport District of South Boston is a constantly changing neighborhood. Join a city planner and architectural enthusiast for a walk through time as well as to discover what is new in 2020 including Martin Richard Park, Fort Point Channel, the Harborwalk, District Hall, Echelon Seaport, and the wave of new residential and hotel development around the Convention Center. We will examine the architectural styles of the new buildings in light of modern architect Mies van der Rohe’s aphorism: “Buildings tells us what we are and what we want to be.” We will also discuss the historical architecture and infrastructure that gives context to this burgeoning hot spot.
Sec. 01: # sessions: 1 Day: Sa 1:00-3:00PM. Begins 4/4/2020. Meet at the Shrine of Our Lady of Good Voyage, 51 Seaport Boulevard, Boston, $22.
More of Massachusetts

Explore more of what our great state has to offer. Expand your horizons and clear your head with a bus tour or a yoga and art retreat. Learn more about Western Massachusetts, or more about yourself!

Poets, Sculptors, and Paradise by Bus

Endless Byways Tours, Guide

Spend the day on a relaxing and fact-filled bus tour to Western Massachusetts. Upon boarding the bus, the fun will begin. We’ll give you a primer on what we’re about to see as we head first to the home of poet Emily Dickinson in Amherst. Her fame and eccentricity have been captured at Homestead and the Evergreens, a museum where we’ll get a guided tour. Next we’ll go to Northampton, a city dubbed by the 1851 Swedish opera singer Jenny Lind Paradise in America. The name stuck and today the Paradise City is a bustling hive of independent shops, galleries, and local characters. You’ll have the opportunity to stroll through town and have lunch on your own in any of the multiple independent eateries available. For our last stop, we’ll head northwest to the small town of Stockbridge in the Berkshires to tour Chesterwood, the summer home, studio, and gardens of sculptor, Daniel Chester French, who forever memorialized important touch-points in American history. We will depart from and return to Newtonville, MA. All museum admission and gratuities are included in the price. Details will be emailed upon registration. Discounts or waivers do not apply. Bus Policy info: If you withdraw less than 14 days before the trip we cannot offer a refund. Credits are available at the discretion of the tour company and will be decided on a case by case basis.

Sec. 01: # sessions: 1 Day: Sa 7:30AM-7:00PM. Begins 6/20/2020. We will depart from and return to Newtonville, MA, $135.

Tree Toad Farm Yoga & Art Retreat

Offered by: Juliet Lockwood (Event Organizer), Heather La Force, Sandy Kolik

Would you enjoy a weekend of relaxed community activity in a beautiful 113-acre Massachusetts farmstead near Quabbin Reservoir? Our posse of three mindfulness and art professionals will travel to Tree Toad Farm in North Leverett to eat well, spend time in flow and relaxation yoga practices, get creative in guided art activities, meditate, and enjoy the idyllic landscapes. This all-inclusive camping, dorm, or private room retreat will involve us all as we prepare meals together, make our own temporary labyrinth for walking meditation, help build the evening outdoor fire, and will be decided on a case by case basis.

Would you enjoy a weekend of relaxed community activity in a beautiful 113-acre Massachusetts farmstead near Quabbin Reservoir? Our posse of three mindfulness and art professionals will travel to Tree Toad Farm in North Leverett to eat well, spend time in flow and relaxation yoga practices, get creative in guided art activities, meditate, and enjoy the idyllic landscapes. This all-inclusive camping, dorm, or private room retreat will involve us all as we prepare meals together, make our own temporary labyrinth for walking meditation, help build the evening outdoor fire, and will be decided on a case by case basis.

Approximate cost, $10.

Sec. 01: # sessions: 1 Day: Su 10:30AM-12:30PM. Begins 6/20/2020. Meet at the parking lot adjacent to Newtonville, MA, $670.

Sec. 02: # sessions: 1 Day: Su 10:30AM-12:30PM. Begins 6/20/2020. Meet at Tree Toad Farm, 106 Jackson Hill Rd, Leverett, MA, $520.

A Tree Grows in Brookline

Rebecca Arnoldi, Guide

Brookline is proud to be the home of Norway Maples, Red Oaks, Lindens, Sycamores, European Beeches, Ash, Gingko, and many other species of trees. In 2009, a Brookline tree survey resulted in a count of approximately 11,000 trees along the 104 miles of road they surveyed. Join a naturalist as we walk the quiet neighborhood roads around Coolidge Corner in order to focus on the trees that line our streets and shade our parks. On our tour you will learn identification skills and interesting facts about trees you see everyday. You’ll learn about the history of our town’s trees and come away with a deeper appreciation for the urban forest that fills our sidewalks and backyards. Bring a pencil and a journal to take notes, make rubbings, or sketch details.

Sec. 01: # sessions: 1 Day: Sa 7:30AM-7:00PM. Begins 6/20/2020. Meet at Newtonville, MA, $135.

Urban Foraging for Wild Edibles

David Craft, Guide

Tasty wild plants grow abundantly in the area, many of which we walk right by without ever knowing they are there. Upgrade your knowledge of the wild greens readily available for foraging by joining a plant expert on a ramble through an urban wild. You’ll learn how to identify dozens of edible wild plants, and how they can add significantly to your culinary and nutritional repertoire. We’ll also discuss cooking options, seasons of availability, and guidelines for safe and environmentally responsible foraging. You’ll be amazed at the amount of greens, nuts, roots, and mushrooms that you can find now and over the next couple of months. Sampling in the field will be encouraged. For those interested in learning more about this subject, the guide’s book, Urban Foraging, will be available for sale at the walk.

Approximate cost, $10.

Sec. 01: # sessions: 1 Day: Su 10:30AM-12:30PM. Begins 5/31/2020. Meet at the parking lot adjacent to the Christian Herter Community Garden, 1155 Soldiers Field Road, Allston, $22.
Behind the Scenes: A Day in the Life at the Zoo
Franklin Park Zoo Staff
There are a multitude of details surrounding the mechanics of running a zoo. In this behind the scenes look at how a zoo works, we will visit and talk with staff at the Franklin Park Zoo. You’ll hear intriguing details about their daily rounds, and learn about animal habits, feeding processes, relationships between animals and caretakers, what happens when animals get sick, and the number of staff involved in the care of just one animal. You’ll learn how decisions are made, how weather conditions are dealt with, and how the zoo fits into the community. Depending on the day, we’ll visit animals in restricted areas usually open only to staff. For students ages 16 and older. Discounts or waivers do not apply.
Sec. 01: # sessions: 1 Day: Sa 10:00AM-12:00PM. Begins 5/30/2020. Meet at the Main (Zebra) Entrance of the Franklin Park Zoo, 1 Franklin Park Road, Boston, $36.

NEW!
Red Pandas at the Franklin Park Zoo
Franklin Park Zoo Staff
Get ready for cute! The red panda is a raccoon-like mammal that is furry and red with soft, dense fur. This coat covers its entire body, even the soles of its feet. It is also called firefox, bear-cat, lesser panda, first panda, and red cat-bear. Red pandas are bamboo eaters native to Asia’s high forests and are the only living members of their taxonomic family. Join us to learn all about them, meet them behind the scenes, and see how they live at the Franklin Park Zoo. Red pandas are an endangered species and you’ll also learn about conservation efforts that are in place for them in their natural range and also at the zoo. For students ages 16 and older. Discounts or waivers do not apply.
Sec. 01: # sessions: 1 Day: Su 10:00AM-12:00PM. Begins 4/12/2020. Meet at the Main (Zebra) Entrance of the Franklin Park Zoo, 1 Franklin Park Road, Boston, $36.

Well-Being & Yoga

Morning Tai Chi
Vincent Chu, Instructor
Start your day with new energy and inner calm with the practice of one of the original ancient Chinese martial arts, tai chi. The slowness and evenness of continuous movement, based on ancient philosophy, makes this an ideal form of exercise for men and women of all ages and abilities. You’ll increase your strength and resilience, promote cardiovascular and respiratory endurance, improve coordination and balance, and build confidence. We’ll practice a series of movements in the yang style, today’s most popular form. Please wear soft, flat-bottomed shoes.
Sec. 01: # sessions: 8 Day: Tu 8:30-9:15AM. Begins 3/24/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $65.
Sec. 03 (Both Sessions): # sessions: 16 Day: Tu, Th 8:30-9:15AM. Begins 3/24/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $110.

The Alexander Technique
Cecile Raynor, Instructor
Most people accept excess tension or muscle strain as a natural outcome of their busy lives, but we don’t need to accept it. You can exercise conscious control over your body in order to move more effectively. The Alexander Technique, developed by F.M. Alexander, is a mind/body education that includes a gentle hands-on process to re-educate the body. It improves your postural balance and body alignment, the way you move and breathe, and the way you accomplish your everyday tasks. It relieves compression of the spine, neck, and shoulders, frees you up, enables you to act more mindfully, and replaces habits and postures that hinder the very movement you’re trying to achieve. By exploring first-hand the interconnectedness that the Alexander Technique promotes, you will experience better posture, increased efficiency of movement, and a deeper well being.
Sec. 01: # sessions: 2 Day: Th 5:30-7:00PM. Begins 3/26/2020. Brookline High, $45.

The Wise Way to Yoga: The Alexander Technique
Cecile Raynor, Instructor
Yoga is helpful for anyone. It can help you on and off the mat if you know how to use your body in line with your whole-body intelligence. For that, you need to become aware of and unlearn unconscious habits that interfere with the quality of your movements and best posture. This introductory class will help you become aware of places where you habitually hold tension, and show you how to change them so that they don’t interfere with your yoga practice. As a result, neck, back, and joint discomfort or pain are given a chance to heal and fade away, and your posture will improve organically as will your sense of balance and coordination. Using a combination of traditional Hatha Yoga teachings and Alexander Technique awareness, we’ll help you wherever you are in your body fitness level. Open to all levels. Please bring a yoga mat and towel.

Qi Gong: Calming and Centering
Jayne Lee, Instructor
This therapeutic qi gong class is a gentle form of medical qi gong developed in the early 1970s at the University of Sports Medicine in Shanghai, China. It was created to help relieve illness and prevent disease. This self-therapy, or moving meditation, combines deep breathing, mind focus, and gentle whole-body stretching and movement to promote energy flow and to harmonize the mind and body. In this class, we will focus on relaxation and letting go of tension, worry, and anger, all of which can lead to health problems. We will practice building strong qi or energy, which in turn promotes physical and emotional strength, inner peace, and happiness. We will also practice finding our energy center dan tien, incorporating tai chi basics, and end with a cool down. Please wear comfortable clothing and bring water and indoor shoes.

WELL-BEING & YOGA
Self Care: Relieving Tension and Pain
Clara Sandler, Instructor

Whether you suffer from minor aches or more troublesome nagging pain, just changing the way you carry yourself throughout the day may help. In this class you'll learn about your postural habits and how to change them to release tension, increase coordination, balance, and ease of movement. We'll learn the importance of the head-neck relation to the rest of the body, how to pause and not react in a habitual way, develop awareness of our self and our surroundings, and learn to respond to what our body is telling us. Part lecture and part practical and experiential activities, the goal of this course is to help you feel lighter, more resilient, and comfortable no matter what your age or physical ability.

To add to our knowledge, we will discuss readings from Body Learning: An Introduction to the Alexander Technique by Michael Gelb. Please bring a yoga mat.

Sec. 01: # sessions: 4 Day: Th 11:30AM-1:00PM. Begins 4/9/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $93.

Yoga for Relaxation
Ines HudsonGino Morelli, Instructor

If you are interested in clearing your head and grounding yourself in the present moment, this hatha yoga class offers an excellent calming experience. Through meditation and gentle yoga practices we will focus on re-centering your body, mind, and spirit. Slow and gentle poses will help your body begin to relax, and breathing practices will calm your nervous system. Extended and guided deep relaxation will return your mind to its place of peace. Open to all levels. Please bring a yoga mat, two blocks, and a blanket.

Sec. 01: # sessions: 8 Day: M 10:15-11:30AM. Begins 3/23/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $120.
Sec. 02: # sessions: 8 Day: Tu 6:00-7:15PM. Begins 3/24/2020. Brookline High, $120.

Gentle Yoga
Rebecca Arnoldi, Instructor

This gentle yoga course allows you to create a deep practice both on and off the mat. Students of all levels will be guided through breath work, traditional yoga postures and sequences, and relaxation adaptable to your level of health and flexibility. You’ll learn how to build a solid personal yoga practice, including simple poses you can do at home. You’ll build strength, stability and flexibility, and deepen your connection with yourself and the world around you. Please bring a yoga mat, two blocks, and a strap.

Sec. 01: # sessions: 8 Day: W 10:00-11:15AM. Begins 3/25/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $120.

Healing Yoga
Gino Morelli, Instructor

In this yoga class, the integration of many healing disciplines allow you to practice traditional yoga postures in a softer way, with little effort, rigidity, or tension, and to focus on calming your mind. Our Anukolana movements and breathing techniques will engage the entire body and underlying tissues and allow you to flow in and out of classic postures in a fluid way. You'll build your muscles and strength while letting go of tension as you learn a yoga style that springs from bases of traditional practices such as Indian dance, asanas, vinyasa, and martial arts. Please bring a yoga mat and two blocks.

Sec. 01: # sessions: 8 Day: Tu 7:15-8:30PM. Begins 3/24/2020. Brookline High, $120.

Yoga for Bone Health
Jacqueline Kerstner, Mosha Leuner, Instructors

Yoga for Bone Health is designed specifically for older adults who are looking to gain strength, flexibility, and balance to improve overall range of motion. It is a targeted practice developed by Dr. Loren Fishman and is aimed at maintaining a healthy skeleton. Recent studies have shown that specific yoga postures may aid in reversing bone loss, if practiced frequently and consistently. In this class we will focus on strengthening the spine and hips, as these are the fracture risk areas. Additionally, we will learn how to stretch safely, calm the nervous system, and breathe in the poses. Breath work will be incorporated in each session to ensure a positive effect on the nervous system and provide an integrative experience. Open to all levels; please note, this is not a chair yoga class, but we will use blocks, walls, and chairs to create proper alignment. Please bring a yoga mat, two blocks, and a blanket.

Sec. 01: # sessions: 6 Day: W 6:00-7:15PM. Begins 3/25/2020. Lawrence School, 27 Francis Street, $89.
Sec. 02: # sessions: 8 Day: F 9:00-10:00AM. Begins 3/27/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $112.

Yin Yoga
Kitauna Parker, Instructor

Twist, bend, and lengthen like never before, as you slowly open up the spine, improve posture, and calm the nervous system. In yin yoga, a Chinese style of passive posturing, everything slows down. Long holds of milder yoga poses target specific muscles and connective tissue, and can lead to a deep, sophisticated, and varied practice in a short period of time. Yin yoga enhances the flow of chi (or prana) and provides you with an opportunity to build an awareness of your body's connection to your mind through mindfulness meditation. Open to all levels. Please bring a yoga mat and towel or blanket. Cushion, strap, and blocks are optional.

Sec. 01: # sessions: 8 Day: Th 6:00-7:30PM. Begins 3/26/2020. Brookline High, $128.

Yoga with a Strap
Heather La Force, Instructor

Practicing yoga while using a strap allows you to relax into a pose. In this class, we'll combine the classical elements of yoga connecting breath and movement, attention to alignment, creative sequencing, and building core strength and flexibility, while incorporating the use of a yoga strap. A strap enables you to access yoga poses without unnecessary struggle, freeing the body from working on too many things at once, and letting the mind come to a calm focus. Straps also allow all practitioners to create a deeper expression of each posture, but are especially beneficial if you have tense muscles or are recovering from an injury. Straps can be used at all levels of experience, from beginner to advanced. Please bring a mat, two blocks, and strap.

Sec. 01: # sessions: 8 Day: W 6:00-7:15PM. Begins 3/25/2020. Brookline High, $120.

Tai Chi for Seniors
Vincent Chu, Instructor

One of the original ancient Chinese martial arts, tai chi is practiced today as a form of exercise. Tai chi movements are slow and even, and their continuous flowing poses will build your strength, endurance, coordination, and confidence. Exercise, mind-body development, and the practice of a traditional art form will leave you relaxed and centered. Classes will be taught in the yang style. Please wear comfortable clothing and soft, flat-bottomed shoes. An optional DVD is available for sale, $20. Seniors only; discount does not apply.

Sec. 01: # sessions: 8 Day: F 2:00-3:30PM. Begins 3/27/2020. Brookline Senior Center, 93 Winchester Street, $77.
Yoga for Older Adults
Steffi Shapiro, Instructor

Yoga is an ancient system of gentle exercise and breathing techniques that enhance physical well-being. Yoga is well suited to older people because it combines safe, gentle, invigorating stretching exercises with relaxation and introspection, all in a non-competitive atmosphere. Our exercises will consist of gentle stretches and simple movements, which release tension from the neck, shoulders, back, and other areas of the body. Most exercises can be done in a chair or in a comfortable standing position. Section 01 is taught in a chair, mat students are welcome. Please bring a yoga mat. Seniors only; discount does not apply.

Sec. 01 (Chair Class): # sessions: 8 Day: Tu 2:00-3:00PM. Begins 3/24/2020. Brookline Senior Center, 93 Winchester Street, $65.
Sec. 02 (Floor Class): # sessions: 8 Day: Tu 3:00-4:00PM. Begins 3/24/2020. Brookline Senior Center, 93 Winchester Street, $65.

Dance & Fitness

Community Barn Dance
Jacob Bloom, Instructor

Come out for an evening of community and dance just for the fun of it. Join your neighbors for a Barn Dance where we will be dancing easy figures in interesting combinations to joyful music. Bring friends or come alone to enjoy square and contra dances that anyone can do, with no prior instruction. All ages are welcome and everybody dances with everybody else. Wear comfortable clothing and let’s dance!

Sec. 01: # sessions: 1 Day: Th 7:30-9:30PM. Begins 3/26/2020. Coolidge Corner School, 345 Harvard Street, $10.

Line Dancing for Beginners
Aly Madan, Instructor

Line dancing is a low-stakes way to get out on the dance floor. You’ll burn calories, gain confidence, and most importantly, have fun! You don’t need a partner; just bring comfortable dancing shoes and a positive attitude. You will learn choreographed patterns of steps to music. The focus of this class is on country music, however, there will be a mix of other styles and the instructor will take requests. This will be a beginner-level course and is geared toward individuals with limited dance experience or limited mobility.

Sec. 01: # sessions: 3 Day: Tu 6:30-8:00PM. Begins 3/24/2020. Dance Studio at the Tappan Street Gym, $68.

Line Dancing: Beyond Beginners
Aly Madan, Instructor

Line dancing is a low-stakes way to get out on the dance floor. You’ll burn calories, gain confidence, and most importantly, have fun! You don’t need a partner; just bring comfortable dancing shoes and a positive attitude. You will learn choreographed patterns of steps to music. The focus of this class is on country music, however, there will be a mix of other styles and the instructor will take requests. This will be an intermediate-level course for folks with some dance experience or who have taken Beginner Line Dancing.

Sec. 01: 3 sessions: 3 Day: Tu 6:30-8:00PM. Begins 4/14/2020. Dance Studio at the Tappan Street Gym, $68.

Salsa and Rumba
Instructor TBA

Learning to dance is fun, but being able to go out and dance socially on a weekly basis is a blast. Boston offers a number of salsa and swing dances, and this course offers an introduction to the basics of these dances so you can attend with confidence. We’ll learn contemporary salsa and rumba. We will also learn to recognize different Latin musical patterns as they relate to various choreographic styles. Triple-time swing dance, done to slower music, is the perfect introduction before you move on to single-time swing. Please note: this course is designed for couples only.


Hustle and West Coast Swing
Maureen Ferguson, Brian Whalen, Instructors

In the early 70s a modified lindy or jitterbug became popular on the crowded dance floors of New York. It was called the Hustle. Still popular today, it is danced to modern disco music based on rhythm and blues. Widely known patterns including check, throw out, pivot turn, loop turns, basic, propeller, and others create nonstop excitement. West Coast Swing is a slinky partner dance derived from the Lindy Hop, and is slower than its East Coast brethren. This dance is recognizable by its slotted shape and focus on connection between partners, and can be danced to a varied range of music from blues and country swing, to soul and pop. Come learn both dances. This class is designed for couples and singles.

Sec. 01: # sessions: 8 Day: Tu 6:00-7:30PM. Begins 3/24/2020. Coolidge Corner School, 345 Harvard Street, $138.

The Nightclub Two Step
Maureen Ferguson, Brian Whalen, Instructors

The Nightclub Two Step is suited for partner dancing, and is mostly performed to mid-tempo ballads in 4/4 time with a quick-quick-slow beat. It can be danced to R&B, Country, Rock, Pop, and more. This dance is popular with wedding couples because of its romantic, slow, and relaxed characteristics, as well as country music fans. If you and your partner are looking to “spice up” the average slow dance, join us for eight sessions of the nightclub two step. Singles and couples welcome.

Sec. 01: # sessions: 8 Day: Tu 7:30-9:00PM. Begins 3/24/2020. Coolidge Corner School, 345 Harvard Street, $138.
West Coast Swing  
Nancy Murphy, Instructor  
West Coast Swing is a slinky partner dance derived from the Lindy Hop, and is slower than its East Coast brethren. This dance is recognizable by its slotted shape and focus on connection between partners, and can be danced to a varied range of music from blues and country swing, to soul and pop, making it probably the most versatile of couples dance forms. In our sessions, you and your partner will learn fancy footwork such as spins, dips, drops, quick turns, and partnering skills. Please note: this course is designed for couples only.


Argentine Tango  
Nancy Murphy, Instructor  
Moving in staccato strides across the dance floor to wonderful music written by popular as well as classical composers, tango dancers are intensely focused on one another. Originally a dance for men, the tango is a melange of African, European, and native dance forms that has become one of the world’s most romantic partner dances, and has been adopted by Argentina as its national dance. A few simple steps are all you need to get started, as this is not a difficult dance to learn, and there are numerous places to tango once you have mastered the basics. Please note: this course is designed for couples only.

Sec. 01: # sessions: 8 Day: Th 7:30-8:30PM. Begins 3/26/2020. Coolidge Corner School, 345 Harvard Street, $110.

More Latin Dance  
Nancy Murphy, Instructor  
If you pride yourself on having a grasp of the basics of Latin dances such as salsa, merengue, or bachata, join us to take your skills to the next level. Whether you learned the basics on the dance floor or in a previous class, we will build on that experience to add some panache to your style. We will cover a variety of common dance figures such as turns and dips, practice partnering skills, and perfect your Latin dance techniques (move those hips!) so that you can dance with style and confidence. Please note: this course is designed for couples only.

Sec. 01: # sessions: 8 Day: Th 8:30-9:30PM. Begins 3/26/2020. Coolidge Corner School, 345 Harvard Street, $110.

Zumba-BollyX Fusion  
Shannon Egna, Instructor  
Join us to combine the Bollywood-inspired dance moves of BollyX with Latin-inspired cardio of Zumba in this fun and energetic fusion class for all levels. We’ll learn dance moves from samba, merengue, and salsa, to reggae and hip hop, cycling between higher and lower-intensity dance sequences to get you moving, sweating, and motivated. Our sessions will embody the infectious energy, expression, and movement of Bollywood and Zumba. This fitness curriculum has been created by world-class choreographers and certified fitness professionals to ensure a safe and powerful total body dance workout for all. Please bring water and wear workout clothes and sneakers that are comfortable to move in.

Sec. 01: # sessions: 4 Day: W 6:30-7:30PM. Begins 4/29/2020. Dance Studio at the Tappan Street Gym, $64.

Bellydancing For Women  
Shadia, Instructor  
Bellydancing is one of the oldest dance forms based on traditional women’s dances from the Middle East. In the Beginner class, students will learn the basic movements and set them to music, adding complexity to the dance each week. The Beyond Beginner class is for those who have some bellydancing experience and want to hone their skills. Both classes will focus on the Roots of Belly Dance which is rooted in the traditional solo dance of Middle Eastern women that was and still is danced in social settings. Wear loose clothing or leggings and socks or dance slippers, and bring a chiffon veil (three yards) to class. Veils are available for purchase from the instructor for $20.

Sec. 01 (Beginner): # sessions: 8 Day: M 6:30-7:30PM. Begins 3/23/2020. Dance Studio at the Tappan Street Gym, $110.

Sec. 02 (Beyond Beginner): # sessions: 8 Day: M 7:30-8:30PM. Begins 3/23/2020. Dance Studio at the Tappan Street Gym, $110.

Pilates  
Jennifer Lin Lloyd, Instructor  
Pilates is a system of movement that works the abdominal muscles, and in the process, the entire body. Movement is precise, and at the same time, flowing. Muscles are toned and stretched, leading to improved strength, stamina, posture, and flexibility. Pilates seeks to unite mind and body through breath, concentration, and control of movement. Physical fitness and a sense of well-being are equally important in this class. Ballet- and yoga-inspired moves and stretches will be included as well. Open to all levels. Please bring a cushioned exercise mat.


Parkour: All Levels  
Parkour Generations Boston, Instructor  
Parkour was born in the banlieues (suburbs) of Paris in the 1980s and is now one of the world’s fastest-growing sports. While often recognized in the fantastic images seen on YouTube, the sport is actually a form of movement that has roots in a wide variety of physical disciplines including gymnastics, martial arts, climbing, and track and field. This course will introduce you to the training and ideology of parkour through a combination of physical and mental exercises, and will include a variety of indoor and outdoor (weather permitting) environments. Open to all levels. To drop into a single class (rather than register for the entire term), please call us or register online prior to class. Discounts or waivers do not apply.

Sec. 01: # sessions: 8 Day: Tu 7:00-8:30PM. Begins 3/24/2020. Tappan Street Gym, $138.

Parkour for Balance and Agility: Ages 50+  
Parkour Generations Boston, Instructor  
You may know parkour for its high-flying flips and big jumps. In this transformative course, parkour principles are used to help active aging adults become physically stronger and mentally confident as they move through their world. Under the guidance of trained and supportive coaches, you will improve your balance and agility with low-impact moves. Learn how to avoid falls, or how best to fall if it happens, how to turn obstacles into opportunities and how to incorporate functional fitness into your everyday movements. This course is for those age 50+ and moves will be modified for all levels and abilities. To drop into a single class (rather than register for the entire term), please call us or register online prior to class. Discounts or waivers do not apply.

Sec. 01: # sessions: 8 Day: Tu 6:00-7:00PM. Begins 3/24/2020. Tappan Street Gym, $110.
**Fit in 30**
Louise Olafsson, Instructor

Are you looking for the secret to weight loss? All it takes is 30 minutes a day to achieve a proper level of fitness. In this total body workout, we’ll alternate between six minutes of weights, two minutes of cardio, and two minutes of abs. Three sets of this routine and you will be done. All body parts will be used to achieve total body fitness as effectively as possible. Open to all levels. Please wear appropriate workout clothing and footwear, and bring a mat or towel and a set (2) of three- to five-pound hand weights.


**Strength Training for Everyone**
Louise Olafsson, Instructor

Strength training increases muscle to fat ratio, improves metabolism so that you are able to burn more calories, and enables you to better perform daily activities that require lifting, pushing, and pulling. We will focus on toning each part of your body using hand-held weights. Class will focus on warm-up and abdominal exercises, yoga stretches for flexibility, and strength training for the upper and lower body. Please bring a mat or towel and a set (2) of one- to five-pound hand weights.


**Strength Training for Women in Midlife**
Louise Olafsson, Instructor

One of the most important things you can do for your health at midlife is strength training. Strength training enables you to better perform daily activities and helps to create strong ligaments and tendons. This class will focus on warm-up exercises, yoga stretches for flexibility, and strength training for the upper and lower body. Please bring a mat or towel and a set (2) of one- to three-pound hand weights.


**Bootcamp for Seniors: Balance and Strength Training**
Steve Shain, Instructor
Co-sponsored by the Council on Aging

Leading an active lifestyle is more important than ever. Regular exercise is not only good for your body, it’s also good for your mind, mood, and memory. This bootcamp class incorporates the best of balance and strength training. Our focus will be on exercises that build on our strength, endurance, mobility, and flexibility. Please bring a set (2) of two- to three-pound hand weights to class. Seniors only; discount does not apply.

Sec. 01: # sessions: 8 Day: F 1:00-2:00PM. Begins 3/27/2020. Brookline Senior Center, 93 Winchester Street, $65.

**Senior S-T-R-E-T-C-H**
Steve Shain, Instructor
Co-sponsored by the Council on Aging

This class is for those who want to stretch out gently and safely and work on maintaining strength and balance. We’ll work on rhythmic movement using hand weights in a sitting position. You will learn stretches and flexibility exercises to help make everyday movements smooth and comfortable. Going at your own pace, you will improve your range of motion, balance, and stamina. Please bring a set (2) of one-, two-, or three-pound hand weights to class. Seniors only; discount does not apply.

Sec. 01: # sessions: 15 Day: M, W 10:30-11:30AM. Begins 3/23/2020. Brookline Senior Center, 93 Winchester Street, $82.

**Strength Training for Seniors**
Steve Shain, Instructor
Co-sponsored by the Council on Aging

Studies have shown that seniors who supplement their exercise routine with light strength training are able to stay active longer. This course is for those who have been exercising regularly and who wish to increase their strength, balance, stamina, and physical flexibility. We’ll start and end with stretches and flexibility exercises to help make everyday movements smooth and comfortable. We’ll also work on core strengthening conditioning, mat work, and endurance and strength training while sitting or standing (weights optional). Bring a mat or towel and a set (2) of one-, two-, or three-pound hand weights to class. Seniors only; discount does not apply.

Sec. 01: # sessions: 15 Day: M, W 8:45-10:15AM. Begins 3/23/2020. Brookline Senior Center, 93 Winchester Street, $92.

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**What You Should Know About Your Dance Class**

• If your class meets in the dance studios, please bring an extra pair of shoes with you. Outdoor shoes are not allowed in the dance studios at Brookline High School.

• Some classes are designed for couples only. If you would like to take a couples dance class and need a partner, just let us know and we’ll try to find you one to balance out the class. Please contact Susan Bonoff at 617-730-2700, extension 1101.

• The cost of couples-only dance classes is per person (unless otherwise noted).

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**Homes & Hobbies**

**NEW!**

**Astrology: Beyond Beginners**
David Perloff, Instructor

If you have had any prior experience with astrology and want to learn more, this class is for you. Whether you want to add to the skills gained in the “Astrology for Beginners (or Not-Quite Beginners)” class, or you want to expand what you have learned elsewhere, we will cover topics that will enhance your understanding of astrology, and help you better understand your own astrological chart. If you provide the instructor with your birth data, he’ll generate your natal chart for a more personal experience. We will use the charts of famous people—and volunteer class participants—to further our understanding of core astrological concepts.

Sec. 01: # sessions: 4 Day: Tu 7:00-8:30PM. Begins 3/31/2020. Brookline High, $84.

**Essential Oils for Body and Mind**
Cher Kore, Instructor

Learn about the art and science of Aromatherapy and how it can boost mood; ease stress and insomnia; treat skin, scalp, and hair imperfections; help tight aches feel better; help to ease cold/flu symptoms; kill surface or airborne germs before they get to you; and provide lots of little health and home benefits. There will be about 100 essential oils for you to smell and learn about. After a discussion about the basics, we will delve in and make three little blends which can be perfume, cologne, or pure essential oil blends to diffuse or mix with at home. Students will learn how to use the blends at home (to make bath products, mix in lotions or oil for skin/massage, add to castile soap to wash and shampoo with, etc.). A $15 materials fee is included in the course fee.

Sec. 01: # sessions: 4 Day: Tu 7:00-8:30PM. Begins 3/31/2020. Brookline High, $84.

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brooklineadulted.org • 617-730-2700
NEW! Getting to Know Native Plants  
Cashel O’Sullivan, Instructor

Native plants have developed something of a bad reputation among homeowners as messy and hard to manage plants that do not fit in with the neighborhood, especially for those with a smaller yard. In this class, we will discuss many beautiful natives that complement a residential yard and are easy to maintain. Spend a Saturday morning learning about plants that are native to our area and leave inspired to grow your own. You’ll hear tips for getting started, gardening in small spaces, selecting plants with ecological benefits, and introducing native plants in economical ways.

Sec. 01: # sessions: 1 Day: Sa 10:00AM-12:00PM. Begins 4/4/2020. Brookline High, $34.

NEW! Poker for Beginners  
Joseph Berg, Instructor

Whether you want to play with friends at home or hit the casinos, poker is more fun when you know how to play. Come learn the basics of this popular game. Walk step-by-step through the rules, hand rankings, structure, and betting. Discuss popular misconceptions and strategies, and gain confidence playing your hand. Each week, we will devote time to actually playing the game to cement our skills in real-time.

Sec. 01: # sessions: 4 Day: M 7:00-8:30PM. Begins 4/4/2020. Brookline High, $34.

NEW! Poker: Beyond Beginners  
Joseph Berg, Instructor

No-Limit Texas Hold ’Em has been gaining a lot of publicity in the Boston area with the recent opening of the Encore Boston Harbor Poker Room. In this class, we assume prior knowledge of the basics (hand rankings, rules, structure, betting, etc.) and then we expand from there. More specifically, we will address popular misconceptions and work on strategy topics such as opening charts, bet sizing, hand reading, odds, and the mental game. We will also dedicate at least 45 minutes each week playing the game and applying new concepts in real-time.

Sec. 01: # sessions: 4 Day: M 7:00-8:30PM. Begins 4/4/2020. Brookline High, $34.

Canasta
Barbara Wolke, Instructor

Canasta is a part of the rummy family of card games believed to be a variant of 500 Rum. Although many variations exist for four or six players, it is most commonly played by four people in two partnerships with two standard decks of cards. This class will cover the basics of the game, scoring, tables rules, and special hands. Learn this exciting and fun game that is easy to learn and play.

Sec. 01: # sessions: 4 Day: F 9:00-11:00AM. Begins 3/27/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $96.

NEW! Using Herbs at Home  
Kelly Cannon, Instructor

Learn about the properties of popular herbs and how to harness them in products to enjoy every day. Meeting in the kitchen, we’ll work with herbs such as calendula, tulsi, nettle, and raspberry leaf. Get hands-on experience creating extracts and infused oils to take home to add flavor to your own recipes. We will sample some teas and serve up a batch of something delicious, such as nettle popcorn. Leave feeling ready to boost your life with plant power. A $15 material fee is included in the course tuition.

Sec. 01: # sessions: 1 Day: Tu 6:00-9:00PM. Begins 4/28/2020. Unified Arts Building, $58.

Flower Arranging Workshops
Cass School Floral Design, Instructor

Enjoy a beautiful experience learning how to create flower arrangements. In this series, you will learn how to create different styles of fresh flower arrangements and touch upon the relevant elements and principles of floral design. We will also explain how to care for flowers to achieve long lasting freshness. This is a hands-on class, where you will learn professional techniques for designing simple arrangements that you can then replicate at home. At the end of each session, you will leave with a stylish arrangement to take home to enjoy or give as a gift. Discounts or waivers do not apply.

Sec. 01: # sessions: 3 Day: M 6:30-8:00PM. Begins 4/6/2020. Meet at 531 Mt Auburn Street, Watertown 02472, $135.

Face and Neck Exercise Program
Lavinia Borcau, Instructor

It’s hard to say which wrinkle cream or anti-aging lotion really makes a difference when it comes to keeping the skin on your face and neck looking youthful. Perhaps it’s time to look elsewhere. Also called the “European facelift,” this face and neck exercise program is a way to keep your skin smooth and tight. The same way you can get your body in shape, your face and neck will look and feel firmer and stronger after you’ve exercised the underlying muscles and ligaments. In this class, a professional skin specialist will teach you a simple workout routine that will have your face and neck in prime condition. You’ll learn about the affected muscle groups and about how you can keep these areas toned and fresh looking. We’ll also cover some simple moisturizing and revitalizing tricks to add a finishing healthy glow to your everyday look.

Sec. 01: # sessions: 1 Day: M 6:00-7:30PM. Begins 3/30/2020. Meet at Lavinia Borcau Skin Care, 29 Harvard Street, Brookline, 02445, $28.

Listening to Faces
Lavinia Borcau, Instructor

Face reading, an ancient art rooted in traditional Chinese and Indian healing systems has been around for over 3000 years and is now making a comeback around the globe. Emerging applications range from the use of face reading techniques to screen job candidates and negotiate business deals to smartphone apps that help people optimize their facial expressions for video chats with potential dates. In this class, you’ll learn about facial anatomy, physiognomy, and classic face-reading principles and practices and you’ll learn how analyzing facial structure can guide you to improved health and more rewarding relationships. The class will leave you with a deeper self-awareness.

Sec. 01: # sessions: 1 Day: M 6:00-7:30PM. Begins 4/27/2020. Meet at Lavinia Borcau Skin Care, 29 Harvard Street, Brookline, 02445, $28.
**Simple Home Repairs**  
*Joseph Collier, Instructor*

Have you ever wondered if you needed a plumber to stop that running toilet from wasting water and money, or waited days on end for a busy electrician to fix a broken light? In this course, you'll learn the basics of painting, plumbing, light carpentry, and simple electrical repairs so that you can take control of problems that arise in your own home. We'll show you how to buy and use hand tools and materials at an affordable price. Whether fixing a hole in your ceiling, changing a broken socket, or repainting that sunroom, you'll learn techniques and tricks of the trade so that you can do it yourself more easily. You'll also learn when the task really requires a skilled tradesperson. Take charge and stop feeling intimidated by household repairs, and gain the satisfaction of learning practical skills that will last a lifetime. A $10 materials fee is included in the course fee.

Sec. 01: # sessions: 6  Day: M 6:00-8:00PM. Begins 3/23/2020. Unified Arts Building, $148.

**Everything You Wanted to Know About Auto Repair But Were Too Afraid to Ask**  
*Bruce Gerry, Instructor*

While technology has eliminated the standard ‘tune-up’ of days past, we still must be aware of some signs of trouble and act to prevent minor problems from becoming major, expensive repairs. Join an experienced mechanic and instructor who can make all things automotive both fun and comprehensible. We'll cover basic maintenance and troubleshooting of the ignition, charging, cooling, fluids, electrical, brakes, and exhaust systems and also discuss common problems encountered with any vehicle. You will leave this class better able to diagnose problems, perform basic maintenance, and deal competently and knowledgeably with local mechanics. Please note: This is a lecture and demonstration class; no tools involved.

Sec. 01: # sessions: 3  Day: M 6:00-9:00PM. Begins 5/4/2020. Brookline High, $102.

**Archery**  
*On the Mark Archery, Instructor*

Escape the work week and relax with a low impact, fun, and engaging sport, like archery! Archery is easy to learn but difficult to master, and the challenge to find balance, fortitude, and consistency is rewarding. No prior experience or athletic ability needed. All equipment is provided. In Section 01, while learning the fundamentals in this introductory course, our passionate coaches give each lesson a modern twist with skill building games and activities designed to keep you challenged and engaged. Section 02 for intermediate archers continues to hone skills and build muscle memory with more technical steps. Emphasis will be placed on shot groups and students will be introduced to the National Training System (NTS) style of shooting to improve consistency and learn advanced form. Discounts or waivers do not apply.

Sec. 01 (Beginner): # sessions: 4  Day: M 8:00-9:00PM. Begins 3/23/2020. Tappan Street Gym, $120.

Sec. 02 (Intermediate): # sessions: 4  Day: M 8:00-9:00PM. Begins 4/27/2020. Tappan Street Gym, $120.

**Fencing**  
*Geoff Pingree, Instructor*

Fencing, often described as “physical chess,” develops grace and skill in the mind and the reflexes. It is a demanding and fascinating art form that is both recreational and an excellent form of exercise. In this introduction to the fundamentals of fencing, you will learn both footwork and bladework, including en garde advance and retreat positions as well as simple attacks and defensive actions. You will use a foil as your weapon, but will also become familiar with an épée and sabre. Please wear long sweat pants and sneakers to class. All uniforms and equipment will be provided. A $10 materials fee is included in the course fee.

Sec. 01: # sessions: 8  Day: M 7:30-9:00PM. Begins 3/23/2020. Lawrence School, 27 Francis Street, $130.

**Spring Birding**  
*Boston Nature Center Staff, Instructor*

Join us for a guided walk on Boston Nature Center's trails as we search for spring migrants, from warblers to raptors. You will learn how to identify birds by characteristics such as color, flight pattern, and vocalization. You will also learn about bird communication, physiology, and how climate change is affecting their migration. Please wear appropriate clothing for the weather; bring water, binoculars, and guides, if you have them. A limited number of binoculars and guides will be available.

Sec. 01: # sessions: 1  Day: Su 1:00-3:30PM. Begins 3/29/2020. Meet at the Boston Nature Center, 500 Walk Hill Street, Mattapan, $30.

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**A Spring Adventure: Archery Night Out!**  
*On the Mark Archery, Instructor*

Invite your friends to experience the thrill of traditional recurve archery, as seen in the Olympics. Blockbuster movies and novels have revitalized this heritage sport and turned it into a popular activity for adults to try. Taught by U.S. Archery Certified instructors, this one-night class will introduce the wonders of archery and will teach you how to use recurve bows. Relax, breathe, and connect your body, mind, and spirit in this engaging martial art that uses elements from Tai chi and yoga and incorporates them into a shooting form. If you get hooked on this introduction class, you may be interested in signing up for the Monday evening Archery course this spring. All equipment is provided. Discounts or waivers do not apply.

Sec. 01: # sessions: 1  Day: F 7:00-8:30PM. Begins 3/20/2020. Tappan Street Gym, $34.

Sec. 02: # sessions: 1  Day: F 7:00-8:30PM. Begins 5/1/2020. Tappan Street Gym, $34.
Arts

Brookline Art Saloon
Ros Barron, Instructor
Brookline artist Ros Barron (www.harrisandrosbarron.com), who’s had a “hellofaLife,” would like to once again open her studio to artists of all kinds in order to lead discussions of appreciation, creative evolution, artmaking, feedback, and influences found in your artwork. Participants will collaborate to decide conversation topics for each week, and each session will include an appreciation and discussion of a group member’s creative piece of any medium. We’ll also weave in questions raised by art making in this unprecedented time in history. We hope to offer you a chance to get out of your head for a while, and reconnect to artmaking as a route to unique selfhood. Please bring any artwork you’d like to discuss.
Sec. 01: # sessions: 5 Day: Sa 10:00-1:00PM. Begins 5/2/2020. Meet at 30 Webster Place, Brookline, $85.

Beginning Drawing
Bil Thibodeau, Instructor
Drawing is the building block for all forms of visual expression. In this course, you will build basic drawing skills by learning the use of line, shape, negative space, composition, proportion, and perspective. Observing the way light falls on objects, you will practice shading to create a form in your contour drawings. Our goal is to help you improve technique, heighten visual awareness, and develop personal expression through individual attention and group discussions. A supply list will be emailed upon registration.
Sec. 01: # sessions: 8 Day: Tu 6:00-9:00PM. Begins 3/24/2020. Unified Arts Building, $144.

Hand Lettering
Elissa Barr, Instructor
Hand lettering allows you to interpret letters and fonts in eye-catching styles. In this class we’ll learn to add flair and beauty to our personal cards, invitations, place cards, gifts, or any other place you wish to display your thoughts. We’ll work on hand lettering basics including tools, style, and process. Through practice sheets and lessons, you’ll learn techniques for creating several different lettering looks with an assortment of markers and guides. Our beginning materials will be as simple as markers and paper, and you’ll also practice with more sophisticated tools as we learn the craft of hand lettering, and take a lettering marker home. All supplies are included. A $7 materials fee is included in the course fee.
Sec. 01: # sessions: 4 Day: Th 6:30-8:30PM. Begins 4/16/2020. Unified Arts Building, $111.

The Foundations of Drawing
Juliet Lockwood, Instructor
Strengthen your drawing skills in a guided class that focuses on the fundamentals of line, shape, form, value, and shading. You’ll build your visual vocabulary as you hone in on drawing techniques that broaden your ability to create convincing illusions and effects. We’ll work using pencils and charcoal, but other media may also be introduced. Beginners and advanced students will benefit from detailed back-to-basics exercises, and all students will be encouraged to pursue their style. A supply list will be emailed upon registration.
Sec. 01: # sessions: 7 Day: Sa 10:00AM-12:00PM.

Botanical Illustration
Samara Pearlstein, Instructor
In this course, using plants and flowers as your models, and pencils and pens as your media, you will learn to use observation as your guide in your drawings. We’ll discuss different methods of seeing and drawing as we learn about the art of layering simple shapes, creating light and shadow, the role of negative space, and the overall artistic process of combining an understanding of plants to assist in rendering what we observe. We’ll spend our time working on a series of exercises designed to create confidence, skill, and pleasure for artists of all levels. The teacher will supply plants for the first class, but you will be asked to bring your own plants for additional classes. A supply list will be emailed upon registration.

Colored Pencil
Cyrus Whittier, Instructor
Colored pencil is a no fuss, no muss medium whose quality just keeps getting better. Practice your drawing techniques as you discover the broad range of expressive possibilities colored pencils have to offer. Through class demonstrations, you will learn about the uses of linear strokes, layered tonal effects, color mixing, value relationships, and more. You’ll work with still life arrangements provided by the instructor or objects of your own choosing. Basic drawing skills are recommended. Please bring a set (36) of Prismacolor pencils, a pencil sharpener, and a 9 x 12 inch pad of Strathmore 400 Series drawing paper to the first class. Additional supplies will be discussed at the first meeting.
Sec. 01: # sessions: 8 Day: Tu 6:30-9:00PM. Begins 3/24/2020. Unified Arts Building, $160.

Drawing and Painting Landscapes
Eli Portman, Instructor
In this class we’ll be learning how to draw and paint landscapes. Using references from photographs and classic pieces of artwork, we’ll learn how to approach the landscape, and how different techniques can be used to create different scenes. We’ll teach you how to begin the drawing, and cover composition and perspective details like vanishing points, horizon lines, and relative size. We’ll layer those basic skills with more universal concepts of light, value, texture, rhythm, and mood. As you play with these ideas and experiment with line and color, you’ll expand not only your knowledge of drawing techniques, but also your artistic vocabulary and personal style. Artists of all levels welcome. A supply list will be emailed upon registration.
Sec. 01: # sessions: 7 Day: M 7:00-9:30PM. Begins 3/23/2020. Unified Arts Building, $146.

Drawing From the Masters Weekend Workshop
Cyrus Whittier, instructor
Drawing from the flat is a time-honored method of learning how to draw by copying master drawings to garner the wisdom of great artists. Copywork is an ideal opportunity for artists of all levels to observe line, shape, value, form, texture, and space. In this class you will be given a landscape (you may also choose a work on your own) and we’ll go through the process of transferring what we see to our own canvases. You may find it refreshing to work on technique, without the worry of creating a composition. Basic drawing skills are recommended. Please bring a 14 x 17 inch pad of good quality white charcoal paper, three General’s charcoal pencils (2B medium), drawing pencils, and a kneaded eraser.
Sec. 01: # sessions: 2 Day: Sa 10:00AM-2:00PM. Begins 5/2/2020. Unified Arts Building, $104.
Life Drawing: Focusing on Features
Juliet Lockwood, Instructor
Drawing the human face is a frequent subject for artists of all levels. We'll explore new ideas, media, and techniques to develop an understanding of basic facial structure, and then construct portraits using this knowledge. We'll practice drawing males and females, young and old, eyes, noses, and hair. You'll learn a bit about perspective, and proportion. We'll use charcoal and pencil as our medium.
Sec. 01: # sessions: 4 Day: W 10:00-12:00PM. Begins 3/25/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $104.

Perspective
Oana Lauric, Instructor
By studying perspective drawing, you can learn the basic concepts that will allow you to accurately and realistically represent the environment around you. In this class, you will learn the primary concepts behind perspective drawing, such as vanishing points, horizon line, eye level, and relative size. We will layer those basic skills with more universal concepts of light, value, texture, rhythm, and color, so you can begin to develop your drawings into renderings that will have an added sense of atmosphere and mood. A supply list will be emailed upon registration.
Sec. 01: # sessions: 3 Day: W 5:30-7:30PM. Begins 3/25/2020. Unified Arts Building, $84.

NEW!

Sketching People
Oana Lauric, Instructor
Drawing people can be rewarding on its own, and it also can bring your different settings to life. In this class, light-hearted instruction will expose you to new ideas, attitudes and skills to take your people sketching to the next level and how to integrate them within your other creations. By exploring the basics of human shapes, proportions and features, we'll help you learn to depict the essence of poses and stance, clothing and accessories, movement and emotion. Working from photographs and models, and using charcoal/graphite and pastels as our medium, you will learn skills that you can apply time and again as you draw on your own. A supply list will be emailed upon registration.

Art of Trees: Drawing and Painting in Nature
Rebecca Arnoldi, Instructor
Explore the botanical form, horticultural details, and natural history of trees while capturing their beauty. In this class, weather permitting we will sketch and paint trees in a park in Brookline. You will observe the parts of trees and then draw/paint what you see. We'll observe shapes and forms that make each tree unique and then move from sketching to detailed drawings. We'll explore line, shape, texture, and value. Using watercolor as a paint-medium, you'll learn to work with water pigment and light. On rainy days, we'll work indoors using leaves and branches as our inspiration. A supply list will be emailed upon registration.
Sec. 01: # sessions: 4 Day: W 11:30AM-1:30PM. Begins 4/29/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $104.

Printmaking: Monoprints
Juliet Lockwood, Instructor
Sometimes known as the most painterly method among the printmaking techniques, a monoprint is essentially a printed painting. Explore your artistic creativity as we explore the art of the monoprint. Using smooth unworked plexi-glass plates, wet pigment, and simple brayers we'll explore the monoprint process, as we also learn about lines, shapes, textures, and patterns. Monotype is an immediate and fluid printing style and although each print is only the same once, a great medium for working through ideas. You'll learn to plan, color build, create waxy affects, and to enjoy the element of surprise. A supply list will be emailed upon registration.
Sec. 01: # sessions: 4 Day: M 10:00AM-1:00PM. Begins 4/13/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $126.

The Experimental Artist
Danielle Schechner-Kanofsky, Instructor
Explore drawing concepts and techniques in completely new or alternative ways. Play with line by layering thread, explore volume by gradually working backwards from 3D to 2D, through ink work, and more. Build and enhance technical drawing skills through new and innovative ways, expand prior drawing skills in order to enter the realm of drawing in a unique way. Get inspired by classic and contemporary artists, and create your own vision of dynamic artistry. Artists of all levels welcome. A supply list will be emailed upon registration.
Sec. 01: # sessions: 8 Day: Th 7:00-9:00PM. Begins 3/26/2020. Unified Arts Building, $144.

Drawing Portraits in Pastel
Cyrus Whittier, Instructor
A portrait is a frequent subject for artists as they explore new ideas, drawing media, and styles. In this class, you will experiment with hard and soft pastels and pastel pencils. Through class demonstrations, you will learn how and when to use line, tone, cross-hatching, feathering, and blending to create a portrait that is convincing and lifelike. Students will work with a live model to understand proportion, skeletal structure, and musculature of the head, neck, and each of the facial features. Please bring soft, medium, and hard vine charcoal sticks, kneaded eraser, and pad of Canson XL Newsprint. Additional supplies will also be discussed. A $60 model fee is payable to the instructor at the first class.

Pastel Weekend Workshop
Cyrus Whittier, Instructor
Explore the richness, brilliance, and vibrancy of pastels and discover this medium's limitless possibilities. We'll work with still lifes to study key concepts for handling the medium in a relaxed atmosphere. We'll also explore drawing basics such as line, cross-hatching, feathering, and blending, and discuss color theory and composition. Basic drawing skills are recommended but not required. A supply list will be emailed upon registration.
Sec. 01: # sessions: 2 Day: Sa 10:00AM-2:00PM. Begins 3/28/2020. Unified Arts Building, $104.

Abstract Drawing and Painting
Oana Lauric, Instructor
Abstract art is not chaos; it's a fun game. In this class, we'll de-mystify abstract art through a series of exercises and projects that focus on color, line, shape, and texture using drawing pencils, charcoal, ink, and acrylic paint. Abstract art represents a shift from recording the visible to expressing our impressions and feelings for what we want to convey. As we explore the stylistic aspects of abstraction you'll open yourself to the possibilities of finding inspiration not just in what you see, but also in nature, music, and architecture. Let your imagination soar as we explore personal expression and style, as well as form. A supply list will be emailed upon registration.
Sec. 01: # sessions: 4 Day: Th 6:00-8:30PM. Begins 3/26/2020. Unified Arts Building, $120.
Introduction to Watercolor
Anthony Riccardi, Erin Farley, Instructors
Watercolor is one of the most pleasurable and satisfying media employed by both beginning and experienced artists. The soft transparent colors and textures lend themselves to a variety of subjects and techniques, and yield paintings that reflect the unique spontaneity and creativity of each individual artist. In this class, we will concentrate on representational methods in an effort to pursue new avenues of creativity. A supply list will be emailed upon registration.
Sec. 01: # sessions: 7 Day: Tu 10:00AM-12:00PM. Begins 3/24/2020. Unified Arts Building, $120. Farley
Sec. 02: # sessions: 6 Day: Th 10:00AM-12:00PM. Begins 3/24/2020. Unified Arts Building, $110. Riccardi

Painting Explorations: Expressionism
Juliet Lockwood, Instructor
This course introduces the idea of “voice” in your art work. Using some drawing skills, but mostly painting techniques, learn how De Kooning, Hockney, Bartlett, Thiebaud, Bloom, Hartley, and others from all over art history have expressed their emotional reaction to their subject and their materials. We'll use acrylics as our medium in this playful environment and enjoy our time learning how to use your paintbrushes to describe and emote. A supply list will be emailed upon registration.
Sec. 01: # sessions: 7 Day: Tu 10:00AM-12:00PM. Begins 3/26/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $138.

Watercolor Workshop: A Crash Course
Erin Farley, Instructor
If you’re interested in taking an art class, join us to learn the wonders of watercolor. After an introduction to the medium, we'll work through a series of exercises that showcase the tools and possibilities that wet paint and a wet paper offer. After demonstrations in color, paint application, and negative space drawing techniques, we will complete brief exercises to become familiar with the medium and then work on creating two finished paintings. Your lusciously colorful and evocative works will have a natural looseness and depth. A supply list will be emailed upon registration.
Sec. 01: # sessions: 1 Day: Sa 10:00AM-1:30PM. Begins 3/21/2020. Unified Arts Building, $53.
Sec. 02: # sessions: 1 Day: Sa 10:00AM-1:30PM. Begins 4/18/2020. Unified Arts Building, $53.

Acrylic Painting
Bil Thibodeau, Anthony Riccardi, Instructors
Acrylic paint, the chosen medium for many amateur and professional artists, is versatile, non-toxic, easy to clean, and offers brilliant color. This course provides an introduction to the skills and practice of acrylic painting, including paint thinning, surface preparation, and paint application techniques. We will also concentrate on general painting skills such as composition and color mixing. Students will be encouraged to pursue their own choices in subject matter and style. Artists of all levels welcome. A supply list will be emailed upon registration.
Sec. 01: # sessions: 8 Day: Tu 9:30AM-12:00PM. Begins 3/24/2020. The Korean Church of Boston, 32 Harvard Street (enter on Holden Street), $160. Riccardi

An Investigation of Color
Juliet Lockwood, Instructor
Colors in our lives can harmonize, blend, and work together to generate warmth and openness, or alert us to pay attention. In this class for artists, crafters, and even garden designers, we’ll delve into the color systems used by theorists Josef Albers and Johannes Itten to help you understand, think about, and use color relationships to achieve the look you want. The color wheel, spectrum intensity, value, and hue are just some of the concepts we will explore. You’ll learn how subtle gradations and opacity affect your work, and how to collage illusions and instill beauty into your overall composition. A supply list for all levels welcome. A supply list will be emailed upon registration.
Sec. 01: # sessions: 2 Day: Th 6:00-9:00PM. Begins 3/26/2020. Unified Arts Building, $94.

Books and Printmaking
Danielle Schechter-Kanofsky, Instructor
Printmaking and bookmaking are fun multi-sensory experiences that combine your functional, expressive, and experimental tendencies. In this class, you’ll create monoprints and collagraphs as you explore printmaking techniques, tools, methods, and approaches. While working on a series, you will become a better image-maker as you learn to fine tune composition, texture, and outcome. We'll then bind our pieces. We'll practice traditional bookbinding methods and discuss alternative book structures or artists books. Flex your aesthetic instincts and develop the ability to curate images and invent original compositions, tell stories, and wow your viewer.
Sec. 01: # sessions: 7 Day: Sa 10:00AM-12:30PM. Begins 4/4/2020. Unified Arts Building, $140.

The Art of Collage
Juliet Lockwood, Instructor
Explore the world of layered artwork. With the intention of creating collages that are more than arbitrary arrangements, you will learn to weave imagery, and whimsy into a well-designed composition. In this course for artists of all levels, you’ll create a collection of collages that utilize paper, paint, colored pencils, and inks. Weekly assemblage demonstrations and critiques will help you to branch out as you experiment with layers and textures, found objects, and more. The opportunity to include personal objects and photos is encouraged. A supply list will be emailed upon registration.
Sec. 01: # sessions: 6 Day: Th 6:30-9:00PM. Begins 4/9/2020. Unified Arts Building, $140.
Oil Painting
Heather La Force, Instructor
This course introduces novices to the fundamentals of painting with oils and develops the intermediate practitioner’s craft. Through structured exercises and demonstrations, students will explore traditional and contemporary paint application techniques, as well as color theory and composition. Working with still life objects, or another subject matter of your choice, you will be encouraged to experiment with various painting methods and modes of expression. You will learn how to use painting equipment such as easels, palettes, and brushes, and how to prepare canvases. Some drawing experience is preferred. A supply list will be emailed upon registration.


Taking Better Pictures
Raul Melendez, Instructor
Why are some photographs, despite being in focus, well-exposed, and properly framed, still not interesting? Don’t just take a picture; learn how to create a photograph. Flash, Camera Settings, and Composition are the trio of classes make up the Taking Better Pictures experience. In Flash you’ll learn about direct flash, fill flash, slow sync flash, bounce flash, and front and rear curtain sync. Learn how to take flash photos that don’t look like “flash photos.” In Camera Settings you’ll learn how to control your camera settings (digital and manual) to manipulate shutter speed, focal length, f-stops, and depth of field, and also tinker with many types of lenses, filters, and effects. In Composition you’ll learn how to focus on the subject matter, the framing of an image, use of light and shadow, and appropriate treatment of portraits, landscapes, or action photos. These classes can be taken in any order and are offered year-round as full weeknight sessions or abbreviated Saturday Workshops. Photographers of all levels are welcome. Please bring a film or digital camera to all sessions. Approximate film, paper, and incidentals. Approximately $25 studio fee is included in the course fee. Please bring your camera to all sessions. A $6 materials fee is included in the course fee.


Portrait Photography
Raul Melendez, Instructor
Beyond the basic expressions of everyday poses, quality portraits capture the soul. In this class you will learn how to create a portrait that will wow the viewer. We’ll begin with a review of basic rules of composition that allow photographers to consistently take a compelling picture of a family member, friend, stranger, or pet. You’ll practice following the rules and then you’ll practice breaking them in order to experiment with expression, character, and personality. You’ll learn about perspective and how to alter it, how to capture an eye and then to capture eye contact, about using natural and constant lights as well as how to work with shadows for compositional effect, and about creating new distances and comfort zones. Please bring your camera to all sessions. A $6 materials fee is included in the course fee.

Sec. 01: # sessions: 5 Day: Th 7:00-9:00PM. Begins 3/26/2020. Unified Arts Building, $126.

Photography: An Introduction to Darkroom and More
Raul Melendez, Instructor
Even in this fast, electronic age, it is amazing satisfying to develop your own pictures in a classic black and white photography darkroom. This course will teach the fundamentals of darkroom photography, and for returning students, use of the darkroom with guidance. We will review proper film exposure and development. Students will gain darkroom experience and an increased understanding to produce pictures of high quality and interest. This course is for beginners and students with some darkroom experience who would like guidance in producing exquisite prints. For returning and advanced students, bring film to develop for the first two meetings. Students assume the cost of film, paper, and incidentals. Approximate cost, $40-$50. A $25 studio fee is included in the course fee.

Sec. 01: # sessions: 8 Day: M 7:00-9:30PM. Begins 3/23/2020. Unified Arts Building, $185.


Creative Darkroom
Josephine Shields, Instructor
This class is ideal for photographers who have a working knowledge of darkroom processing and printing techniques and who want to expand their black and white darkroom skills. While students will work on their own projects under supervision, there will also be class critiques and specialty demonstrations of different printing and toning chemistry. Class participation, suggestions, and experimentation will be encouraged. We provide chemistry, enlargers for 35mm, and medium format up to 4 x 5 inch. Students should provide their own film and paper. A $25 studio fee is included in the course fee.


Artistic Smartphone Photography
Nancy Katz, Instructor
These days smartphones have cameras that you can be proud to make and share photographs with. In this class we’ll talk about focus, exposure, composition and image editing, and show you how to use your phone’s camera options to your best advantage. We will review techniques that all pros use include: rule of thirds, diagonal lines, shooting from a low angle and more. We will hone our skills by using each class to study different things: reflections, close ups, portraits and even black and white. Using your smartphone editing tools and a free editing app, Snapseed, we will cover skills and tips that you’ll practice using all the photographs you take. Please come with a general knowledge of how to use of your camera. In this class we’ll spend our time in and out of the classroom, learning to see like a photographer and applying editing tools that will enhance the beauty of all your images. A tripod would be helpful, but is not required.

Sec. 01: # sessions: 4 Day: Sa 10:00AM-12:00PM. Begins 4/18/2020. Unified Arts Building, $104.

Digital Photography 201
Leah Cirkir Stark, Instructor
In this class, learn how to take more personal and in-depth pictures using your camera in manual mode. We'll discuss how to create moods, communicate ideas, and capture different aspects of your subjects. You'll also brush up on your camera settings skills and learn about framing and composition. The class will consist of learning to advance your technical skills, as well as collaborative critiques led by the teacher. Please bring a digital camera with a manual settings option (not a phone or a point-and-shoot camera), a backup battery, at least one memory card, and any cords that connect to your camera.

Introduction to Woodworking
Joseph Collier, Instructor
This course is designed to teach you the basics of woodworking by walking you step-by-step, and machine-by-machine, through the process of building a set project that lays the foundation for good woodworking technique. Our emphasis will be on the achievement of a solid foundation in the skill and process of the woodworker's craft, rather than on the size and complexity of the product. The proper use of machinery with emphasis on shop safety will be reviewed. The Advanced Beginner class, for students who have some woodshop experience, offers students some discretion in building a project of their choice. Each student should expect to spend $70-$100 on wood, available for purchase in class. Costs vary based upon project and choice of wood. Please bring a pair of safety glasses, a tape measure, and earplugs to class. A $25 shop fee is included in the course fee for equipment maintenance.

Sec. 01 (Advanced Beginner): # sessions: 8 Day: Tu 6:30-9:00PM. Begins 3/24/2020. Unified Arts Building, $185.

Open Woodshop
Joseph Collier, Instructor
Students who have prior experience in woodworking with hand tools and machinery can build whatever they wish in this course, subject to approval by the instructor at the first class. Tables, stands, medicine cabinets, and objects requiring elaborate joining or carving are suggested projects. The proper use of machinery with emphasis on shop safety will be reviewed. Please bring a plan, design, or photograph of your proposed project, a pair of safety glasses, tape measure, and earplugs to the first class. Each student should expect to spend $70-$100 on wood, available for purchase in class. Costs vary based upon project and choice of wood. Students should have completed Introduction to Woodworking or its equivalent. A $25 shop fee is included in the course fee for equipment maintenance.

Sec. 01: # sessions: 8 Day: Th 6:30-9:00PM. Begins 3/26/2020. Unified Arts Building, $185.

Glass Fusing Workshop
Michel L’Huillier, Instructor
Explore the basics of glass fusing by combining colored glass pieces and stringers, glass powders, and frits. After learning a variety of techniques, you’ll melt the pieces together into a final, one-layered project. You’ll explore texture and design, and create one 4-inch square dish and one 8-inch plate or bowl using Bullseye compatible glass. After a final firing, projects will be available for pick up at the Adult Education office within one week. All tools and materials will be provided. An $65 materials fee is included in the course fee.

Sec. 01: # sessions: 1 Day: Tu 7:00-9:00PM. Begins 5/19/2020. Unified Arts Building, $101.

Stone Carving
Scott Cahaly, Instructor
Stone carving is an ancient craft where pieces of rough stone are shaped by the controlled removal of stone. In this one-day workshop, you’ll have the opportunity to carve your own stone, an art form that is not typically accessible. For beginners and experienced sculptors alike, you’ll be guided through the process of looking into the rock for imagery, carving into material, planning and forming a sculpture, and using tools. Hand-carving techniques will be demonstrated, and stone carving lore will be discussed. We’ll also touch upon safety in the studio, and stone and tool sourcing. You will leave with your stone sculpture in hand. Please bring a bag lunch. All materials will be provided. Discounts or waivers do not apply.

Sec. 01: # sessions: 1 Day: Sa 9:30AM-2:30PM, Begins 5/15/2020. Meet at Scott’s Stone Carving, 80 Loomis Street, Bedford, MA, $160.

Beginning Jewelry and Silversmithing
Marcia Deluty, Instructor
In this class you will learn the basic skills of jewelry making as you are guided through the design and fabrication of several sterling silver custom rings from concept to completion. We will cover basic tools, sawing, filing, sanding, and surface texturing. Demonstrations of new ideas and techniques will be paired with hands-on work and guidance from the instructor. A $50 materials fee is payable to the instructor at the first class. Additional materials will also be for sale. A $10 shop fee is included in the course fee for equipment maintenance.

Sec. 01: # sessions: 6 Day: Tu 6:00-9:00PM. Begins 3/24/2020. Unified Arts Building, $160.

Intermediate and Advanced Jewelry and Silversmithing
Marcia Deluty, Instructor
The Intermediate class is for those who have basic experience working with metals and gas-fueled torches. You will hone your skills while also learning stone setting, married metals, and cold joining. A $50 materials fee is payable to the instructor at the first class. The Advanced Workshop is for students who have completed the intermediate course or have equivalent experience. You will have the opportunity to work independently, and explore new ideas and techniques with guidance from the instructor. A $30 materials fee is payable to the instructor at the first class. Additional materials will also be available for purchase. A $25 shop fee for both sections is included in the course fee for equipment maintenance.

Sec. 01 (Intermediate): # sessions: 8 Day: W 6:00-9:00PM. Begins 3/25/2020. Unified Arts Building, $205.
Sec. 02 (Advanced): # sessions: 8 Day: Th 6:00-9:00PM. Begins 3/26/2020. Unified Arts Building, $205.

Pottery and Wheel-Throwing
Marc Mancuso, Instructor
Section 01 is designed for beginning students who are interested in a survey of ceramic techniques. You will learn a variety of handbuilding methods, while also being introduced to the pottery wheel. Our guided projects will range from functional objects to whimsical sculpture. You’ll learn about applying dozens of decorative accents, and be given the freedom to explore your own self-expression. In Section 02, for returning students or those with ceramics experience, the instructor will troubleshoot skills needing improvement, lead class exercises, demonstrate advanced techniques, and provide inspiration for further exploration. Final pieces may not be fired in time for the last session; students will be asked to pick up finished pieces at a later date. A $45 materials fee is included in the course fee.

Sec. 01 (Beginner): # sessions: 8 Day: Tu 6:30-9:00PM. Begins 3/31/2020. Unified Arts Building, $205.
Sec. 02 (Beyond Beginner): # sessions: 8 Day: Th 6:30-9:00PM. Begins 4/2/2020. Unified Arts Building, $205.
Pottery: Sculpting in Clay
Vye Holtzclaw, Instructor
Stretch your imagination in the pottery studio, and create works that reflect your artistic touch. You’ll learn about the properties of clay and explore a range of building methods that result in projects including functional objects and whimsical sculpture. You’ll explore methods for applying decorative accents, joining pieces, and glazing. We’ll also teach you about timing, structural strength, and finishing tips. Final pieces may not be fired in time for the last session; students will be asked to pick up finished pieces at a later date. A $45 materials fee is included in the course fee.
Sec. 01: # sessions: 8 Day: M 6:30-9:00PM. Begins 3/23/2020. Unified Arts Building, $205.

Saturday Pottery Studio
Kim Carmona, Instructor
Students will learn and practice new pottery techniques, and work independently to create a ceramic object with the support and assistance of the instructor. Class will cover slab, pinch, coil, and wheel building techniques, sculptural and finishing rules, methods for firing clay, and how to apply glaze. Beginning students will be given hands-on guidance, and those with some experience will be allowed a bit more independence. Please bring project ideas to class. Final pieces may not be fired in time for the last session; students will be asked to pick up finished pieces at a later date. A $45 materials fee is included in the course fee.
Sec. 01: # sessions: 8 Day: Sa 9:30AM-12:00PM. Begins 3/28/2020. Unified Arts Building, $205.

Mosaic Design Techniques
Richard Youngstrom, Instructor
This class is intended for those who have some basic mosaic experience, but is appropriate for all skill levels. After a review of the basics, you will learn more advanced techniques, experiment with materials, and work on projects of your choosing with one on one assistance. We’ll discuss base materials, tempered glass mosaics, 3D sculpture, mosaic jewelry, ancient mosaic techniques, and more. While working on classroom projects we’ll also discuss larger projects (backsplashes, tabletops), outdoor mosaics (dos and don’ts, studio vs. onsite fabrication), and other mosaic applications you can complete at home. All tools, and starting materials, will be provided. A $30 materials fee is included in the course fee.

Adapt your Wardrobe: Alterations that Flatter
Elizabeth Hartley, Instructor
Do you have a closet full of off-the-rack clothes that are well-loved but ill-fitting, pants that need to be taken in, or dresses that need to be tailored? Bring your jeans, jackets, dresses, or skirts, and learn to make alterations that are flattering. You will learn the principles and techniques that professionals employ to create flat or invisible stitchwork on materials ranging from wool to polyester, durables to delicates. Please bring basic sewing supplies, including pins, scissors, tailor chalk, a hem ruler, hand needles, measuring tape, thread (the color of your garment), and garments you’d like to work on in class. A $10 machine fee is included in the course fee.
Sec. 01: # sessions: 2 Day: Tu 6:30-9:00PM. Begins 5/12/2020. Unified Arts Building, $80.

Get To Know Your Sewing Machine
Andrea Zax, Instructor
Do you have a sewing machine that you would like to become better acquainted with? Bring your sewing machine with you to this one-day class and learn how to thread needles and bobbins, explore stitch settings, receive a basic introduction to material and thread choices, and learn how to use the “free arm” on your sewing machine, if it has one. If time allows, we’ll also discuss a variety of presser feet included with sewing machines, special tension and needle settings, and other options such as sewing a buttonhole. We’ll discuss common sewing snags, and show you how best to unravel them. Please bring your sewing machine and manual (if you have one), fabric, thread, and scissors to class.
Sec. 01: # sessions: 1 Day: Sa 10:00AM-1:00PM. Begins 3/28/2020. Brookline High, $51.

Sewing: For Beginning and Intermediate Students
Elizabeth Hartley, Instructor
Using a step-by-step individualized approach, this course will teach basic sewing technique to beginning and advanced-beginning students. You will learn how to thread and operate the sewing machine, make small projects, and do simple alterations. You’ll choose from a class project that suits your taste and your ability level.
Continuing Skill Building is for students who would like to hone in on skills such as putting in a zipper, sewing a button hole, pockets, and hemming. For both classes, please bring a spool of thread, scissors, and a hand needle (sharps #7). Fabric for the first class project is available for purchase from the instructor. Additional supplies will be discussed in class. We have several sewing machines on hand, but students are encouraged to bring their own. A $10 machine fee is included in the course fee.
Sec. 02 (Continuing Skill Building): # sessions: 6 Day: Tu 6:30-9:00PM. Begins 3/24/2020. Brookline High, $140.

NEW! Simple Sewing Projects
Andrea Zax, Instructor
Learn the basics of sewing by making potholders, a throw pillow or two, and a grocery bag. You’ll be walked through all of the steps and gain comfort in your sewing skill. Please bring muslin (to practice with), durable fabric, and basic sewing supplies including pins, fabric scissors, hand needles, a marking pencil, a seam ripper, and measuring tape to class. You are welcome to bring your own machine. Some materials will be available for sale from the instructor.
Sec. 01: # sessions: 2 Day: Sa 10:00AM-1:00PM. Begins 4/4/2020. Brookline High, $84.
**SPRING 2020**
Our Spring term officially begins on **Monday, March 23, 2020**. We hope to see you again for Summer term, which begins on June 1, 2020.

**HOLIDAYS**
Classes will not be in session on the following dates this fall. All missed classes will be made up at the end of the term.
- **Wednesday, April 8, 2020**
  (No evening classes, Passover)
- **Monday, April 20 through Saturday, April 25**
  (April Break)
- **Monday, May 25, 2020**
  (Memorial Day Holiday)

**OUR HOURS**
2 Clark Road: Our administrative office is open from 8:30 am-4:30 pm, Monday through Friday.
Brookline High, Room 160: Our evening office is open from 4:30 pm to 9:00 pm, Monday through Thursday, and on Saturday from 8:30 am to 2:00 pm.

**Please note:** Our hours may change during special holidays and school vacations.

**REGISTRATION FEE**
A $6 registration fee is charged once per person, per semester. This fee helps fund scholarships so that all can participate.

**WEBSITE LOG-IN**
Our registration system requires that you create a log-in if you are registering online (brooklineadulted.org).

**REGISTER EARLY!**
We recommend students register at least one week before classes begin. Classes with low enrollment risk cancellation. Registering early gives the best chance of your class running.

**HOW TO REGISTER**
- Register online 24 hours a day at www.brooklineadulted.org.
- Call us at 617-730-2700. Our staff will be happy to complete your registration over the phone using MasterCard, VISA, or Discover Card.
- Mail your completed registration form (found at the back of this catalog) and payment to BA&CE, P.O. Box 150, Brookline, MA 02446. Please make your check or money order payable to the Town of Brookline, or provide your MasterCard, VISA, or Discover Card information (no Amex).
- Register in person at our Clark Road Office from 8:30 am to 4:30 pm, Monday through Friday, or at our Brookline High Office from 4:30 pm to 9:00 pm, Monday through Thursday, and on Saturday from 8:30 am to 2:00 pm.
- Email us at baccep@psbma.org with your registration information. Never email credit card information. Please include your phone number and we will follow up by phone.
- Fax your registration form to us at 617-730-2674. Please be sure to include your credit card information.

**SCHOLARSHIPS AND DISCOUNTS**
Please note that if you are eligible for a scholarship or discount, it is not possible to register online. Please call the BA&CE office at 617-730-2700.

- **All School and Town of Brookline Employees** that are benefit eligible may receive a 20 percent discount on course fees (excluding material, food fees, and contracted courses).
- **Partial tuition-remission is available for those in need of scholarship assistance:** Disabled veterans, persons on Social Security Disability (SSDI), or receiving AFDC receive a 25 percent discount on course fees upon presenting a letter of verification or veterans’ identification. Please call 617-730-2700 for more information. Please note: completed scholarship forms are due one week in advance of the course start date.
- **Persons over 65** receive a 25 percent discount on courses except where indicated. This discount does not apply to students being registered by a senior, to lectures or special events, or to courses marked “senior discount does not apply,” or to food, wine, material, studio, and shop fees, or to contracted courses. However, students ages 60 years of age or older are eligible to enroll in senior-only classes.
- **If you are a current student, bring a friend** with you when you register for a class and you will receive 10 percent off your course tuition. You must be listed in our database to be considered a current student. Your friend must be new to BA&CE, and registrations must be concurrent for you to receive a discount. The discount must be used in the current term, is not transferable, and cannot be combined with other discounts, waivers, or scholarships.
- **BA&CE Instructors** receive a credit of $150 toward courses you may wish to take during the term in which you are teaching or the one right after. This credit is non-cumulative, but it may be transferred to a member of your immediate family. It does not apply to courses contracted with outside organizations, or to food or materials fees. Credits cannot be combined with any other discount, scholarship, or special offer.

**SPECIAL EVENTS AND LECTURES**
Discounts or waivers do not apply to Special Events or to Thursday Evening Lectures.

**FOOD FEES**
Food fees are included in the course tuition. Discounts can be taken on tuition only.

**PROGRAM CHANGES**
The program reserves the right to cancel classes that are under-enrolled, to change dates, times, and locations when necessary, and to substitute instructors. We will contact you with all cancellations and changes to course dates, times, and locations. **Please note:** when a class meeting needs to be rescheduled, the missed class will be made up at the end of the term.

**INCLEMENT WEATHER**
If Brookline Public Schools are canceled due to inclement weather, then all Brookline Adult & Community Education classes are canceled as well (both day and evening). Missed classes will be made up at the end of the term.

**INQUIRING MINDS...**
COURSE ADMISSION & CONFIRMATIONS
BA&CE courses are open to participants 16 years of age and older, unless the course is especially for children. You are officially enrolled and your name is placed upon the class roster as soon as we receive your registration form and payment. A confirmation will be emailed, provided we have a valid email address.

ACCESSIBILITY
The Town of Brookline does not discriminate on the basis of disability. If you are a person with a disability or special needs, please let us know in advance so that we can arrange to make your visit as convenient and comfortable as possible. Upon notice, we will provide reasonable modifications for qualified individuals with disabilities. Please contact us, at least two weeks before the start of your course, at 617-730-2700 or email us at bacep@psbma.org

WAITLIST
All classes are limited. If the class you wish to register for is filled, you will be placed on a waitlist. Our office will contact you if space becomes available. Please note: you are not officially enrolled if you are still on a waitlist.

CLASSROOM NUMBERS
Your classroom number will be posted in the foyer of the building where your class meets. To determine the building in which your class will be held, please check our catalog or website.

REFUNDS, CREDITS AND TRANSFERS

BEFORE THE START OF CLASS
We will refund your full tuition, or issue you a course credit:

- 1. In the event that your course is canceled due to low enrollment.
- 2. If you withdraw from a class at least three (3) business days (Monday-Friday) in advance of starting time, you may request a refund, minus a $10 processing fee. If you elect to receive a course credit, the $10 processing fee will be waived. The $6 registration fee is non-refundable, unless we cancel due to low enrollment.
- 3. Food and Wine Classes: In order to receive a refund or a credit for a food or wine course or a food or wine fee we must have at least five (5) business days (Monday-Friday) notice in advance of the starting time of the class. No refunds or credits are given after this time.
- 4. Special events and lectures are non-refundable.
- 5. If you pre-register for drop in sessions, tuition can only be refunded with 24-hours notice before the class start time.
- 6. No refunds or credits are given for changes to locations or instructors. Refunds will not be given for rescheduled one-session classes, but credits to apply to future classes may be requested.
- 7. Refunds will not be given in cash. Credit card refunds will be processed within five to seven business days. Refunds issued by check will be processed within two to four weeks.

COURSE CREDIT
If you choose to withdraw from a class at least three (3) business days in advance of the start date, you may elect to receive a full credit. If you choose to withdraw from a food and wine course at least five (5) business days in advance of the start date, you may elect to receive a full credit. After this time, no credits are given, but you may transfer to another course during the term (please see transfer policy below).

Please note: credits do not expire and are non-refundable.

TRANSFERS

- 1. You may transfer to any other class offered during the term prior to the second meeting of the class you are dropping, provided that there is space available in the class you wish to transfer to. This excludes transfer from one food or wine class to another. No refunds are given for price differences, but any additional amount can be applied to another course in the same term.
- 2. We regret that no transfers can be granted after the second session of your class.

PRIVATE LESSONS:
After private lessons have been scheduled, no refunds or credits are given. If you need to cancel or reschedule a private session, we must have at least 24 hours notice (Monday-Friday). Without 24 hours notice, this missed session will be forfeited. Discounts, waivers, credits, or transfers do not apply to private lessons.

Note: All refunds, credits, or transfers must be made in person or by phone (617-730-2700) during regular business hours. Requests made outside of these hours, including during weekends and on holidays, will not be considered.
OUR LOCATIONS

BROOKLINE HIGH SCHOOL COMPLEX
(near Route 9)
Brookline High School (1): 115 Greenough Street, Room 160
Dance Studios and Gym (2): 66 Tappan Street
Unified Arts Building (3): 46 Tappan Street


- By Car: From Route 9, take Sumner Road. From Beacon Street, take Washington Street or Harvard Street. From Washington Street, take Greenough Street. From Harvard Street take School Street to Washington Street to Greenough Street.
- Parking: For Brookline High and Elementary Schools, parking is allowed in designated school spaces after 3:00pm. During the day, please park on neighboring streets or take the T.

Brookline Booksmith (4)
279 Harvard Street (Coolidge Corner)

Brookline Senior Center (5)
93 Winchester Street.
- Parking: available on neighboring streets.

Coolidge Corner School (6) (formerly Devotion School), 345 Harvard Street

Public Transportation: Take the Green Line “C” train or the #66 bus to the Coolidge Corner stop. Walk up Harvard Street. School on right.
- Parking: is available on Stedman Street or Harvard Street or in the school garage.

The Korean Church of Boston (7)
32 Harvard Street (entrance on Holden Street)

Public Transportation: Take the Green Line “D” train to Brookline Village. Walk up Harvard Street. Church on left. Or take the #66 bus to the Kent Street or Pierce Street stop.
- Parking: is available on the street or in one of the many public lots in the area. Church entrance is located on Holden Street.

Lawrence School (8) 27 Francis Street
Pierce School (9) 50 School Street
Goddard House (not on map)
165 Chestnut Street

Clark Road: Administrative Office (10)
2 Clark Road

FIND Addresses, DIRECTIONS, AND PARKING INFORMATION ON OUR WEBSITE
www.brooklineadulted.org/locations/

FOR DETAILED DIRECTIONS, PLEASE USE:
Google Maps (maps.google.com) or Mapquest (mapquest.com)
Untitled
by Marianelys Tejeda, 17
Urbano Youth Artist
6’7” x 3’, 2018
Acrylic on canvas
Courtesy of the Gallery at Urbano Project

Urbano Project is a non-profit art space that brings together practicing artists across disciplines, local youth, and community members to learn and experiment through place-based projects. Through artistic collaboration, participating youth and adults are challenged to create projects that take place both within the boundaries of our exhibition space and in the community beyond the walls of the studio. These projects span diverse artistic themes and disciplines, all rooted in the fundamental principles of collaboration, risk-taking, and creative and critical expression.